

## **Mrinmoyi Kulkarni**

Dept of Humanities and Social Sciences  
Indian Institute of Technology Bombay  
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### **EDUCATION**

#### **Ph.D.: Social Psychology, August 2001**

University at Albany, State University of New York

*Dissertation: Predicting Contraceptive Behavior in India*

#### **M.A: Social Psychology, June 1995**

University of Bombay

#### **B.A: Psychology, June 1993**

St. Xavier's College, University of Bombay.

### **PROFESSIONAL EXPERIENCE**

#### **Current Affiliation:**

Department of Humanities and Social Sciences, Indian Institute of Technology, Bombay.

Professor

Associate Professor (2014 - 2023); Assistant Professor (2008 -2014), Senior Lecturer (2007-2008)

#### **Monitoring and Evaluation Officer**

Family Planning Association of India (2005-2007)

#### **Research Specialist**

Department of Health and Social Behavior

Harvard School of Public Health (2001- 2002)

#### **Lecturer:**

Department of Psychology, University at Albany (1998-2001)

## PUBLICATIONS

- Bhandarkar, R. & Kulkarni, M. (2023). Mothers in Urban India: Exploring Identity. *Indian Journal of Gender Studies*. (Accepted)
- Patwardhan, N., Kulkarni, M. (2023) Life's Ups and Downs: Expressive Writing and Health Outcomes. *Psychological Studies*. <https://doi.org/10.1007/s12646-022-00701-7>
- Rathi, N., Bhandarkar, R., & Kulkarni, M. (2022). Recreational Physical Activity in Urban India: Perceptions and a Pilot Intervention. *Behaviour Change*, 1-21. doi: 10.1017/bec.2022.9
- Mohan, R. & Kulkarni, M. (2022). Stress and Adaptation Among Mumbai Local Train Commuters. *Psychological Studies*, 67, 43–52 (2022). doi.org/10.1007/s12646-022-00639-w
- Kumar, G. S., Kulkarni, M., & Rathi, N. (2022). Evolving Food Choices Among the Urban Indian Middle-Class: A Qualitative Study. *Frontiers in nutrition*, 9, 844413. doi.org/10.3389/fnut.2022.844413
- Kulkarni, M. (2020). The case of the middle class: Social determinants of health in Mumbai. *Journal of Health Psychology*, 25 (13-14):2200 -2100.doi: 10.1177/1359105318788690.
- Patwardhan, N., & Kulkarni, M. (2020). Exploring self through memory: Narratives of Punjabi and Sindhi Partition survivors. *Memory Studies*, 13(4), 617-623. doi: 10.1177/1750698017750001
- Mohan, R. & Kulkarni, M. (2018). Resilience in Parents of Children with Intellectual Disabilities. *Psychology and Developing Societies*, 30 (1), 19-43. doi.org/10.1177/0971333617747321
- Ganguly, S., Kulkarni, M. & Gupta, M. (2017) A Self-Efficacy Intervention for Poorly Performing Students. *Indian Journal of Psychology and Education*, 7(2),65-68.
- Ganguly, S., Kulkarni, M. & Gupta, M. (2017). Predictors of academic performance among Indian students. *Social Psychology of Education*. 20 (1) 139-157. doi:10.1007/s11218-016-9345-y.
- Ganguly,S., Kulkarni,M., & Gupta,M.(2013). The Engineering Undergraduate Experience: A Qualitative Perspective. *Psychological Studies*, 58(3), 248-258.
- Kulkarni, M (2013). Social determinants of health: The role of neighbourhoods, psychological factors and health behaviors in predicting health outcomes for the urban poor in India. *Journal of Health Psychology*, 18(1), 96-109.
- Akhukly,A., & Kulkarni, M (2010). Public Mental Health Services in Mumbai. *International Psychiatry*, 7, 97-99.
- Hartlaub, M., & Kulkarni, M. (2009). Adolescence illustrated: The best coming of age novels and short stories. *English in Texas*, 39, 63-65

Kulkarni, M. (2007). Predicting Contraceptive Behavior in India. *Journal of Applied Social Psychology*, 37(11), 2475-2495. doi.org/10.1111/j.1559-1816.2007.00205.x

Keenan, J., Gallup, G., Goulet, N., & Kulkarni, M. (1997). Attribution of Deception in Human Mating Strategies. *Journal of Social Behavior and Personality*, 12, 45-52.

Parikh, R., Jain, R., Kulkarni, M., Sonawalla, S., & Vas, S., (1994). Mechanisms of Coping and Psychopathology following the Latur Earthquake. *Archives of Indian Psychiatry*, 1, 97-101.

### **UNPUBLISHED MANUSCRIPTS**

Kulkarni, M., & Sanders, G. (1999). A Review of KAP studies in family planning in India.

Bauer, L., Kulkarni, M., & McGowan, S. (1997). A Meta-Analysis of Gender Differences in Nonverbal Decoding of Emotion.

### **GRANT AWARDS**

Bill and Melinda Gates Foundation Grant for the National Disease Modeling Consortium (2022).  
Investigator in the Vaccine Preventable Disease Group.

Tata Centre for Innovation IIT Bombay: Grant for Home Based Nutrition Counseling Intervention 2015.

Industry and Research Consultancy Center, IIT Bombay, Seed Grant: Social Determinants of Health 2008.

Baseline study for 'Nehru Yuva Kendra' (2006): Baseline study conducted for International Planned Parenthood Federation at Family Planning Association of India to aid in design of a nation-wide chain of youth clubs aimed at empowering youth and encouraging healthy reproductive life.

Graduate Student Organization, University at Albany, Research Grant: Predicting Contraceptive Use in India, Fall 2000.

Graduate Student Organization, University at Albany, Travel Grant: Predicting Contraceptive Use in India, Fall 2000.

Teaching Fellowship, University at Albany Fall 1998

Asian American Psychological Association, Student Scholarship: Attitudes and Achievements among Girls in a Single Sex and Coeducational Secondary School, August 1996.

Indian Psychiatric Association, Bhagwati Award for Excellence in Research: Mechanisms of Coping and Psychopathology following the Latur Earthquake, October, 1995.

## **TEACHING**

Undergraduate Courses: Health Psychology, Social Psychology and Introductory Psychology

Graduate Courses: Introductory Statistics, Theories of Development

Developed a course on Health Psychology for the National Programme for Technology Enhanced Learning (NPTEL)

## **TEACHING AWARD**

Excellence in Teaching award 2020 at the department level at IIT Bombay.

## **STUDENTS**

### **Ph.D.**

Sohinee Ganguly, PhD Thesis: Predicting Academic Performance (2014)

Radhika Mohan, PhD Thesis: Psychological Resilience: A Study of Two Contexts in Mumbai (2016)

Sheila Clements, Ph.D Thesis: Marriage in Mumbai: Expectations and Satisfaction (2016)

Renuka Bhandarkar: Ph.D Thesis: Identity and Motherhood in Contemporary Urban India (2019)

Nadisha Coelho: PhD Thesis: Parenting and Self- Regulation among Adolescents (2019)

Ninad Patwardhan: Ph.D Thesis: Remembering Life Events: Association with Wellbeing (2020)

Gargi Kumar: Ph.D Thesis: Determinants of Food Choice Behaviour (2022)

Bhavna Rajgopal: Ph.D Thesis: More Than Blood: A Psychological and Socio-Cultural Examination of Menstrual Experiences (2023)

### **MPhil**

Ajanta Akhuly, MPhil Thesis: Mental Health Facilities in Mumbai

Ira Dashisha Kynta, MPhil Thesis: The Role of Traditional Healers in Contemporary Khasi Society

Preeti Toppo, MPhil Thesis: Waste collection workers in IIT Bombay: A case study

Vivek Mohan, MPhil Thesis: Well Being of the Elderly in India

Trupti Patil, MPhil Thesis: The role of women's autonomy in contraceptive use in Maharashtra: A district level analysis

Athira Nair, MPhil Thesis: Coping with the flood: A study of an indigenous communities in Kerala

## **CONSULTANCY/INDUSTRY INTERACTION**

Advisor to Navdrushti (NGO working in Nutrition and Health Education in the Tribal districts of Palghar-Daman).

Consultant to CEHAT (Center for Enquiry into Health and Allied Themes) for the ‘Gender in Medical Education’ Project. 2016

Confederation of Indian Industries program “India at 75” (2008/09) in association with colleagues in Psychology and the School of Management, IIT Bombay.

AC Nielsen/ORG Marg: Consultant (2005) Government of Maharashtra Project: Nutritional status of lactating mothers and children under six.

### INVITED TALKS

‘Mental Health in Mumbai’ Seminar at IIT Hyderabad, 14th October 2015.

Invited Panelist at UNICEF Health Network Symposium: Planning for the next 5 years. November 2022 Mahabalipuram.

Invited Panelist for a Symposium on Ethics at National Academy of Psychology Conference Ahmedabad 2023.

### CONFERENCE PRESENTATIONS

Kharsati, N. & Kulkarni, M. (2021). Living with Type 2 Diabetes: A qualitative study in India. Oral Presentation, *35th Annual Conference of the European Health Psychology Society*, European Health Psychology Society.

Rathi, N. and Kulkarni, M. (2020) “Unveiling barriers and facilitators to physical activity participation among urban Indian men”, Poster Presentation at *16<sup>th</sup> World Congress on Public Health*, 12<sup>th</sup> – 16<sup>th</sup> October, Virtual Edition. Abstract published in *European Journal of Public Health*, Vol. 30, (Supplement\_5), doi: <https://doi.org/10.1093/eurpub/ckaa166.1171>.

Rathi, N., Bhandarkar, R. and Kulkarni, M. (2020) “Barriers and facilitators to physical activity participation among Indian women – A qualitative study”, Poster Presentation at *64<sup>th</sup> National Annual Conference of Indian Public Health Association*, 29<sup>th</sup> February-2<sup>nd</sup> March, All India Institute of Medical Sciences, New Delhi, India

Kumar, G., & Kulkarni, M. (2018, September). *Change in Food Choice Behavior: Trends and Challenges*. International Conference on Health Psychology, London, U.K.

Kulkarni, M (2016, July). *Being Hindu in Mumbai: Psychology of majority group membership*. Paper presented at the International Congress of Psychology at Yokohama, Japan.

Clements, S. & Kulkarni, M. (2015, September). *Marital Expectations of Never Married Women and Men in Urban India*. Paper presented at the British Psychological Society 2015. Conference on Qualitative Methods in Psychology. Anglia Ruskin University, Cambridge, UK.

- Coelho, N., & Kulkarni, M. (2015, August). *Self-Regulation and Emotion Regulation of Pre-Adolescents and their Parents*. Paper presented at the 11th Biennial Conference of Asian Association of Social Psychology and PAP 52nd Annual Convention, Cebu City, Philippines.
- Patwardhan, N., & Kulkarni, M. (2015, August). *Exploring self through memory: Narratives of Punjabi and Sindhi Partition survivors*. Paper presented at the 11th Biennial Conference of Asian Association of Social Psychology and PAP 52nd Annual Convention, Cebu City, Philippines.
- Bhandarkar R., & Kulkarni, M. (2015, August). *Exploring identity and intergenerational continuity in mothers in urban India*. Paper presented at 11th Biennial Conference of Asian Association of Social Psychology and PAP 52nd Annual Convention, Cebu City, Philippines.
- Wagle, S., Pattanaik, S. & Kulkarni, M. (2014, May). *Patients in Disguise: Revealing the Typology of Medical Tourists in India* Second Annual International Conference on Health & Medical Sciences, Athens, Greece.
- Kulkarni, M. (2013, August). *Mental Health of Slum Residents in Mumbai*. Paper presented at the 10th Biennial Conference Asian Association of Social Psychology at Yogyakarta, Indonesia.
- Mohan, R., & Kulkarni, M. (2013, August). Resilience: In parents of children with intellectual disabilities. Paper presented at the 10th Biennial Conference of Asian Association of Social Psychology, Yogyakarta, Indonesia.
- Kulkarni, M (2012, July). *Impact of Socio-economic Status on Health: The Role of Psychological Characteristics and Health Behaviors*. Paper presented at the International Congress of Psychology, Cape-Town, South Africa.
- Kulkarni, M. (2008 December). *Psychosocial determinants of health among women*. Paper presented at the National Academy of Psychology conference at Guwahati.
- Kulkarni, M., & Sanders, G. (2002, March). *Predicting Contraceptive Behavior in India*. Poster presented at the meeting of the Eastern Psychological Association, Boston MA.
- Hartlaub, M., & Kulkarni, M. (2001, April). *Psychological Theories of Adolescence: The Best Coming of Age Novels and Short Stories*. Poster presented at the meeting of the Eastern Psychological Association, Washington D.C.
- Kulkarni, M., & Sanders, G. (2000, March). *A Review of Knowledge, Attitude and Practice Studies in India*. Poster presented at the meeting of the Eastern Psychological Association, Baltimore, MD.
- Kulkarni, M., Bagley Luteran, C., & Kelley, K. (1999, April). *The Influence of Authoritarianism, Hypergender Ideology and Sensation Seeking on Membership in Fraternities and Sororities*. Poster presented at the meeting of the Eastern Psychological Association, Providence, RI
- Hartlaub, M., Kulkarni, M., & Ljachowitskij, D. (1997, April). *Illustrating theories and concepts in Personality Psychology through Literature*. Poster presented at the meeting of the Eastern Psychological Association, Washington, D.C.
- Kulkarni, M. (1997, April). *Choice of major and Sex Role Typing*. Poster presented at the meeting of the Eastern Psychological Association, Washington D.C.

Hartlaub, M., & Kulkarni, M. (1996, October). *Using Literature to Teach Psychology*. Poster presented at the Third North- East Conference for Teachers of Psychology, Ithaca, NY

Kulkarni, M. (1996, August). *Attitudes and Achievements among Girls in a Single Sex and Coeducational Secondary School*. Poster presented at the meeting of the Asian American Psychological Association, Toronto.

### OTHER ACTIVITIES

- Founding Member of the Institutional Review Board at IIT Bombay.
- Subject Expert for Research and Recognition Committee of Savitribai Phule Pune University
- Member of Board of Studies of Maharaja Sayajirao University Baroda.
- Member of Board of Studies of Vivekananda Education Society College of Arts and Science
- Reviewer for Indian Anthropologist, International Journal of Environmental Research and Public Health, Population Studies, & Psychological Studies.
- Elected Member, Department Policy Committee, HSS, IITB 2011-2013. 2020 – 2022
- Member of Best Dissertation Award Committee HSS 2018 -2021
- Program Co-ordinator MPhil in Planning and Development, HSS Dept, IITB, 2008 -2010.
- Member, Organizing Committee for the First Mrs Avabai B. Wadia Memorial Oration, July 11 2006.
- Member of Graduate Student Organization Grant Review Panel at the SUNYAlbany (2000-2001).

### REFERENCES

**Prof Meenakshi Gupta (retired):** Dept of Humanities and Social Sciences, Indian Institute of Technology, Bombay, Mumbai 400076.

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**Prof Renu Rastogi:** 212/2, Saraswati Kunj IIT Roorkee, Roorkee-247667

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**Prof Shagufa Kapadia:** Dept of Human Development and Family Studies, M.S. University Vadodara, Gujrat 390002.

**Ph:** +91 9825781934 **Email:** [shagufa.kapadia-hdfs@msubaroda.ac.in](mailto:shagufa.kapadia-hdfs@msubaroda.ac.in)