



SADHAK

2024-2025



Sadhana Education Society's
SMT. KAPILA KHANDVALA COLLEGE OF EDUCATION
(AUTONOMOUS)

Relief Road, Santacruz (West), Mumbai -400 054



KKCE Faculty



S. Y. B. Ed.



KKCE Staff

Sadhana Education Society's

**SMT. KAPILA KHANDVALA COLLEGE OF EDUCATION
(Autonomous)**

A Linguistic (Gujarati) Minority Institution | Affiliated to University of Mumbai
Recognized by N.C.T.E | Reaccredited with 'A' Grade by NAAC

**SADHAK
2024-25**

*"True education is that which liberates
(from ignorance, bondage, and narrowness)."
– Amritabindu Upanishad*

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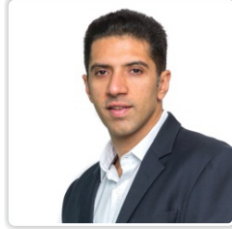
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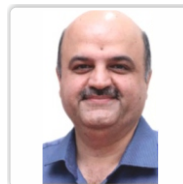
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**Sadhana Education Society's
SMT. KAPILA KHANDVALA COLLEGE OF EDUCATION
(Autonomous)**

VISION

To be a premier institution that offers distinctive teacher education to develop humane and progressive professionals

MISSION

To nurture teacher professionals with positive attitude and values, who excel in teaching-learning and research and serve as catalysts to create a just and caring society

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2024-2025**

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F. Y. B. Ed.

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FROM THE PRINCIPAL'S DESK

Dear Readers,

We live in strange and challenging times. We live in an attention deficit economy. Today it's an arduous task to get the attention of students who live in a world of buzzing phones, flashing notifications, and endless scrolls. Attention has become the most valuable currency, and everyone from social media apps to advertisement firms is competing for it.

Chris Hayes claims that we have lost control over who and what receives our attention these days. In his book *Siren's Call: How Attention Became the World's Most Endangered Species* – Hayes says that contemporary technologies have exploited our neurological reactions to produce addictive patterns that continuously divert our attention and impair our capacity for meaningful attention and focus.

A more dangerous pitfall he highlights is that digital distraction endangers democracy as citizens hijacked by entertainment and gaming disengage from civic life and active citizenship.

This reality makes teaching both difficult and fascinating. In an attention deficit economy, our task as educators is not only to deliver content but also to design experiences that can hold attention long enough for true learning to happen. That may mean breaking lessons into smaller, sharper chunks, weaving in stories, or asking questions that make students stop and think. It may also mean laughing at ourselves occasionally because humour, as every teacher knows, is still a more powerful tool than PowerPoint.

We also face new challenges with the National Education Policy (NEP). Multidisciplinary learning, skill-based outcomes, and continuous evaluation require us to rethink our methods. As educators we need to balance content knowledge with digital literacy, empathy with rigor, and the ability to guide students in using AI wisely. After all, if a Chat bot can give quick answers, our role is to help students ask better questions.

In such times, only authentic teaching, authentic learning, and authentic feelings will transform education. Technology may change, policies may shift, but students will always remember the teacher who looked them in the eye, encouraged them when they faltered, and believed in them when they doubted themselves.

In the end, teaching in an attention deficit economy is less about fighting distractions and more about nurturing the rare gift of focus. When we help our students pause, listen, reflect, and engage deeply, we are not just covering a syllabus – we are shaping their ability to find meaning in a noisy world. Attention is not just a precondition for learning; it is the essence of human connection. If we can hold their attention, even for a few moments of true understanding, we have done more than teach – we have transformed.

- Dr. Jayashree Inbaraj



EDITORIAL

In Search of Absolute Success!!

Few words are uttered as often – or understood as little – as success and achievement. They dominate the vocabulary of modern life, yet when examined closely, they remain deeply subjective. Though often measured against collectively accepted parameters, they are, in truth, relative – never absolute. Ideally, success should bring a person pleasure and satisfaction. Perhaps it is the depth of this satisfaction that leads one toward what may be called absolute success.

Education is the cradle of wisdom and the foundation of a truly successful life. Among all the treasures of the world, there exists none as radiant as knowledge – for it adorns not only physical existence but also enriches the mind and illuminates the soul. Wealth may fill your hands, but knowledge fills your being. One who possesses riches may still be poor in spirit, yet one blessed with learning and wisdom becomes truly abundant. Your wealth needs your protection, but it is knowledge that becomes the guardian of you.

The true purpose of education lies in helping individuals find joy and fulfilment through developmental pursuits – ensuring growth and success across personal, social, economic, and allied spheres of life. This may sound philosophical, yet material success alone cannot be regarded as true success if it fails to bring genuine gratification. Education should therefore equip learners to identify sources of personal satisfaction through the learning process, while also achieving material milestones along the way.

However, the reality around us often contradicts this ideal. The moment one steps into the competitive world, the joy of achievement begins to fade. Competition tends to breed performance anxiety rather than satisfaction. In today's value system, competition is glorified, creating pressure, stress, and disappointment in many lives. The degree of success is too often quantified by how many people stand below us on the so-called ladder of achievement – rather than by our own intrinsic progress. Most people neither know nor wish to know what truly gives them joy or satisfaction. Consequently, they often measure happiness using someone else's standards – and end up with frustration or despair.

Our education system still places enormous emphasis on interpersonal intelligence and reactive learning because they serve the economic machinery. Yet it rarely nurtures intrapersonal intelligence or reflective learning – the very dimensions that help individuals understand what they truly want from life and define their own parameters of success. When learners discover this inner compass, they begin to take pleasure in small yet meaningful accomplishments that hold deep personal value. They stop comparing themselves to others and find fulfilment in their own journey.

Amidst this dialogue between learning and fulfilment, modern thinkers continue to reinterpret what meaningful education should be. The thoughts of Andrej Karpathy, noted AI researcher and educator, offer valuable insight into this philosophy. Karpathy asserts that learning should be deep, personal, and effortful – a process mirroring the search for true, intrinsic success.

In his reflections on learning, Karpathy outlines three simple yet powerful principles:

1. *Learn through real projects.* “Iteratively take on concrete projects and accomplish them depth-wise, learning ‘on demand,’ rather than trying to cover everything in advance.” (Karpathy, “Learning is Supposed to Be Difficult,” petar.dev, 2023)
2. *Teach what you learn.* “Summarize everything you learn in your own words,” he advises – for expressing knowledge reinforces understanding and self-awareness.
3. *Compare only to your past self.* “Only compare yourself to younger you, never to others.” This principle resonates perfectly with the idea of defining success on one's own terms.

Karpathy reminds us that “learning is not supposed to be fun; it should feel like effort – the mental equivalent of sweating.” Real learning, like real success, involves persistence, struggle, and genuine engagement – not the quick gratification of easy wins. His philosophy complements the vision of education that moves beyond competition and toward empowerment through self-understanding.

When learners begin to experience education as a personal journey – one that celebrates effort, reflection, and growth – success acquires a meaning far deeper than mere comparison or material validation. The role of education, therefore, must be to empower every individual to define personal standards of achievement and to seek authentic pleasure in the success that feels absolute – if not to the world, at least to oneself.

Let the thirst for knowledge and learning forever reside in the heart of learners and educators alike. Let them walk untiringly upon the path of wisdom. To those who strive with sincerity, dedication, and unwavering perseverance, there exists no dream too distant, no height unattainable. Ease and indulgence may offer fleeting pleasures, yet their shadow often leads to sorrow. But those who embrace toil with patience, discipline, and determination discover that even the path of hardship blossoms into enduring joy. For success is not a gift bestowed by chance; it is the lifelong companion of the courageous, the steadfast, and the industrious.

If you desire golden success, your efforts too must be golden – must they not? Undoubtedly, to instill a thirst for enduring, absolute success among learners is a formidable challenge for educators in a world obsessed with competition and the glamorization of success. Yet, hope remains the lamp that sustains us – and keeps our actions kindled in positivity.

May that hope continue to float – always!

– Dr. Sunil Rajpurkar



Editorial Team



Student Council

Internship Team



F.Y. B.Ed.

Annual Report



ANNUAL REPORT

The academic year 2024-2025 at Smt. Kapila Khandvala College of Education was a vibrant journey of transformation, commitment, and discovery. At KKCE, education has always gone beyond the boundaries of textbooks – it is about action, reflection, and transformation. From the very first day, our classrooms came alive with curiosity, collaboration, and creativity, as student-teachers and faculty together embraced a shared vision of holistic education. Every workshop, field visit, lesson plan, and celebration this year reflected our belief that true learning happens through experience. We moved beyond prescribed content to engage in innovation, reflection, and real-world learning that shaped both intellect and empathy.

The year was not just about gaining knowledge – it was about becoming: evolving into empowered educators, reflective practitioners, and compassionate human beings. As we look back, we celebrate the milestones, memories, and meaningful experiences that defined this enriching academic year.

The year began in mid-June and here are some of the key highlights that made 2024-25 a memorable chapter in KKCE's journey of excellence in teacher education.

CURRICULAR ACTIVITIES

School Internship:

Semester II began with school internships, starting with focused workshops on preparation and lesson planning. Student-teachers explored varied methods – Theme-Based, Experiential, Co-teaching, and tech-driven lessons like Video and Radio teaching. Sessions on digital tools, classroom management, and evaluation deepened practical skills. Peer Assessment and Peer Tutoring promoted collaboration, while rotational supervision and diverse school settings enriched the overall teaching experience.

Theory Lectures and Evaluation:

Theory lectures at KKCE were a vibrant blend of traditional methods and modern tech tools like Kahoot, Padlet, and Quizizz. Classrooms buzzed with group discussions, role plays, and creative activities, making learning highly interactive. The arrival of the 2024–26 batch in October brought fresh energy, marked by an elaborate STIP programme – Student-Teacher Induction Program – featuring icebreakers, games, and a concept mapping workshop that deepened subject understanding and eased the transition into college life.

Action Research:

As in previous years, the second-year student-teachers under the guidance of faculty mentors worked on various areas of educational significance for their Action Research projects. Despite a tight schedule, they dedicated themselves to exploring meaningful topics. These projects not only helped them refine their research skills but also allowed them to dive deep into issues relevant to their practice. The young researchers explored a wide range of themes – many focused on challenges faced during internships – such as the impact of gamification in teaching, mindfulness practices, financial literacy, healthy eating habits, and more, addressing real classroom concerns with thoughtful inquiry.

CO-CURRICULAR ACTIVITIES

Students Council:

The Student Council of Academic Year 2024–25 was the heart of campus life, orchestrating celebrations from Guru Purnima and Independence Day to Diwali, Christmas, and Eid. They promoted leadership through Student Council Elections and creativity through the Talent Show. Events like Teachers' Day, Hindi Diwas, Women's Day, and Marathi Bhasha Diwas highlighted cultural pride and well-being. With every festivity, they fostered unity, inclusion, and vibrant student engagement throughout the year.

Annual Sports Day:

The Annual Sports Meet 2024–25, held in February with a Harry Potter themed houses, celebrated teamwork and athleticism. Events like sprints, relays, dodgeball, and tug of war saw enthusiastic participation. Yellow House claimed the championship, with Apurv Patil and Riddhi Wala achieving the titles Sportsman and Sportswoman of the Year respectively. The event fostered unity, excitement, and spirited competition across campus.

Method Clubs:

This year, KKCE's club activities offered vibrant opportunities for creativity, critical thinking, and collaboration. The English Club's Lingua Franca celebration featured TED Talk reflections, quizzes, language games, and a Zumba wrap-up. The Science Club hosted a major exhibition with projects on water conservation, homemade cosmetics, and 3D holograms, and marked Mole Day and National Science Day with live experiments and indigenous tech models. The Economics and Commerce Club's food fair, Flavours and Feasts, showcased regional dishes while applying economic concepts. The Mathematics Club celebrated National Mathematics Day with quizzes, posters, and insights into Ramanujan's legacy. Geography Day brought games, documentaries, and the World Explorer Race, sparking curiosity about our world.

Theme Based Assembly:

As part of the curriculum, student teachers conducted a series of impactful Theme-based Assemblies during September and October 2024, focusing on contemporary social issues like Ethics of AI in Education, Green Initiatives for Sustainability, Women's Safety & Security, Inclusion, Diversity & Equity and Mental Health & Well-being. These assemblies provided students with a platform to explore social issues while enhancing their leadership and public speaking skills, equipping them to create inclusive, safe, and thoughtful learning environments in their future careers.

Educational Tour and Visit:

This year, our college organized two significant educational visits. The FY students visited the Nehru Science center for a wonderful exploration while the SY students embarked on an educational tour to Coorg in December, experiencing the region's natural beauty and learning about sustainability. These trips were not only educational but also enriching, broadening our understanding of the subjects and the world around us. Most significantly, they provided hands-on demonstrations on the intricacies involved in the organization and management of such field experiences.

Guest lectures and Workshops:

At KKCE, we ensure holistic learning through expert-led sessions that span professional readiness, mental and physical well-being, and emergency management. Speakers like Dr. Sheila Philip, Dr. Smita, Dr. Swati Gadgil, Mr. Durgaraj Konar, Prajakta Patkar, Abhay Thakkar, Gilit Cohen, and yoga instructor Mrs. Samita Velnekar contributed valuable insights, equipping student-teachers with practical skills and broadened perspectives.

Community and Extension work:

In 2024–25, KKCE reinforced its commitment to community engagement through meaningful initiatives. Student-teachers completed 20-hour service programs at centers like St. Catherine School, Baljeevan Trust, and BMC schools, supporting learning and remedial work. A diya sale with Akshay Shakti Foundation raised Rs. 5,400 for underprivileged communities. These experiences fostered compassion, social responsibility, and deepened the spirit of experiential learning.

Green Club:

The Green Club of KKCE had an impactful year, being selected for the prestigious Lighthouse Green Club Initiative. Through hands-on eco-activities during internships – like recycled crafts and water audits – the club reached 150+ students across 33 schools. Highlights included the Youth Engagement for Water Stewardship (YEWS) program, World Water Day celebrations, a TED Talk by a glaciologist, and promotion of the Why Waste app. With its strong focus on sustainability and active citizenship, the club echoed the spirit of NEP 2020 and SDGs, leaving a green imprint on 2024–25.

STUDENT SUPPORT

Women’s Cell:

On International Women’s Day 2025, our college hosted an inspiring session centered on the theme “Invest in Women: Accelerate Progress.” Dr. Swati A. Gadgil – an anesthesiologist, legal expert, activist, and poet – graced us as the guest speaker. She emphasized emotional well-being, mental health, and work-life balance, leaving a lasting impression. Her moving story of Ulafat Bano, a woman delivering lunchboxes in extreme conditions, highlighted the everyday resilience of women. The session was a powerful reminder of the strength, purpose, and transformative potential women hold.

Placement Cell:

The Placement Cell coordinated campus recruitment activities for the academic year 2024–25. An orientation session introduced students to the campus interview process, followed by preparatory activities including CV writing workshops, and interview skills training. Out of 47 students, 42 participated in campus interviews held over two days in February 2025. 29 students (69%) have been successfully placed in the initial phase and the process continued for the rest. The Placement Cell coordinated with 22 schools and groups of 13 schools for campus interviews. 9 were off-campus recruitment.

Counselling Cell:

The counselling cell conducted an orientation session for the new batch in October, followed by the administration of the 16 Personality Factor (16PF) Test. The test provided useful insights into the personality traits and behavioural patterns of the students, which can guide future counselling and mentoring interventions. The Counselling Cell remains committed to the emotional well-being and personal development of students. Counselling services will resume soon with the new counsellor in place.

Library:

In January 2025, the library organized events aligned with Maharashtra’s “ (Maharashtra’s Reading Resolution) to promote reading, critical thinking, and academic growth. Activities included workshops, book readings, a book exhibition, group readings, and creative competitions, encouraging engagement with literature and enhancing reading, writing, teamwork, and

critical analysis skills. These initiatives fostered a deeper connection to reading, enriching students' professional development as educators.

Language Lab:

An elaborate schedule was designed for the 2023–25 batch to upskill their language skills. Based on voluntary participation, student-teachers engaged with the Wordsworth software in Semester II, conducted 'Socho' storytelling lessons for primary students at MJD High School through Semester III and practiced loud reading of newspaper articles in Semester IV.

Annual Parent-Teacher Meeting:

The Parent-Teacher Meeting for the FY B.Ed. batch 2024–26 was held on January 4, 2025, with 38 parents attending. The session highlighted the college's legacy, B. Ed. structure, internships, exams, and student support. An open forum and informal interaction over tea fostered strong parent-institute collaboration for the journey ahead.

Mentoring:

Mentoring sessions serve as a safe space for meaningful interaction between students and their mentors. The dedicated team of the faculty members help their mentees in different areas and challenges like – tight schedules, placements, personal goals, and lingering doubts. These conversations play a vital role in shaping the student-teachers, as mentors guide them, ease their stress and anxiety, and help them move forward with clarity and confidence.

Rachana Fellowship Program:

Three student-teachers from S.Y.B.Ed. – Krishna Paniya, Maitri Patel, and Simran Cerejo were awarded the Rachana Fellowship for Winter School 2024, in December at TISS. Centered on 'Inclusion in Education', the 5-day program enriched their understanding and strengthened their B.Ed. learning.

CERTIFICATE COURSES

A 30-hour Certificate Course on Positive Education was conducted for the S.Y. B.Ed. students of Semester III from 14th September to 24th October, held on Thursdays and Saturdays.

A 30-hour Certificate Course on Cyber Security, titled "Cyber Safe Teachers", was offered to the F.Y. B.Ed. students in Semester II.

Students from ECCE and M.A. Education were also actively involved in skill-based certificate courses, enriching their academic experience.

An online course on Serendipity Mindset designed to foster creative and reflective thinking, was held from November to February, once a week as an optional value-added learning experience, further enhancing the professional growth of student-teachers. It was facilitated by Dr. Gilit Cohen from Zefat Academic College, Israel.

The SYs actively explored Jiddu Krishnamurti's vision of teaching through a reflective 2 day Workshop in December, followed by the creative expression-based LAC Exhibition in December and the Ignite STEM Passion Workshop by IDF at Nehru Science Centre.

In January 2025, KKCE had an insightful session on Neuro-Linguistic Programming (NLP) with Mr. Abhay Thhakkar, focusing on enhancing teacher-student communication and classroom connection.

RESEARCH CELL

The Research Cell at KKCE continued to promote academic inquiry and support doctoral studies. This year, Ph.D. scholar Ms. Dhanya Uttumadathil was awarded her Doctorate in Education under the guidance of Dr. Smita Gupta. A training session on “N-List E-Resource Search Techniques” was conducted by Ms. Deepali Sarode in January 2025. In collaboration with Bombay Teachers’ Training College, a webinar on “Narrative Research” was held in February, led by Dr. Gilit Cohen from Zefat Academic College, Israel. The Research Cell also facilitated Ph.D. admission interviews, welcoming new scholars into the program.

INTERNATIONAL WEBINAR

KKCE hosted a two-day International Webinar on 11th & 12th March 2025, titled “The Educator’s Toolkit: Upskilling for 21st-Century Classrooms.” The event focused on AI integration, reflective teaching, and social-emotional learning, featuring expert sessions and participation from Israel, Kenya, the UK, and Armenia.

The academic year 2024–2025 at Smt. Kapila Khandvala College of Education was a meaningful journey of learning, growth, and impact. Through a blend of academics, co-curriculars, and community initiatives, student-teachers evolved into future-ready, socially responsible educators. Each experience brought us closer to our vision of shaping inclusive and empowered classrooms.

Rachel Fernandes (F.Y. B. Ed.)

Shakeel Badgujar (F.Y. B. Ed.)

Samuel Rebello (F.Y. B. Ed.)

Simran Cerejo (S.Y. B. Ed.)

Krishna Paniya (S.Y. B. Ed.)

Staff Achievements



STAFF ACHIEVEMENTS

Dr. Jayashree Inbaraj

Participation in Workshops/Seminars/Conferences:

- Attended an outreach workshop on Integration and Implementation of Swayam courses organized by Savitribai Phule Pune University, 17th March, 2025.

Sharing Expertise as Resource Person:

- Invited as a Resource person for the Odisha State HMs' professional development training program organised by TISS, Mumbai for a session on 'Team building and teacher motivation' on 9th July, 2024.
- Invited as a Subject expert for assessment to upgrade research scholar from JRF to SRF scheme at TISS, Mumbai, 8th August, 2024.
- Invited as a resource person to inaugurate the FDP series workshop with a session on Pedagogical leadership organized by L.S Raheja College on 13th September, 2024
- Invited as resource person to the Rachana fellowship winter school for Interactive pedagogies session in the English language on 10th December, 2024.
- Invited as a Chief guest to the valedictory closing session of the Rachana Winter school program at TISS Mumbai, 15th December, 2024.
- Presented a session on 'Education – a key to unlock sustainable goals' in the International conference on Transformative Capacity building for a sustainable future organized by BTTC, HSNC University, Mumbai, 25th April, 2025
- Member of the school committee of Malti Jayant Dalal and L. S. Raheja Junior college.

Publications:

- Editor in chief of the international peer reviewed journal - Scholarly Research Journal for Interdisciplinary studies Vol 13, special issue on The Educator's toolkit – Upskilling for 21st century skills Feb –April 2025

Other achievements:

- Collaborated with The Rishi valley, Krishnamurthi foundation India, to design a two day intervention titled 'Being a teacher beyond teaching – A krishnamurthi perspective', 9-10th December, 2025.
- Vice chancellors nominee for the university selection committee for appointment of Assistant Professor at The Lord's Universal College of Education, 15th April 2025.
- Expert member of the Academic Council of Seva Sadan College (Autonomous)- Dec, 2024
- Vice-chancellor's nominee on the Academic council of Mahatma Education Society's Pillai college of Education, (Autonomous), Chembur, May, 2025.
- Attended the meeting as a member of the Academic Council meeting of Seva Sadan College of Education, Kalyan 26th June, 2025.
- Attended a meeting as University Nominee on the Academic Council of Mahatma Education Society's, Pillai College of Education, (Autonomous) 27th June, 2025.
- Coordinated the Israel scholar visit from Rafet College, for Dr. Gilit Cohen from February 23rd to March 3rd, 2025.
- Collaborated and participated with Bombay Teachers Training College, HSNC University for a Narrative Research workshop.
- Coordinated the UTKARSH school transformation program for MJD involving interventions, assessment and reporting 2024-25.

Prof. (Dr.) Sheetal Zalte

Participation in Workshops/Seminars/Conferences:

- Participated in a workshop organized by St. Xavier's College (Autonomous) for Green Club coordinators on 30th July 2024.
- Participated in the two-day Workshop titled 'Being a Teacher Beyond Teaching: A Krishnamurti Perspective' organized by Smt. Kapila Khandvala College of Education (Autonomous) on December 9th and 10th, 2024.
- Participated in two days workshop on 'Unlock your Potential with Transformative NLP for Personal and Professional Growth' organised on 2nd and 3rd January, 2025 by the IQAC of Smt. Kapila Khandvala College of Education (Autonomous).
- Participated in the National Webinar on 'Navigating the Draft NCTE Regulations 2025: Challenges and Opportunities' organised by Society of Innovative Researchers and Academicians (SIRA) on 2nd March, 2025.
- Participated in the International Webinar titled 'The Educators Toolkit: Upskilling for 21st Century Classrooms' organized by Smt. Kapila Khandvala College of Education (Autonomous) on 11th and 12th March, 2025.
- Participated in a K. Sita Memorial lecture on 'Urban Health: Covid 19 Pandemic and Urban Population' organized by Bombay Geographical Association at L. S Raheja College on 11th April, 2025.

Professional Qualifications Enhanced:

- Successfully completed the Summer Course on Curriculum and Pedagogy of Teacher Education organized by Azim Premji University, Bengaluru (3–8 June, 2024).
- Successfully completed the Five-Day Master Trainer Training Workshop organized by British Council and hosted by HSNL University (22–26 March, 2025), aimed at building climate resilience capacities in higher education institutions.

Sharing Expertise as Resource Person:

- Invited as panel member for Ph D admissions at GSB's Surajba College of Education on 20th Jan, 2025.
- Invited as panel member for Ph D admissions at Bombay Teachers' Training College (BTTC), HSNL University on 9th April, 2025.
- Member of Research Advisory Committee (RAC), Research Cell of GSB's Surajba College of Education.
- Member of Internal Quality Assurance Cell (IQAC), The Lord's Universal College of Education, Malad
- Member of College Development Committee (CDC), The Lord's Universal College of Education, Malad
- Member of Internal Quality Assurance Cell (IQAC), Thakur Shyamnarayan College of Education
- Paper setter for the University of Mumbai EC1 Geography
- Paper setter & moderator for St. Xavier's Institute of Education (Autonomous)
- Paper setter for M.A. Education, KKCE
- Course Writer for Self-Learning Material (English and Marathi medium) on Fundamentals of ICT in Education, M.A. Education, CDOE, University of Mumbai.
- Organising Committee Member – Inter-Collegiate Youth Festival, University of Mumbai.
- Faculty incharge of the syllabus revision at Smt. Kapila Khandvala College of Education (Autonomous) for the following courses: EC1 pedagogy of Geography, EC1 Pedagogy of Hindi, EC2 Pedagogy of Hindi, IC3 Creating an Inclusive School
- Facilitated a series of online lectures in ICT in Education (English and Marathi medium) for M.A. (Education) students at the Centre for Distance and Online Learning (CDOE), University of Mumbai, from November to December 2024.

- Facilitated a series of online lectures in Research Methodology in Education for M.A. (Education) students at the Centre for Distance and Online Learning (CDOE), University of Mumbai, from March to April 2025.
- Conducted a short term certificate course on cyber security for the S. Y. B. Ed student teachers in March- May, 2025.

Publications:

- Contributed a radio lesson plan on the topic Natural Regions in the subject of Geography to the resource book titled 'From Classrooms to Airwaves: Learning through Radio' ISBN: 978-81-924258-9-4, published in December 2024.
- Course Writer (English Version) for the Self-Learning Material (SLM) in 'Course V: ICT in Education' for M.A. in Education, Semester II (NEP-2020), Centre for Distance and Online Education (CDOE), University of Mumbai. Contributed Module 1, Unit 1 titled 'Fundamentals of ICT in Education' – May 2025.
- Course Writer (Marathi Version) for the Self-Learning Material (SLM) in 'Course V: ICT in Education' for M.A. in Education, Semester II (NEP-2020), CDOE, University of Mumbai. Contributed the Marathi translation of Module 1, Unit 1 – May 2025.

Awards and recognition:

- Led the Green Club at KKCE as Faculty Coordinator; under my leadership, it was selected for the prestigious Lighthouse Green Club Initiative by the DHE, Maharashtra — one of only 23 institutions recognized across Mumbai District for impactful sustainability efforts. The club also bagged the 2nd Prize as the Best Green Club in the Mumbai District for its initiatives on World Water Day 2024.
- Selected as a Master Trainer by the University of Mumbai and British Council for the Climate Skills – Seeds for Transition India Programme, promoting climate resilience through higher education.
- Appointed as Convener for the M. A. Education Programme in regular and distance mode for Centre for Distance and Open Learning (CDOE), University of Mumbai.
- Selected as Resource Person for the School Connect 2.0 program by the Hon'ble Vice Chancellor, University of Mumbai; conducted NEP 2020 orientation sessions for students, teachers, and parents across Bandra to Andheri.
- Appointed as Expert by Shikshan Shulk Samiti to verify fee fixation proposals submitted by B.Ed. colleges across Maharashtra.
- Invited as Judge for the 19th Aavishkar Research Convention (Zonal Round) organized by the University of Mumbai on 15th December, 2024 at Lokmanya Tilak College of Engineering, Navi Mumbai, for Humanities, Languages, and Fine Arts Category (UG, PG, and PPG levels).
- Felicitated by the Department of Student Welfare, University of Mumbai, for contributions to organizing the 57th University Youth Festival (28th September 2024).

Professional memberships:

- Member, Indian Association of Teacher Educators (IATE)
- Member, Geographical Association (UK)
- Associate member, The Bombay Geographical Association
- Member, IQAC Cluster

Other achievements:

- Guided two Ph.D. scholars registered under the University of Mumbai and currently mentoring two more in preparing their research proposals.

- Designed a faculty training module on Geospatial Technology for Climate Literacy and Community Action under the British Council’s Climate Skills framework, engaging higher education teachers in participatory community mapping.
- Guided student teachers in conducting school water audits and enabled them to train 150 school students to carry out home water audits, thereby promoting community awareness and sustainability education.
- Led the sustainability initiative using the Why Waste app to promote water conservation and responsible water usage among students.
- Conceptualized and organized World Water Day celebration on 21st March 2025 to sensitize students to critical water issues and sustainable water management.
- Coordinated a school leaders’ workshop on Mastering the Art of School Leadership: Busting Myths, Finding Solutions (13 July 2024).
- Coordinated a student workshop on Educational Interventions in Sustainability for B.Ed. colleges (9 October 2024).
- Coordinated a staff development workshop titled “Unlock Your Potential with NLP for Personal and Professional Growth” for teaching and non-teaching staff of Sadhana Education Society and other institutions (2–3 January 2025).
- Coordinated the B.Ed. CET Orientation Program for aspiring teacher education candidates held on 18th Jan, 2025.

Dr. Megha Dsouza

Participation in Workshops/Seminars/Conferences:

- Participated and presented a paper titled ‘Integrating Sustainable Development Goals in Teacher Education’ in the second International E-Conference on Educational Reforms & Advancements (CTPDCON-ERA 2024), organized by the Council for Teachers Professional Development (CTPD), India on 28th and 29th September, 2024.
- Participated in two days workshop on ‘Unlock your Potential with Transformative NLP for Personal and Professional Growth’ organised on 2nd and 3rd January, 2025 by the IQAC of Smt. Kapila Khandvala College of Education (Autonomous).
- Participated in the two-day Workshop titled ‘Being a Teacher Beyond Teaching: A Krishnamurti Perspective’ organized by Smt. Kapila Khandvala College of Education (Autonomous) on December 9th and 10th, 2024.
- Participated in the International Webinar titled ‘The Educators Toolkit: Upskilling for 21st Century Classrooms’ organized by Smt. Kapila Khandvala College of Education (Autonomous) on 11th and 12th March, 2025.

Professional Qualifications Enhanced:

- Completed a one-week residential faculty development programme on ‘Assessment and Evaluation’ from 26th August to 30th August, 2024 organized by MSFDA and MITADTU, Pune at MSFDA, Pune.

Sharing Expertise as Resource Person:

- Invited to conduct an online workshop on ‘Building competencies for Action Research’ organized by Sarada Kurup College of Education and Research and Saket College of Education on 3rd and 6th September, 2024.
- Appointed as a paper setter for the elective course EC1- Pedagogy of Economics at St. Xavier’s Institute of Education for the second term examinations to be held in the second half (summer) 2024.

- Appointed as a chairperson for the paper setting of course 'Modern Trends in Education' of the MA in Education programme offered by the University of Mumbai in December, 2024.
- Member of Surprise Inspection Committees for PAR of Teacher Education Institution as directed by NCTE during the year 2024-25
- Appointed as a paper setter and moderator for Semester I end examination to be held in Second Half (Summer) 2025 for CC2- Knowledge and Curriculum at St. Xavier's Institute of Education.
- Invited to conduct workshops on 'Mindfulness' and 'Emotional Resilience' for the student teachers of the F. Y. B. Ed of the St. Teresa's Institute of Education on 14th February, 2025.
- Appointed as a Consultant for curriculum development- module on resilience for the youth under PAHAL
- Invited as a Consultant for capacity building of secondary school teachers of Malati Jayant Dalal High School
- Faculty In- charge of the Syllabus revision at Smt. Kapila Khandvala College of Education (Autonomous) for the following courses:
 - CC2- Knowledge and Curriculum,
 - EC1- Pedagogy of Economics
 - EC2- Pedagogy of Economics
 - AC- Understanding the Self
 - CC5- Contemporary India and Education (Jointly)
- Initiated and led the process of revision of B. Ed overall structure and sessional assessment.

Publications:

- Paper titled Interaction Effect of Positive Education Programme and Faculty of Graduation on the Academic Resilience, Psychological Wellbeing and Self- efficacy of pre-service teachers was published in International Journal of Research Culture Society Monthly Peer Reviewed Refereed Journal Vol 8, Issue. 12, December 2024 with ISSN(O): 2456-6683
- Paper titled 'Developing Student- Teachers' Resilience through Positive Education Programme' was published in International Journal of Creative Research Thoughts, peer reviewed refereed journal Vol 13, Issue 3 March 2025 ISSN: 2320-2882
- Chapter titled 'Integrating Sustainable Development Goals in Teacher Education' was published in the book "Towards a Sustainable Tomorrow: Integrating Research, Education and Technology into Disaster Preparedness." ISBN: 978-91-41-00133-6, pp: 142- 149
- Paper titled 'A Study of Student- Teachers Approaches to Learning' was published in Electronic International Interdisciplinary Research Journal, Peer Reviewed Refereed Journal Vol XIV, Issue I, Jan- Feb 2025 with ISSN-2277- 8721, SJIF Impact Factor: 8.311
- Co- authored research paper titled 'Perception of Student-Teachers on the Use of AI Tools for Learning: A Mixed-Method Study' was published in the proceedings of the International Webinar titled 'The Educators Toolkit: Upskilling for 21st Century Classrooms' organized by Smt. Kapila Khandvala College of Education on 11th and 12th March, 2025.
- Co- authored research paper titled 'Teachers' Perceptions Towards Integrating Environmental Sustainability Initiatives in Primary and Secondary schools.' was published in the proceedings of the International Webinar titled 'The Educators Toolkit: Upskilling for 21st Century Classrooms' organized by Smt. Kapila Khandvala College of Education on 11th and 12th March, 2025.
- Co-authored research paper titled 'Exploring the relationship between Student- Teacher Relationship And Teacher Well-being' was published in the proceedings of the International Webinar titled 'The Educators Toolkit: Upskilling for 21st Century Classrooms' organized by Smt. Kapila Khandvala College of Education on 11th and 12th March, 2025.
- Co-authored research paper titled 'Comparative Study of Teacher Wellbeing in ICSE and SSC schools: A PERMA Analysis.' was published in the proceedings of the International Webinar titled 'The

Educators Toolkit: Upskilling for 21st Century Classrooms' organized by Smt. Kapila Khandvala College of Education on 11th and 12th March, 2025.

- Paper titled 'Interaction Effect of Positive Education Programme and Marks at Graduation on the Academic Resilience, Psychological Wellbeing and Self- efficacy of pre-service teachers' was published in Xavierian Journal of Educational Practice- A Peer Reviewed Interdisciplinary Journal, Vol 3 (2), November 2024, e-ISSN No.: 2583-357X (Online)

Other achievements:

- Facilitated series of online lectures in the subject 'Economics of Education' for the students enrolled in M. A (Education) course at Institute of Distance and Online Learning, University of Mumbai from November- December, 2024.
- Invited as a guest for Annual Day Celebration of St. Xavier's High School, Shanti Park, Mira Road on 11th February, 2025
- Research Scholar Ms. Nikita Chatterjee's research proposal was accepted and she registered for PhD under her guidance in November, 2024.
- Two other research scholars submitted their research proposals under her guidance
- Conceptualised and organised food fair titled 'Flavors and Feasts- A culinary Fair' organized by Economics and Commerce Club of Smt. Kapila Khandvala College of Education (Autonomous)
- Conceptualised and organised short term certificate course on Positive Education titled 'Well Being- The Elixir of Life' for the S. Y. B. Ed student teachers held on Thursdays and Saturdays in August-October, 2024.

Dr. Sunil Rajpurkar

Participation in Workshops/Seminars/Conferences

- Participated in two days International Webinar on 'The Educator's Toolkit: Upskilling for 21st Century Classrooms' organized by Smt. Kapila Khandvala College of Education (Autonomous) on 11th and 12th March, 2025 and presented a paper titled 'Panel Discussion as a Tele-show - A fun-filled discursive learning engagement'.
- Participated in two days' Workshop on 'Unlock your Potential with Transformative NLP for Personal and Professional Growth' organized by the IQAC of Smt. Kapila Khandvala College of Education (Autonomous) on 2nd and 3rd January, 2025.
- Participated in a Webinar on 'Narrative Research' facilitated by Dr. Gilit Cohen, Israel collaboratively organized by IQAC and Research Cell of Smt. Kapila Khandvala College of Education (Autonomous) and Bombay Teacher's Training College, HSNL University, Mumbai on 24th February, 2025.

Sharing Expertise as Resource Person

- Invited as a resource person by N. L. Dalmia High School (ICSE-ISC), Mira Road for conducting a workshop on 'Concept Attainment Model' for the professional development of School Teachers, on 3rd June, 2024.
- Invited as a resource person in 5-Day National Level Workshop on 'Preparing for CTET 2024' organized by St. Teresa's Institute of Education, Santacruz (W) to conduct a session on 'Environmental Studies & Science' on 15th June, 2024.
- Invited as a guest faculty to conduct a series of lectures on 'Pedagogy of Teaching Science' on 19th and 27th June, 2024 for student-teachers of two-year B. Ed. (Sp. Ed.) program of Department of Special Education, SNDT Women's University, Juhu.

- Invited as a resource person by Guru Nanak College of Education & Research, Bhandup (W) for conducting a guest lecture on 'Inclusion of Core-elements and Values in the Lesson' for F. Y. and S. Y. B. Ed. students, on 28th June, 2024.
- Invited as a guest faculty to conduct a session on 'Curriculum Designing, Adaptation and Evaluation' on 5th July, 2024 for the student-teachers (opting Learning Disability Specialization) of two-year B. Ed. (Sp. Ed.) program of Department of Special Education, SNDT Women's University, Juhu.
- Invited as a guest faculty to conduct a series of lectures on 'Sociological Perspectives in Education' for M. A. Education (Edu. Mgt. & Tech.) program (Batch 2023-2025) of Bombay Teacher's Training College, HSNC University, Mumbai.
- Conducted a session on 'Overview of CET and Test on Mental Ability' at the Orientation Program for the B. Ed. CET organized by Smt. Kapila Khandvala College of Education (Autonomous) on 18th January, 2025.
- Invited as a resource person at the National Seminar on 'Ideas for Viksit Bharat @ 2047' sponsored by ICSSR and organized by Anjuman-I-Islam's Akbar Peerbhoy College of Education, Vashi, Navi Mumbai, on 22nd February, 2025. Delivered a technical session titled 'Embracing the Vision of Science and driving the Technology Missions: Role of Educators in shaping Viksit Bharat'.
- Invited as a resource person at the National Conference on 'National Education Policy (NEP) 2020: Insights and Opportunities' organized by Ashoka International Centre for Educational Studies and Research, Nashik & Department of Education SNDT Women's University, Mumbai, on 22nd March, 2025. Delivered a technical session titled 'Diversity and Inclusion'.
- Invited as a Subject Expert in a Research Advisory Committee (RAC) by Department of Education, University of Mumbai on 28th April, 2025.
- Appointed as a paper Setter for M. A. Education (Edu. Mgt. & Tech.) program of Bombay Teacher's Training College, HSNC University, Mumbai
- Appointed as a paper Setter for for B. Ed. (Sp. Ed.) Theory Examination of SNDT Women's University
- Appointed as a paper Setter and moderator for B. Ed. Examination of St. Xavier's College of Education (Autonomous)

Publications

- Published a research paper titled 'Evolving from Equality to Equity: A Journey towards Inclusion surpassing Exclusion' in 'Urban India A Journal of The National Institute of Urban Affairs' Peer Reviewed Refereed Journal (UGC Care Listed Group-1 Journal), Vol. 44 Issue II, July-December, 2024. ISSN: 0970-9045
- Published a research paper titled 'Effectiveness of teaching English Grammar through Literary Games' in 'Journal of The Asiatic Society of Mumbai' (UGC Care Listed Group-1 Journal), Vol-98, No. 10, October, 2024. ISSN: 0972-0766
- Published a research paper titled 'Building Pedagogical Partnership between Learners and the Educator through Discursive Learning Engagement' in 'An International, Peer Reviewed, Refereed & Quarterly Scholarly Research Journal for Interdisciplinary Studies', Vol. 13 Issue 80, Feb-April, 2025. ISSN (P): 2319-4766, ISSN (E): 2278-8808
- Course writer for the Self Learning Material (SLM) in the 'Course VI Advanced Sociology of Education' (English Version) for M. A. in Education, Semester II (NEP-2020) of Centre for Distance and Online Education (CDOE), University of Mumbai. Contributed Module-2: Unit-3 titled 'Social Stratification, Social Mobility and Modernization' in April 2025
- Translator for the Self Learning Material (SLM) in the 'Course VI Advanced Sociology of Education' (Marathi Version) for M. A. in Education, Semester II (NEP-2020) of Centre for Distance and Online Education (CDOE), University of Mumbai. Translated Module-2: Unit-3 titled 'सामाजिक स्तरीकरण,

सामाजिक गतिशीलता आणि आधुनिकीकरण' (Social Stratification, Social Mobility and Modernization) in April 2025

- Authored a reference book titled 'Sustainable Environment and Education' published by Himalaya Publishing House (ISO 9001:2015 Certified) in April 2025. ISBN: 978-93-6557-905-5

Professional memberships

- Member of College Development Committee (CDC) of Pushpanjali College of Education, Papdy, Vasai in the capacity of Management Nominee from the field of research
- Member of Internal Quality Assurance Cell (IQAC) of Pushpanjali College of Education, Papdy, Vasai as an Alumni Representative
- Member of the Managing Committee for the two days International Webinar on 'The Educator's Toolkit: Upskilling for 21st Century Classrooms' organized by Smt. Kapila Khandvala College of Education (Autonomous) on 11th and 12th March
- Member of the Syllabus Revision Committee for the Two-Year B. Ed. program 2025-2027 of KKCE (Autonomous) for the following courses:
 - IC1- Gender, School & Society,
 - EC1- Pedagogy of Science
 - EC2- Pedagogy of Science
 - EC3- Environmental Education
 - CC5- Contemporary India and Education
- Member of Surprise Inspection Committees for Teacher Education Institutions as directed by NCTE during the year 2024-25
- Subject Expert appointed by Shikshan Shulk Samiti as per directions of DHE for Scrutinizing Applications by Teacher Education Institutions during the year 2024-25
- Member of the Research Paper Review Committee for the International Conference on Education (ICE3) organized by Department of Special Education, SNDT Women's University in April, 2025.

Other achievements:

- Two of his research fellows got their Ph. D. research proposals approved in the RRC for the BOS in Education, University of Mumbai held in August, 2024 and registered their titles. Four other research fellows working on their proposals.
- Coordinated a Webinar on 'Narrative Research' facilitated by Dr. Gilit Cohen, Israel collaboratively organized by IQAC and Research Cell of Smt. Kapila Khandvala College of Education (Autonomous) and Bombay Teacher's Training College, HSNC University, Mumbai on 24th February, 2025.
- KKCE Contact Person for an Online Course on 'The Serendipity Mindset' conducted by Dr. Gilit Cohen, Israel from 20th November, 2024 to 19th February, 2025.

Dr. Ruchi Mittal

Participation in Workshops/Seminars/Conferences:

- Participated in the two-day Workshop titled 'Being a Teacher Beyond Teaching: A Krishnamurti Perspective' organized by Smt. Kapila Khandvala College of Education (Autonomous) on 9th and 10th December, 2024.
- Participated in two-day workshop titled 'Unlock your Potential with Transformative NLP for Personal and Professional Growth' organised by Smt. Kapila Khandvala College of Education (Autonomous) on 2nd and 3rd January, 2025.

- Participated in the two-day International Webinar titled ‘The Educator’s Toolkit: Upskilling for 21st Century Classrooms’ organized by Smt. Kapila Khandvala College of Education (Autonomous) on 11th and 12th, March 2025.
- Participated in the two-day National Webinar titled ‘Socio-Emotional Learning System and Social Responsibilities: A Need of the Time’ jointly organized by The Lords Universal College of Education and MCT College of Education and Research on 21st and 22nd April, 2025.

Professional Qualifications Enhanced:

- Successfully completed a UGC MMTTC sponsored short term course ‘Skill Development in Higher Education’ conducted by University of Mumbai from 14th – 19th October, 2024.
- Sharing Expertise as Resource Person:
- Invited to judge the Elocution Competition under ‘Sahashaleya Upakram 2024025: Zonal level held at Children’s Academy, Ashok Nagar on 9th October, 2024.
- Invited as a judge for S.M. Shetty International School and Junior College for their annual literature festival ‘Lit-O-Mania on 8th February, 2025.
- Led the Syllabus Revision at Smt. Kapila Khandvala College of Education (Autonomous) during the year as faculty in-charge for the following courses:
 - IC2 - Educational Management
 - EC1 - Pedagogy of School Subject English
 - EC1 - Pedagogy of School Subject Commerce
 - EC2 - Pedagogy of School Subject English
 - IC3 - Language Across the Curriculum
- Appointed as a member of the Selection Committee (VC nominee) for selection of Assistant Professor at The Lords Universal College of Education in March 2025.
- Appointed as a paper setter by HSNC University for the paper Discipline Specific Pedagogy (English) under its MA Education programme in December 2024.
- Appointed as a paper setter by University of Mumbai for the paper Economics of Education for the MA Education course in November 2024.

Publications:

- Co-edited a special issue of the Scholarly Research Journal for Interdisciplinary Studies, an international peer reviewed journal (impact factor 8.486) Feb-April, 2025 Volume 13 Issue 80 with online ISSN 2278-8808 and print ISSN 2319-4766
- Co-edited a learning resource titled ‘From Classrooms to Airwaves: Learning through Radio’ consisting of radio lesson plans, scripts and QR code enabled actual recordings of these lessons with ISBN 978-81-924258-9-4 in December, 2024.

Other Achievements:

- Conceptualized and organized a two-day International Webinar titled ‘The Educator’s Toolkit: Upskilling for 21st Century Classrooms’ held on March 11th and 12th, 2025.
- Co-conceptualised and co-organised ‘Flavors and Feasts - A Culinary Fair’, an activity of the Economics and Commerce Club of Smt. Kapila Khandvala College of Education (Autonomous) conducted in February 2025.
- Conceptualized and organized ‘Lingua Franca’, an activity of the Language Club of Smt. Kapila Khandvala College of Education (Autonomous) conducted in December 2024.
- Conceptualized and developed a Mentee Progression Tracker designed to track the progress of mentees through the course in some self-identified areas.

Mr. Ravi Mishra

Participation in Workshops/Seminars/Conferences:

- Participated in One day online FDP on AI tools for teaching organized by star international foundation for Education and Research on 22nd June, 2024.
- Participated in 7 days of online FDP on essential skills for professional development in higher education organized by star international foundation from 1st to 7th July, 2024.
- Participated in a one day training workshop on “Final Hour AQAR Filling” on 12th December, 2024.
- Participated in a two-day workshop titled ‘Unlock your Potential with Transformative NLP for Personal and Professional Growth’ organised by Smt. Kapila Khandvala College of Education (Autonomous) on 2nd and 3rd January, 2025.
- Participated in the webinar on Narrative Research facilitated by Dr. Gilit Cohen of Zefat Academic College, Israel and jointly organized by Bombay Teachers’ Training College and Smt. Kapila Khandvala College of Education (Autonomous) on 24th February, 2025.
- Participated in the two-day International Webinar titled ‘The Educator’s Toolkit: Upskilling for 21st Century Classrooms’ organized by Smt. Kapila Khandvala College of Education (Autonomous) on 11th and 12th March, 2025.

Professional Qualifications Enhanced:

- Completed One week NEP 2020 Orientation and Sensitization Program under Malaviya Mission Teacher Training Program (MM-TTP) of UGC organized by UGC-MMTTC (GAD-MMTTC), Sri Guru Tegh Bahadur Khalsa College, University of Delhi from 16th to 26th July, 2024.
- Completed One week online capacity building programme in “Research Methodology in Social Sciences” organized by the ‘Research and Development Cell’ of Hansraj Jivandas College of Education between 22nd February, 2025 to 4th April, 2025.
- Sharing Expertise as Resource Person:
- Invited to Judge Mathematics Project Exhibition organised by Primary section of Malti Jayant Dalal high school on 29th November, 2024.
- Jointly led the Syllabus revision at Smt. Kapila Khandvala College of Education (Autonomous) for the following courses:
 - CC4 - Assessment and Evaluation
 - EC1 & EC2 - Pedagogy of Mathematics
 - EC1 & EC2 - Pedagogy of History
 - IC4 - Creating an Inclusive School

Publications:

- Co-edited a learning resource book titled ‘From Classrooms to Airwaves: Learning through Radio’ consisting of radio lesson plans, scripts and QR code enabled actual recordings of these lessons with ISBN 978-81-924258-9-4 in December, 2024.

Other achievements:

- Jointly organised short term certificate course on “Fundamentals of cyber security for Teachers for F.Y. B.Ed. student teachers in March - May, 2025.

Ms. Deepali Sarode

Participation in Workshops/Seminars/Conferences:

- Participated in a two-day workshop titled “Unlock Your Potential with Transformative NLP for Personal and Professional Growth” organized by Smt. Kapila Khandvala College of Education (Autonomous) on 2nd and 3rd January, 2025.
- Participated in a webinar on “Narrative Research”, facilitated by Dr. Gilit Cohen from Israel, collaboratively organized by the IQAC and Research Cell of Smt. Kapila Khandvala College of Education (Autonomous) and Bombay Teachers’ Training College, HSNC University, Mumbai, on 24th February, 2025.
- Participated in a two-day international webinar titled “The Educator’s Toolkit: Upskilling for 21st Century Classrooms” organized by Smt. Kapila Khandvala College of Education (Autonomous) on 11th and 12th March, 2025.

Professional Qualifications Enhanced:

- Successfully completed a UGC MMTTC-sponsored short-term course on “MOOCs”, conducted by the University of Mumbai from 4th to 9th November, 2024.
- Presented and published a paper titled "Fostering Academic Excellence: The Impact of Innovative Library Services and Activities on Student" at the National Conference on 'The Role of Library in Quality Enhancement and NAAC Accreditation' organised by Royal College of Arts, Science & Commerce, Mira Road. on 8th February, 2025.
- Presented a paper titled "Empowering Educators: The Role of Libraries in Upskilling for 21st Century Pedagogies" at the International Webinar on “The Educator’s Toolkit: Upskilling for 21st Century Classrooms”, held on 11th and 12th March, 2025 organized by Smt. Kapila Khandvala College of Education (Autonomous).

Sharing Expertise as Resource Person:

- Led the syllabus revision at Smt. Kapila Khandvala College of Education (Autonomous) as faculty in-charge for the course “Critical Understanding of ICT.”
- Contributed to the examination process of M.A. Education, including result preparation and marksheet generation.
- Conducted a training programme on “N-List E-Resource Search Techniques”, organized by the Research Cell on 18th January, 2025 via Google Meet.

Publications:

- Co-edited a special issue of the Scholarly Research Journal for Interdisciplinary Studies (Impact Factor: 8.486), Volume 13, Issue 80 (Feb-April 2025); Online ISSN 2278-8808, Print ISSN 2319-4766.
- Published a paper titled "Empowering Educators: The Role of Libraries in Upskilling for 21st Century Pedagogies" in the same issue.
- Published a paper titled "Artificial Intelligence as a Tool for Transforming Libraries: Empowering Users and Enhancing Knowledge Systems" in the proceedings of the ILA International Conference on "Libraries and Artificial Intelligence: Empowering Users for Sustainable Knowledge Systems" (ILA Annual Conference 2025).
- Published a paper titled “The Role of Library in Quality Enhancement and NAAC Accreditation” at Royal College of Arts, Science & Commerce, Mira Road, based on the abstract “Fostering Academic Excellence: The Impact of Innovative Library Services and Activities on Student Learning Outcomes.”
- Published a paper titled “The Digital Evolution of Librarianship: Skills, Education, and Future Directions” in a One-Day National Conference on "Techno Librarianship: A Gateway towards Future Libraries", organized by Barr. Balasaheb Khardekar Knowledge Resource Centre, Department of Library & Information Science, Shivaji University, Kolhapur, and SUCLA on 29th January, 2025.

- Published a paper titled “Enhancing Library Accessibility and Engagement through Augmented and Virtual Reality Technologies” at a conference in Kudal.

Awards and Recognition:

- Appreciated by MIER College for coordinating and presenting a virtual role-play by KKCE students during Women’s Day celebrations held on 23rd August, 2024.

Professional Memberships:

- Member of the Maharashtra University and College Library Association (MUCLA) since 1st June, 2024.

Other Achievements:

- Conceptualized and organized a two-day international webinar titled “The Educator’s Toolkit: Upskilling for 21st Century Classrooms”, held on 11th and 12th March, 2025.
- Conducted Book Review and E-Poster competitions under the state initiative “वाचन संकल्प महाराष्ट्राचा” (Maharashtra Reading Resolution).
- Conducted an orientation programme and registered 50 students under the B.Ed. subject “Childhood and Growing Up” through SWAYAM. All 50 students completed the course; 4 registered for and passed the final examination.

Reports of Activities Conducted During the Year 2024-25



Reports of Activities conducted during the Year 2024-25

Science Exhibition

Science Club of Smt. Kapila Khandvala College of Education (Autonomous) organized a spectacular and interesting Science Exhibition on 6th July 2024. The exhibition commenced with an introductory remark in the main hall of KKCE. The theme emphasized the Utilitarian Value of Science and the practical application of scientific principles. The guiding principle was to highlight "what works best, by least harm."

Dr. Jayashree Inbaraj, the principal of KKCE, addressed the inhouse students and welcomed the student-guests from SNTD. The exhibition was then formally inaugurated in Science Method Room where the displays were organized and the exhibits were kept by the Science Club members. The exhibition tours took place in groups, with students explaining each exhibit in detail to the visitors.

The exhibits were organized under the following sub-themes or titles:

Chemistry of glamor

Students had made products with the help of natural homemade ingredients. They displayed homemade kajal, soap, and lip balm. There were a lot of different charts explaining the process and importance of these natural products. They also explained the PH is safe for our daily use, using a litmus solution.

Water level indicator

The "Why Waste-App" exhibit focused on preventing water wastage. It featured a buzzer system that alerts when the water level reaches 100%, accompanied by a battery and circuit diagram with a switch. This system, if modified, can be utilized in homes to conserve water efficiently.

Green Remedies

The exhibition also featured medicinal plants grown by the Green Club in the college garden. The students explained the healing properties of these plants and their applications in natural remedies. Examples included Stevia, known for its sweetness, and Rosemary, valued for its benefits to hair health, fencing, and pain relief.

3D-hologram

The 3D Hologram exhibit showcased the advanced technology of holography. It demonstrated the use of holograms in displaying medical organs and concepts, creating multiple holographic projections to illustrate complex ideas in an accessible and visually engaging manner.

Rakshak 360 Fertilizer

This exhibit presented various remedies and solutions for protecting things from bacteria, through the use of UVC light protection. The students walked through the processes, comparisons, and features of these protective measures, emphasizing their cost-effectiveness. This design was made by one of the students, it was his own design.

Sources of Natural Colours

The focus of this exhibit was on the extraction and application of natural colours. The students presented the process of extracting these colours for various uses such as food, textiles (dyeing clothes), makeup, and other natural products. They discussed the future uses and innovations in the field of natural dyes.

The event was a testament to the creativity and scientific acumen of the Science Club members, successfully showcasing the practical applications of science in everyday life.

Ms. Zainab Daruwala

S. Y. B. Ed.

Guest Lecture on Emotional Well-Being

A two-day guest lecture on Emotional Well-Being was conducted by Ms. Munira Mohsin on 19th and 20th August. The session aimed to emphasize the significance of emotional health and equip participants with tools to manage emotions effectively in their personal and professional lives.

On the first day, Ms. Munira introduced the concept of emotional well-being, explaining its critical role in maintaining mental health, fostering relationships, and enhancing productivity. She elaborated on key elements such as emotional intelligence, stress management, and mindfulness practices, encouraging participants to reflect on their emotional states and responses.

The session also included practical discussions about recognizing and regulating emotions, fostering empathy, and creating emotionally supportive environments in classrooms. Ms. Munira highlighted how emotional well-being impacts learning outcomes, making it essential for educators to model and promote emotional health.

The second day was highly interactive, focusing on creative activities to reinforce the concepts discussed. Participants were divided into groups and encouraged to create charts and posters on themes like: Identifying emotions: Representing feelings through colours and imagery. Positive affirmations: Designing motivational and uplifting quotes. The session addressed Stress management techniques: Visualizing strategies like deep breathing, mindfulness, and relaxation. It also elaborated Building resilience: Depicting the process of overcoming challenges and setbacks.

These activities not only allowed participants to express themselves creatively but also served as therapeutic exercises, fostering a sense of collaboration and emotional awareness. The vibrant charts and posters were displayed, reflecting the diverse interpretations and insights of the attendees.

The session concluded with an open discussion where participants shared their experiences and takeaways. Ms. Munira emphasized the importance of incorporating emotional well-being practices in daily life and professional settings, particularly in teaching.

The guest lecture was highly appreciated for its practical insights and creative approach, leaving a lasting impact on all attendees. It was an enriching and inspiring experience that encouraged participants to prioritize emotional health in every aspect of life.

Team KKCE

Guest Lecture on Enhancing Presentation through ICT

On 17th August 2024, a guest lecture was conducted at Smt. Kapila Khandwala College of Education by alumnus Mr. Vivek Singh. The session focused on enhancing presentations using Information and Communication Technology (ICT). Faculty member Dr. Ruchi Mittal began the session with a warm introduction of the guest, highlighting his achievements and contributions.

During the lecture, Mr. Vivek Singh shared valuable insights on how his batch navigated the challenges posed by the COVID-19 lockdown. He emphasized how the use of ICT tools, such as PowerPoint (PPT) and Word documents, played a crucial role in making lessons more effective and engaging during the period of remote teaching. He demonstrated techniques to create comprehensive PPTs that can be integrated into lesson plans, ensuring a clear and engaging presentation style.

Mr. Vivek also conducted interactive quizzes, encouraging the students to participate in real-time learning. Winners of the quiz were Simran Cerejo, Krishna Panniya and Ritesh Pandey. Additionally, a

Kahoot session was organized, offering students further practical knowledge of ICT tools in a fun and engaging manner.

The lecture concluded with a vote of thanks delivered by Sharayu, acknowledging the valuable guidance provided by Vivek Singh, which will undoubtedly help students improve their lesson planning and teaching strategies.

The lecture was a significant learning experience, equipping students with practical skills in ICT that will enhance their teaching practices.

Namrata Yadav
S. Y. B. Ed.

Guest Lecture on Cognitive Engagement in Classrooms

A guest lecture on the topic 'Cognitive Engagement in Classrooms' was conducted on 29th August 2024 in C. M. Trivedi Hall at Smt. Kapila Khandvala College of Education (Autonomous). The session was led by Ms. Sehal Kishor Gada, an accomplished educator and alumna of the institution.

The session began with Ms. Sehal engaging the student-teachers by asking their views on an ideal classroom. The responses highlighted that an ideal classroom is one where students are active listeners, highly interactive, creatively curious, and energetically engaged. Building on these ideas, Ms. Gada emphasized the importance of teachers transitioning into the role of facilitators to ensure students become active learners.

During the lecture, Ms. Gada introduced the student-teachers to the different forms of engagement – emotional, social, physical, Behavioral, and cognitive – with a particular focus on cognitive engagement. She explained that cognitive engagement occurs when learners actively think while completing academic tasks. It is influenced by the strategies, tasks, or activities designed by the teacher and requires students to engage in higher-order thinking skills such as analysis, problem-solving, and synthesis, fostering creativity and critical thinking.

Ms. Gada also provided a detailed explanation of Bloom's Taxonomy, linking its application to different pedagogies and offering practical examples. Her aim was to familiarize student teachers with strategies that promote cognitive engagement. She specifically introduced the Six Hats Strategy and guided the participants in its execution.

To provide a hands-on experience, Ms. Gada divided the student-teachers into groups and assigned them a case study on Dharavi slums. The participants analyzed various aspects of Dharavi, such as its vibrant community life, innovative entrepreneurship, challenges related to overcrowding, sanitation, and housing, and the resilience of its residents. This activity encouraged critical thinking and allowed the student-teachers to apply cognitive engagement techniques while discussing real-world problems. Each group presented their perspectives, highlighting potential solutions and reflecting on the importance of creating socially aware classrooms.

The session concluded with a heartfelt vote of thanks, expressing gratitude to Ms. Sehal Gada on behalf of all student-teachers of KKCE. Her insightful session not only deepened the understanding of cognitive engagement but also inspired the participants to integrate such strategies into their future classrooms.

The lecture was a memorable experience that combined theory with practical application, leaving the attendees motivated to become facilitators of meaningful learning.

Team KKCE

Theme-Based Assemblies by S. Y. B. Ed. Students

As part of the S. Y. B. Ed. Semester III curriculum, a series of Theme-Based Assemblies were conducted by the student teachers during September and October 2024. These assemblies focused on contemporary social issues and were aimed at fostering awareness, critical thinking, and leadership skills among the student teachers. Below is a summary of the key topics and activities that were part of the assemblies.

Ethics of AI in Education | Date: 19th September 2024

The assembly explored the ethical implications of integrating Artificial Intelligence (AI) in educational settings. Student teachers discussed the benefits of AI, such as personalized learning, and the challenges like data privacy and bias in algorithms. The session included a panel discussion and a Q&A segment, encouraging critical debate on balancing innovation with ethical concerns.

Green Initiatives of Sustainability | Date: 3rd October 2024

This assembly highlighted the importance of sustainability and green initiatives in educational institutions. Student teachers presented practical solutions for reducing the carbon footprint, including paperless classrooms, water conservation, and using renewable energy sources.

Women's Safety & Security | Date: 5th October 2024

Focused on women's safety, this assembly addressed the challenges women face regarding security in public spaces. Discussions included legal protections for women, safety measures on campus, and the role of education in empowering women.

Inclusion, Diversity & Equity | Date: 10th October 2024

The assembly on inclusion, diversity, and equity emphasized creating educational spaces where every student, regardless of background or ability, feels valued and included. Student teachers discussed strategies like differentiated instruction to ensure equitable learning opportunities for all.

Mental Health & Well-being | Date: 24th October 2024

The final assembly focused on the importance of mental health and well-being. Student teachers discussed the need for awareness about mental health issues among students and educators. A panel discussion highlighted the importance of breaking the stigma around mental health and creating supportive educational environments.

The Theme-Based Assemblies provided a platform for student teachers to engage with important social issues, while also developing their leadership and public speaking skills. By discussing ethics in AI, sustainability, women's safety, diversity, and mental health, the assemblies not only raised awareness among students but also equipped future educators with the tools to create inclusive, safe, and thoughtful learning environments. These assemblies were a meaningful contribution to the students' professional growth and are a step forward in preparing them to address real-world challenges in their teaching careers.

Mrs. Deepali R. Sarode
Faculty In-charge

Guest lecture on Creating Learning Resources - Videos

On October 3rd, 2024, Smt. Kapila Khandvala College of Education welcomed Mr. K. Saravanan Nadar for a guest lecture on "Creating Learning Resources – Video" i.e. Innovations in Online Education and Digital Content Creation. Mr. Saravanan, an experienced educator and industry professional, serves as Assistant

Professor and Program Coordinator at S.I.E.S. College. With a blend of 10 years in academia and two years in the corporate sector, he brought valuable insights into the modern educational landscape.

Mr. Saravanan's lecture was especially relevant for us as B. Ed. students and future teachers, focusing on the creation of engaging, effective video lessons for virtual learning environments. He discussed key elements for designing impactful e-content, emphasizing the need to keep students engaged while adapting to digital platforms. His practical strategies provided a roadmap for creating high-quality educational videos that can enhance student understanding and participation.

During the session, Mr. Saravanan introduced several apps and tools that simplify the process of video creation for educational purposes. These apps are designed to support teachers in developing visually appealing, interactive content that caters to diverse learning styles. His recommendations included tools for editing, adding animations, and enhancing visual clarity, which are essential for making lessons more engaging and accessible for students.

The lecture was highly interactive, as Mr. Saravanan encouraged questions and shared examples from his own experiences in both teaching and content development. He also provided insights into trends in online education post-COVID, discussing how teachers need to adapt to new digital expectations. For student teachers, his advice offered a unique perspective on managing a virtual classroom and making lessons that resonate with students.

The session concluded with a vote of thanks, acknowledging Mr. Saravanan's valuable contribution to our digital education skills. His practical insights and recommended tools left us feeling prepared and motivated to implement these techniques in our future teaching careers. The lecture provided a solid foundation for us to develop effective, interactive video lessons, ensuring that we can meet the needs of modern learners with confidence.

Zainab Irshad
S. Y. B. Ed.

Green Club: Guest Lecture on Saving Water

The Green Club hosted a guest lecture focused on the critical topic of water conservation. The session aimed to provide practical strategies for saving water in daily life on 18th October 2024. The Guest Speaker was Mr. Vijay Sapkal [District Coordinator (Mumbai and Palghar), Center for Environment Education (Pune)].

The objectives of this session were to:

1. Educate students on the significance of water conservation.
2. Discuss practical water-saving techniques.
3. Encourage proactive involvement in environmental sustainability.

Key Highlights of the Session:

Water Scarcity Issues: The speaker discussed the global water crisis, highlighting statistics on freshwater availability and the growing demand due to population increase and climate change.

Impact of Water Wastage: A comprehensive overview of how daily activities contribute to water wastage was presented, including statistics on household consumption and industrial use.

Practical Water-Saving Tips: The speaker provided actionable advice for students, such as:- Fixing leaks promptly, Using water-efficient appliances, Promoting shorter showers specially taking bucket bath and

turning off taps while brushing teeth and while shaving, Using the washing machine only when it is fully loaded.

Community Engagement: Emphasis was placed on the role of community initiatives, encouraging students to participate in Q & A Session.

The lecture concluded with an engaging question-and-answer session, allowing students to discuss their thoughts and seek clarification on various water-saving practices.

Group Activity: The session facilitator organized a fun and engaging activity aimed at promoting teamwork and environmental awareness among students. The "Water Transfer Challenge" involved two teams competing to fill a glass of water using only spoons, highlighting the importance of resource management and careful handling of natural resources.

Activity Overview: The classroom was arranged with two teams, each equipped with a glass of water and spoons for each team. Students were divided into two teams, ensuring equal numbers and encouraging friendly competition. The activity began with a brief introduction about the significance of water conservation. Upon starting the challenge, both teams displayed enthusiasm and strategic planning in their approach. Team 1 completed the challenge in time, while Team 2 followed closely behind. Both teams demonstrated great teamwork, and the competitive spirit encouraged everyone to participate actively.

The Green Club organized an informative session to promote the "Why Waste" app, a digital tool designed to help individuals track their daily activities related to water management and sustainability. This initiative aimed to educate students on the importance of reducing wastage of water and adopting environmentally friendly practices. The session began with a presentation that highlighted the app's features and benefits.

A demonstration was provided, showcasing how to download the app, set up an account, and navigate its various functions.

The main objective of the session were to introduce the "Why Waste" app and its features. Encourage students to monitor their daily water related activities.

Foster a culture of sustainability and environmental responsibility among students. The promotion of the "Why Waste" app was a successful initiative that raised awareness about waste management and sustainability. By equipping students with tools to track their waste, the Green Club fostered a sense of responsibility and encouraged proactive behaviour towards environmental conservation.

KKCE has also been an active participant in water conservation act ranking 5th in the college list. Lastly, the program came to an end with vote of thanks delivered by Mr. Samuel Rodriguez in behalf of the students and college.

Bushra Mansoori and Asma Shaikh
F.Y.B.Ed

E-poster Presentation Competition

On October 22, 2024, the IQAC and Library Department of Smt. Kapila Khandvala College of Education (Autonomous) organized an E-Poster Presentation Competition to commemorate the birth anniversary of the late former President of India, Dr. A. P. J. Abdul Kalam. This event was part of the 'National Reading Inspiration Day' celebrations, aimed at fostering the habit of reading and highlighting the educational values found in literature. The program, hosted by Sakina Khan and Ayisha Khan, ensured a seamless

flow with their engaging and professional presentation. Following their introduction, Ms. Deepali Sarode, the college librarian, formally introduced the esteemed judges. The panel consisted of Dr. Vrushali Rane, Deputy Librarian at S.N.D.T. University, and Dr. Sheetal Zalte, a Geography and Hindi method master with a Doctorate in Education. Dr. Zalte, with expertise in ICT in Education, Inclusive Education, and Action Research, brought valuable insights and expertise to the evaluation process.

Eleven groups participated in the competition, each preparing an e-poster based on a fiction or non-fiction book. The presentations explored the themes, educational insights, and key takeaways of the books within the allotted time. The selection of books showcased an impressive diversity of genres and themes. Group 1 and Group 2 presented *Ikigai: The Japanese Secret to a Long and Happy Life* by Héctor García and Francesc Miralles, focusing on finding purpose and leading a balanced life. Group 3 highlighted *Shyamchi Aai* by Sane Guruji, portraying values of sacrifice and maternal love. Group 4 presented *A Thousand Splendid Suns* by Khaled Hosseini, emphasizing resilience and the challenges faced by women. Group 5 showcased *Mann Mein Hai Vishwas* by Vishwas Nangare Patil, reflecting on determination and overcoming obstacles. Group 6 explored *Eat, Pray, Love* by Elizabeth Gilbert, focusing on a journey of self-discovery. Group 7 delved into *Black Holes: The Reith Lectures* by Stephen Hawking, making complex scientific concepts accessible. Group 8 presented *Wings of Fire* by Dr. A. P. J. Abdul Kalam and Arun Tiwari, narrating an inspiring autobiography. Group 9 explored *Women and Men in My Life* by Khushwant Singh, highlighting relationships and life experiences. Group 10 showcased *Timeless Malgudi* by R. K. Narayan, exploring life in a fictional Indian town, and Group 11 discussed *Speaking of Stress Management through Yoga and Meditation* by Dr. Ramesh Bijlani, focusing on mental health and well-being.

After the presentations, the judges provided detailed and encouraging feedback. Dr. Vrushali Rane appreciated the creativity and effort evident in the e-posters, commending the participants for connecting literary themes to real-life educational contexts. She encouraged students to continue exploring literature and find inspiration through reading. Dr. Sheetal Zalte lauded the diversity of books chosen and the unique perspectives brought out in the presentations, emphasizing how reading sharpens intellect and builds critical thinking. Many student-teachers reflected on the competition as a transformative experience, sharing how it enhanced their presentation skills, deepened their appreciation for literature, and expanded their understanding of how books can connect to real-life challenges and solutions.

The winners of the competition were announced amidst much anticipation and applause. Group 7, who presented *Black Holes: The Reith Lectures* by Stephen Hawking, secured the first prize for their excellent ability to explain complex scientific concepts in an engaging and accessible way. The second prize was jointly awarded to Group 1, who presented *Ikigai: The Japanese Secret to a Long and Happy Life*, and Group 11, who discussed *Speaking of Stress Management through Yoga and Meditation*. Their presentations stood out for their creativity, clarity, and the depth of understanding demonstrated.

The college principal, Dr. Jayashree Inbaraj, addressed the gathering and expressed her pride in the participants' dedication and creativity. She encouraged everyone, especially student-teachers, to cultivate a habit of reading, emphasizing that as teachers, it is essential to remain aware of the past, present, and future. She highlighted how reading not only broadens knowledge but also enhances vocabulary, sharpens critical thinking, and fosters lifelong learning—qualities indispensable for educators striving to inspire their students.

The event concluded with a heartfelt vote of thanks by Preeti Chaurasiya, who expressed her gratitude to the judges for their valuable feedback, the participants for their enthusiastic efforts, and the organizing team for their dedication. She extended a special thanks to the librarian, Ms. Deepali Sarode, for her meticulous planning and coordination, which ensured the success of the event. Preeti also acknowledged

the principal, Dr. Jayashree Inbaraj, for providing the opportunity to organize and participate in this competition, fostering a culture of creativity and learning within the institution.

The E-Poster Presentation Competition was a memorable and enriching experience for everyone involved. It successfully celebrated the joys of reading and underscored its critical importance for teachers in shaping intellectual, emotional, and professional growth. The event left participants inspired to embrace reading as a lifelong practice and a source of continuous self-improvement.

Ayisha Khan and Sakina Khan
S.Y.B.Ed

Science Club: Mole Day Celebration

On October 23, 2024, Smt. Kapila Khandvala College of Education (Autonomous) celebrated Mole Day, organised by the S.Y. B. Ed. and F.Y. B. Ed. student-teachers of the Science Club. The event commenced at 10:00 a.m. in CM Trivedi Hall, starting with a warm welcome speech about the importance of Mole Day in the field of chemistry.

The event proceeded with a detailed presentation introducing the theme of Mole Day and its scientific relevance. Following this, FyB.Ed students performed a creative skit titled "The Chemical Party: A Meeting of Molecules," adding an entertaining touch to the celebration. After the skit, a chemistry-based game engaged the audience, who participated enthusiastically in solving challenges related to atomic numbers and compounds.

Principal Dr. Jayashree Inbaraj then addressed the gathering, sharing insightful words and recognizing the students' efforts. The event continued in the Method Room, where an engaging science exposition showcased various chemistry-themed stations.

In the exposition, S. Y. B. Ed. students set up distinct stations that demonstrated different scientific concepts and dispelled common superstitions with scientific explanations. One station displayed the 'Mystery of Chemistry', with experiments like the reaction between aluminum and mercury chloride, which causes the aluminum to turn white – historically linked to superstitions but scientifically explainable by metal reactivity. Another station demonstrated density principles using a lemon in water, explaining why it may float or sink. The exhibit on invisible writing with lemon juice illustrated how heat reveals messages, debunking mystical associations by showing it as a basic chemical reaction. Other stations included displays on Chromatic Chemistry, comparing natural and synthetic dyes in textiles, and showing the benefits of natural dyes. Presentations on famous scientists and the everyday applications of chemistry further enriched the experience.

The Mole Day celebration concluded with attendees reflecting on the powerful role of chemistry in daily life and a group photo to capture the day's excitement. The event successfully fostered a deeper understanding of chemistry and a curiosity to explore further.

Zainab Irshad - SY.B.Ed.
Ayesha Shaikh - FY.B.Ed.

Diwali Celebrations & Cultural Event Competitions

On 25th October, KKCE had a vibrant celebration of Cultural Day, which was filled with various engaging activities that brought the community together. The day's events started with a Rangoli-making competition, held in two categories: individual and group participation. The participants showcased their

creativity by making beautiful Rangoli at the entrance, many of which were inspired by traditional patterns and themes that hold cultural significance. Several participants has drawn theme related to the importance of mother.

Alongside the Rangoli competition, there were other parallel events that captured the spirit of the occasion, including a "Best out of Waste" competition, where participants displayed innovative creations made from recycled materials, and Kandil-making (lantern-making), which added a festive touch to the atmosphere. The handcrafted Kandils were not only visually appealing but also served as symbols of light and positivity.

We also hosted competitions for decorating Diyas (small oil lamps) and Thalīs (decorative plates), where participants showed off their artistic skills. The beautifully decorated Diyas and Thalīs added to the aesthetic appeal of the event. Additionally, there was a poetry writing competition that encouraged participants to express their thoughts and emotions in verse, while spot photography allowed attendees to capture candid moments throughout the day. Photographers were given specific themes to follow, and the resulting pictures authentically captured the essence of the event.

At 1:30 PM, we had the pleasure of attending a session on voter awareness conducted by Mr. Vilas Narayan Patil, a respected trustee of Vidyamandir. He addressed the audience with a compelling talk on the importance of voting, emphasizing the need for responsible citizenship and active participation in democratic processes. Mr. Patil highlighted the consequences of voter apathy and stressed that each one of us shares responsibility for ensuring a fair and just electoral system. His words inspired many in the audience to reflect on their roles as citizens in shaping the future.

Following the voter awareness session, the cultural celebrations continued with a spirited dance competition themed "Celebrate & Grow." The competition featured diverse performances that reflected the rich cultural heritage of the region.

The dance competition showcased a variety of traditional folk performances. The F. Y. B. Ed. and S.Y. B. Ed. groups performed captivating dances representing the vibrant cultures of Gujarat, Koli, and Konkani communities, mesmerizing the audience with their energetic moves and colourful attire. The SY B.Ed group also performed a Marathi folk dance that received a warm response from the crowd for its lively rhythm and traditional costumes. To wrap up the cultural presentations, a group from the F. Y. B. Ed. performed a graceful South Indian folk dance that brought a touch of diversity to the event, with its intricate movements and rhythmic beats.

The entire day was filled with energy and enthusiasm, with everyone participating wholeheartedly in the festivities. The various events allowed us to not only enjoy cultural expressions but also to come together as a community, celebrating our heritage and learning from one another. We all enjoyed the day's activities to the fullest, making it a memorable occasion for everyone involved.

Huda Asif Khan
SY.B.Ed

Guest Lecture on Engaging Open House Strategies

A guest lecture on Engaging Open House Strategies was held on 21st November 2024 by Ms. Melita Cotonho. The lecture focused on helping student-teachers learn effective ways to conduct open house sessions and improve communication with parents.

Ms. Cotinho began by explaining the importance of open houses as a way for teachers and parents to work together for the benefit of students. She discussed how these meetings allow teachers to share students' progress and address any concerns.

She then introduced various strategies to make open houses more engaging and productive addressing the following areas:

Preparation: Organizing student portfolios and planning the agenda ahead of time.

Effective Communication: Using positive language, listening carefully, and making parents feel comfortable.

Interactive Displays: Showing students' work through presentations, posters, and projects.

Parent Involvement: Engaging parents with activities such as Q&A sessions and setting goals for their children's improvement.

Ms. Cotinho also shared tips on handling difficult situations, such as giving constructive feedback and managing time well during the open house. She stressed the Importance of following up with parents after the event to maintain communication.

The session was Interactive, with participants sharing their experiences and discussing challenges. Ms. Cotinho encouraged student-teachers to view open houses as opportunities to build strong relationships with parents.

The lecture ended with a Q &A session where attendees clarified their doubts. Ms. Cotinho's practical tips and ideas left the participants feeling ready to conduct successful open house sessions.

Team KKCE

Workshop on Being a Teacher Beyond Teaching - A Krishnamurti Perspective

Jiddu Krishnamurti, a renowned Indian philosopher, speaker and writer was deeply concerned with 'right education'. He believed that the aims of both education and philosophy were the same – to bring about a fundamental and instantaneous change in man and society by setting the human mind absolutely and unconditionally free. To him, teachers have a profound role and responsibility in educating their children such that they blossom into free, happy and good humans. Therefore, educating the educator holds paramount significance.

Recognizing this, KKCE organized a two day interactive workshop in collaboration with Krishnamurti Foundation India on December 9 & 10, 2024 to empower teacher trainees in creating compassionate and reflective classrooms. The workshop commenced with the customary college prayers, followed by a warm welcome to the esteemed guests by the Principal Dr. Jayashree Inbaraj. Senior faculty Dr. Sheetal Zalte introduced the resource persons from Krishnamurti Foundations - Dr. Meenakshi Thapan and Dr. Rachna Singh.

Brief outline of the 4 sessions across 2 days was as follows:

Day 1 - Introduction to the Rishi Valley Teacher Enrichment Programme, Sustainable Happiness in the Classroom, Child-centered Education, followed by Activities and Discussion

Day 2 - J. Krishnamurthi Education and the Role of a Teachers, Developing Sensitivity, A Film on Krishnamurti Schools followed by Activities and Discussion

Dr. Thapan started Day 1 and set the tone by highlighting Krishnamurti's philosophy emphasizing on holistic development beyond cognitive growth to include emotional, spiritual and social dimensions. A documentary on the six schools following the Krishnamurti ideology provided insights into his revolutionary approach to education. She spoke of the challenges posed by self-centeredness and underscored the importance of academic excellence that balances external achievements with an exploration of the inner world. The following were the key takeaways:

School culture: A way of life that integrates academic and personal growth.

Role of teachers: Teachers need to embody self-knowledge, compassion, communication, responsibility, and stillness.

Centrality of relationships: Building meaningful relationships forms the heart of a school culture.

Krishnamurti's perspective on teachers' humility and compassion in the classroom was also explored. Dr. Thapan concluded her session by provided practical examples, such as forest bathing to highlight how nature can be seamlessly integrated into learning.

The next session was led by Dr. Rachana Singh who began with a thought-provoking question: "How do we imagine the child in our educational practice?" This guided the subsequent discussions and activities. Key Video Displays and Discussions included the following: 1. "Balaknama" Documentary showcasing the inspiring story of a 15-year-old creating a newspaper to amplify the voices of street children. 2. Art as Expression: Integration of art to encourage creativity and interconnections in subjects. 3. Learning through Music: Incorporating music to enhance retention and enthusiasm. 4. Teaching Through Sports: A discussion on the gendered barriers to sports. 5. Child-Centered Education: Emphasizing the use of interactive teaching methods.

Interactive Activities and Open Discussions focused on Creative Teaching Methods (Activities such as teaching DNA through hand-holding, role-plays, and collaborative storytelling), Peer-to-Peer Learning, Critical Inquiry and Art Integration across Subjects, Cooperative Learning and Inquiry-based Learning. The importance of questioning as a means to intellectual growth and self-discovery in Krishnamurti philosophy was evident throughout. The day ended with group presentations and feedback.

Day 2 focused on the critical themes of Marginalization and Inclusion. The discussion highlighted the importance of addressing social and systemic inequities faced by individuals and communities based on class, region, religion, gender and ability. Through various visual aids, discussions, and interactive activities, the session empowered student-teachers with tools to create inclusive and equitable learning environments. This was done through understanding the concept of Marginalization, case study of Bakarwals (a nomadic community), defining Inclusive Education and two stories of Overcoming Challenges – that of Tamanna Chona and Tanzeel-ul-Rahman.

Next was a deep dive into Gender Perceptions and Inequality (a thought provoking advertisement about gender inequality in households) and Addressing Transgender Issues (inspiring video on Laxmi Tripathi). Discussions explored the specific challenges faced by children of transgenders and the role of teachers in addressing these barriers. Participants reflected on strategies to create safe and supportive learning environment for such children, some of which included the following:

1. Awareness of Biases: Acknowledging and addressing personal prejudices towards others.
2. Cultural Knowledge: Seeking to understand diverse people, cultures, and traditions.
3. Action against Injustice: Taking a stand and intervening when discrimination is seen.
4. Fostering Diversity Early: Teaching children to respect differences from a young age.
5. Cross-Learning Opportunities: Enriching educational practice by incorporating diverse perspectives in classroom interactions.

The final session was a synthesis of ways to embrace Krishnamurti's Philosophy in Education – especially self-enquiry to enhance educational processes with self-awareness, emotional awareness and self-reflection being critical to self-enquiry. The workshop concluded with a stimulating mix of storytelling, group discussions, and reflections on the essential attributes required by teachers in the classroom. It efficaciously explored the relevance of Krishnamurti's philosophy in contemporary education.

Team KKCE

Educational Visit to Nehru Science Center

Smt. Kapila Khandavla College of Education organised an enriching educational visit to the Nehru Science Center in Mumbai on Friday, 3rd January 2025. The visit aimed to provide teacher-students of F. Y. B. Ed. with experiential learning opportunities, inspire curiosity, and foster an appreciation for science and technology. Nehru Science Center, one of India's premier science museums, offers a dynamic learning environment with interactive exhibits, live demonstrations, and insightful displays.

Objectives of the Visit:

- To explore innovative teaching methods through hands-on activities.
- To understand complex scientific concepts through interactive exhibits. 3. To enhance the participants' ability to engage and inspire young learners in the classroom. 4. To cultivate a sense of wonder and curiosity about science among teacher-students.

The visit began at 09:45 AM with a group of 38 teacher-students, exploring the following key sections of the centre:

1. Exhibition Galleries:

- Hall of Innovation: Showcased groundbreaking inventions and their impact on society. - Prehistoric Life: Displayed life-sized models of dinosaurs and ancient life forms. - Energy Models: Demonstrated renewable and non-renewable energy sources and their significance.

2. Science Demonstrations:

The students actively participated in live experiments, including demonstrations on Newtonian physics, optics, and fluid mechanics, which provided real-world applications of theoretical knowledge.

3. 3D Science Show:

A captivating 3D movie on the mysteries of the universe transported participants into the depths of space, leaving them awe-inspired.

4. Hall of Evolution:

- Focuses on the evolution of life on Earth, from its origins to the present day. - Features life-size models of prehistoric animals, including dinosaurs, and early human ancestors.
- Showcases fossils, ancient tools, and dioramas depicting the evolutionary journey of plants and animals.
- Explains key evolutionary milestones such as the development of multicellular organisms and vertebrates.
- An educational exhibit emphasizing biodiversity and the interconnectedness of life.

5. Mirror World:

- An engaging exhibit based on the principles of reflection and optics.
- Features various types of mirrors, such as concave, convex, and plane mirrors, to demonstrate how light behaves.

- Visitors can explore illusions like infinite reflections, distorted images, and symmetry. - Includes interactive setups where participants can experiment with mirror angles and shapes to create unique visual effects.
- Provides an entertaining way to understand optical physics and its real-world applications.

Key Takeaways:

As Teacher-Students, this visit highlighted the importance of interactive and inquiry-based learning for young minds. The exhibits demonstrated the importance of making learning engaging and relevant to students' lives. Many teacher-students shared that the visit rekindled their passion for science and learning. They appreciated the innovative approach to teaching difficult concepts through visual aids and interactive displays.

Impact on Learning:

This visit reinforced the significance of experiential learning in education. It showcased how scientific concepts could be simplified for students through models, exhibits, and engaging activities. It also encouraged teacher-students to think beyond traditional classroom teaching and incorporate technology and hands-on activities to enhance student engagement.

So, to sum up, this educational visit to the Nehru Science Center was a memorable and impactful experience for all teacher-students of Kapila Khandavla College of Education. It served as a reminder of the power of innovative teaching techniques and their role in inspiring the next generation of learners. The participants left the centre with a renewed commitment to making education more dynamic, engaging, and impactful.

Team KKCE

Geography Day Celebration

Geography Day was celebrated in Smt. Kapila Khandavla College of Education (Autonomous), at C.M. Trivedi main hall on January 16, 2025 to honour the contributions of Chandrashekhara Dhundiraj Deshpande, a renowned Indian geographer. The event aimed to promote awareness about geography and its significance in our daily lives.

Objective of the Celebration

The primary goal of this celebration was to highlight the importance of geography as a scientific discipline, enhance students' interest in geographical studies, and encourage discussions on various environmental and spatial issues.

Event Highlights

The program was organized by Geography Club students of KKCE and attended by the First year students-teachers, Ravi Sir and Principal Mam. The program started at 12.30 pm. Before the specified timing with Introduction about geography was given and joined by it was a brief introduction about C.D. Deshpande. Secondly a game was played known as Scavenger hunt.

Next A Short Documentary Screening of A short video was shown to know what geography is and how it affects the community. After that Principal Mam Dr. Jayashree Inbaraj shared some few words of geography and regarding the video seen. Lastly an activity was played named as World Explorer Race.

Later, the chocolates were given as a token of appreciation to the winning students. The overall student participation and response during the celebration was very good, with enthusiastic involvement in games and quizzes. The celebration concluded with a Vote of Thanks.

Tency Selvam
F. Y. B. Ed.

Library Activities

On the Occasion of Maharashtra's Reading Resolution "वाचन संकल्प महाराष्ट्राचा" In alignment with the state initiative "वाचन संकल्प महाराष्ट्राचा" (Maharashtra's Reading Resolution), the library organized a series of events in January 2025 aimed at promoting a culture of reading, critical thinking, and academic engagement. These activities focused on fostering a deeper connection with literature and enhancing reading and writing skills among students.

1. Workshop on Reading Skills:

The workshop on 'Reading Skills' were organized with the objective of enhancing reading comprehension and skills. These online workshop focused on various techniques to improve reading efficiency, such as critical reading. Student-teachers were provided with strategies to select appropriate reading materials and were encouraged to integrate regular reading into their daily routines. The sessions were well-received, with attendees gaining valuable insights into becoming more proficient readers. A "Reading Strategy Wall" was set up on Padlet, an online platform, to allow participants to share their insights, suggestions, and experiences regarding reading practices. The Padlet-based Reading Strategy Wall proved to be a valuable tool in gathering diverse perspectives on reading strategies. The responses collected highlighted the various approaches used by participants to improve their reading skills, build consistent reading habits, and encourage others to embrace reading.

2. Book Reading and Reflection Sessions:

Librarian organized multiple book reading sessions, where participants read selected books. After each reading, reflection activities were conducted to allow readers to share their thoughts, experiences, and interpretations of the material. These reflection sessions encouraged thoughtful discussions, fostering a deeper understanding of the books and promoting critical thinking. They also provided an opportunity for participants to interact with one another and broaden their perspectives on the literature.

3. Book Exhibition:

To further promote a love for reading, a comprehensive book exhibition was organized. The exhibition featured a wide variety of books on diverse subjects, ranging from fiction and non fiction to educational. Special attention was given to new concept of education field, research methods and competitive exams such as CTET, UPSC, SSC and NET/SET. The exhibition provided visitors with the opportunity to explore new books.

4. Group Reading Sessions:

In order to encourage collaborative learning, group reading sessions were conducted. Participants were divided into small groups and tasked with reading and discussing selected books or chapters. These group sessions facilitated social interaction and teamwork, enabling participants to engage in meaningful discussions and share their insights.

5. E-Poster Competition:

An e-poster competition was organized to encourage creative expression related to the theme of reading. Participants were invited to design posters that highlighted the significance of reading. The competition saw a great response, with participants showcasing their artistic talents and creativity. The e-posters were displayed on digital platforms, helping spread awareness about the importance of reading.

6. Book Review Competition:

A book review competition was held, where participants were encouraged to read a book and submit a detailed review. The best reviews were recognized and rewarded, further motivating participants to engage with literature more thoughtfully.

Team KKCE

Yoga Workshop

A 5-day yoga workshop was organized in Smt. Kapila Khandvala College of Education (Autonomous), at C.M. Trivedi main hall from 3rd to 7th February 2025, between 10:00 am to 12:30 pm, aimed at promoting mental, physical and spiritual well-being. The workshop was attended by First year students-teachers, where experienced yoga instructor Samita Agarwal guided the sessions, focusing on asanas, pranayams, and meditation.

The first day of workshop started with a brief Introduction about yoga instructor joined by our principal ma'am Dr. Jayashree Inbaraj speaking a few words, the session began by some basic stretches, and foundational asanas like Tadasana, utthkadasanam and ekpadasanam.

The following Days continued with the same basic stretches which was mainly to strengthen our spinal and knee. Techniques, Bhramari or Om chanting , alternate breathing and equal breathing , Boat pose, pranayam and asana techniques included Cat pose, butterfly pose and crocodile pose were also taught also one of everyone's favourite techniques was the relaxing pose in which few might sleep , many more were taught. We experienced Candle gazing by 5 groups each having 8 to 10 number of people and also we experienced Sound therapy by laying down in a round position on mats.

Each day sessions included a combination of previously learned asanas - pranayam and new ones to deepen practice. Some activities and games were conducted on end of each day which focused on our memory, attention and steadiness. Also we were given some mixture of grains to do any designs which we can make.

At the final day the session ended by giving vote of thanks and a group photo with faculty members as well. The workshop successfully encouraged regular yoga practice for a healthier lifestyle. The workshop was well-received, with positive feedback from attendees. Our students- teacher expressed interest in conducting similar events in the future.

Team KKCE

Economics & Commerce Club Activity: 'Flavours and Feasts – A Culinary Fair'

On 20th February 2025, the Economics and Commerce Club of Smt. Kapila Khandvala College of Education successfully organized a food fair titled 'Flavours and Feasts: A Culinary Fair'. This event was a vibrant celebration of regional cuisines, where student-teachers from the Economics pedagogy came together to plan, organize, and execute a fun and educational activity. The fair offered a unique blend of culinary delights, promoting sustainability, teamwork, and practical learning for the students involved.

Faculty Incharge and Organizers:

The event was overseen by the faculty in charge, Dr. Megha D'souza and Dr. Ruchi Mittal, who guided the students throughout the process of planning and executing the food fair. The event saw the active participation of both First-year and Second-year B.Ed. student-teachers, particularly those specializing in the Economics pedagogy. The students were divided into six groups, each responsible for representing a particular region of India and preparing food items associated with that region.

Inauguration and Event Start:

The event was inaugurated at approximately 12:30 p.m. by the esteemed Principal of the college, Dr. Jayshree Inbaraj, who extended her best wishes to the participants and applauded the initiative. The event was organised on the beautiful terrace garden of KKCE.

Food Stalls and Regional Cuisines:

The food fair featured a total of six stalls, each representing a different region of India. The diversity of cuisines showcased at the fair was reflective of the rich cultural heritage of the country. The stalls offered an assortment of regional delicacies, each prepared with care and attention to detail. Here is a brief overview of the food stalls:

Maharashtra Stall: The Maharashtra stall was a hit with its traditional offerings such as Modak and Puranpoli. These dishes are popular in the state and they captivated the visitors with their authentic taste.

Gujarati Stall: The Gujarati counter served a variety of mouth-watering snacks, including Daldhokli and Kheecha Papad, which are quintessential to the culinary culture of Gujarat. The flavors were bold and rich, giving the guests a true taste of the region.

Rajasthan Stall: The Rajasthan stall was a treat for those craving spicy and tangy snacks, featuring Chaat items, a staple of Rajasthani street food culture. The variety of chaats available ensured that the guests enjoyed the diversity of flavors offered by the region.

North India Stall: At the North India counter, the students offered refreshing summer drinks like Saunf Sharbat (fennel-based drink) along with the popular Pani Puri, providing the visitors with the perfect blend of refreshment and taste, especially on a warm day.

Indo-European Stall: The Indo-European counter showcased the fusion of Indian and European culinary traditions. Popular items such as Brownies and Italian Fuski were served, bringing an international flavor to the fair and attracting students and teachers alike.

South India Stall: The South India stall offered an iconic selection of dishes that are staples in the southern part of India. Visitors were treated to Idli, and Filter Coffee, a South Indian speciality.

Sustainability Effort:

In line with the growing need for environmental consciousness, the organizers emphasized sustainability during the event. Students and guests were requested to bring their own bowls and plates in an effort to reduce plastic waste. This initiative helped promote the importance of sustainability and environmental protection while also ensuring that the event adhered to eco-friendly practices.

Learning Outcomes for Student- Teachers:

The event provided a hands-on learning experience for the Economics pedagogy students in various aspects. The students had to plan the entire activity, from planning the menu, estimating costs to deciding on the pricing of each dish, which involved applying their theoretical knowledge of economics to real-life scenarios. The event also helped them develop essential organizational and management skills as they worked together to execute the event seamlessly.

Additionally, the students learned about teamwork, leadership, and collaboration as they worked in their respective groups to set up food stalls, decorate them, create posters for advertising, and serve the food to the guests. They also gained practical experience in sales and customer interactions, which helped them understand the dynamics of a business environment.

Conclusion:

The 'Flavours and Feasts: A Culinary Fair' was a resounding success, not only for the delicious food and cultural diversity it showcased but also for the valuable learning experience it provided to the students involved. The event was an excellent opportunity for the students of the Economics pedagogy to apply their classroom learning in a real-world context, while also promoting teamwork, collaboration, and sustainability.

The fair ended at around 2:00 p.m., leaving the participants and guests with a sense of satisfaction and joy. It was a wonderful reflection of how creativity, collaboration, and education can come together to create an event that is both enjoyable and educational for everyone involved. The Economics and Commerce Club truly managed to deliver a meaningful experience through this culinary fair, and it will surely be remembered as a highlight of the academic year.

Riddhi Rajendra Nikam

F. Y. B. Ed.

Science Club Activity: National Science Day Celebration

The National Science Day was celebrated with great enthusiasm at Smt. Kapila Khandvala College of Education on 28th February 2025. The event was organized by the second-year B.Ed students, focusing on the theme of "Ancient Indigenous Technology."

The session commenced with an introduction that emphasized the significance of National Science Day in India and provided an overview of various ancient indigenous technologies. Before streaming the videos, Dr. Sunil Rajpurkar provided background information on the making of these videos, which were prepared by students from previous batches.

The event was graced by Dr. Jayashree Inbaraj, Principal of Smt. Kapila Khandvala College of Education, who highlighted the importance of science in everyday life and the need to preserve and carry forward ancient technological knowledge. Additionally, Dr. Gilit Cohen addressed the students, offering valuable insights into the relationship between serendipity and scientific discoveries.

The session featured a series of student-prepared videos showcasing different ancient indigenous technologies. Each video was accompanied by a detailed explanation and a working model demonstration:

1. Lathe Machine and Traditional Rice Mill – Explained by Sharayu, the video discussed the history, working principles, and applications of these machines, along with a demonstration of their models.
2. Electric Battery by Sage Agastya – Apurv elaborated on the ancient concept of an electric battery, explaining its working and applications.
3. Ancient Irrigation Methods – Sakina presented various traditional irrigation techniques, including the moat, chain pump, dhekli, and rahat, emphasizing their historical significance and applications.
4. Rainwater Harvesting in Indian Deserts (Kunds) – Ritesh explained the age-old rainwater harvesting methods, accompanied by a working model demonstration.
5. Khadi Weaving Process – The video illustrated the significance of khadi, especially during the Indian freedom movement, and showcased the process of weaving khadi into threads.
6. Indigenous Warfare Instruments – Ayisha presented a detailed study on ancient warfare technology, particularly the catapult, its scientific principles, and its applications.
7. Water Lifting Using Persian Wheel Method – Pooja explained how the Persian wheel evolved into modern water lifting techniques and further discussed its application in daily life.

The videos, enriched with working models, provided an immersive learning experience. Towards the end of the session, a student shared feedback, appreciating the creativity, coordination, and effort put into making the event successful.

The event concluded with an insightful closing note by Dr. Sunil Rajpurkar, the professor in charge of the science pedagogy, appreciating the students' efforts and reinforcing the significance of understanding and preserving indigenous technologies.

Overall, the National Science Day celebration was more than just an academic event—it was a journey through time, exploring the brilliance of ancient innovations. The enthusiasm and hard work of the students were evident in every presentation, making the session both educational and engaging. It was a day filled with curiosity, discovery, and a shared appreciation for the scientific advancements of our ancestors, leaving everyone inspired to continue exploring the wonders of science.

Simran Sanjay Cerejo

S. Y. B. Ed.

Celebration of Eid-al-Fitr and Gudi Padwa

On 3rd April, 2025 Smt. Kapila Khandvala College of Education joyously celebrated two culturally rich festivals—Eid-al-Fitr and Gudi Padwa—through a vibrant and inclusive event that highlighted unity in diversity.

The celebration began with the Gudi Ubharna ceremony held in the college’s terrace garden, led by Principal Dr. Jayshree Imbaraj, with the active participation of faculty members, non-teaching staff, and students. The hoisting of the Gudi symbolized prosperity, new beginnings, and the spirit of Maharashtrian tradition.

This was followed by a series of engaging competitions that showcased creativity and festive spirit, including Mehendi, Make-up and Hairstyle, and a MasterChef competition. Students enthusiastically participated and displayed their talent, adding a lively and colourful touch to the day.

The main cultural program commenced in the second half of the day, gracefully hosted by Shakeel Badgujar and Rachel Fernandes. The event featured a thoughtful blend of performances representing both festivals. It began with a skit portraying the significance of Eid, followed by a soulful Nasheed, a traditional form of Islamic devotional music by the F.Y.B.Ed batch of 2024-2026. The essence of the day was held together by short quiz sets of 3 rounds, where each festival was highlighted and presented to know more about it by Alfiya Sayed, Riddhi Nikam and Sakina Khan.

A musical segment by F.Y.B.Ed batch of 2024-2025 beautifully highlighted the spirit of Gudi Padwa, Chaitra Navratri, and paid homage to Chhatrapati Shivaji Maharaj on his Punyatithi, blending historical pride with festive celebration.

The event concluded with a heartfelt prayer song, “Hich Amuchi Parthana,” emphasizing a message of unity, equality, and communal harmony, reminding everyone that humanity transcends religious and cultural boundaries.

This unique celebration of two festivals not only brought joy and peace but also created a shared space of togetherness, fostering respect and understanding among all. It was a true reflection of our nation’s diversity and the college’s inclusive spirit.

Rachel Fernandes

F. Y. B. Ed.

International Webinar on “The Educator’s Toolkit: Upskilling for 21st Century Classrooms

The first day of the two-day international webinar on ‘The Educator’s Toolkit: Upskilling for the 21st Century’ focused on the rapid transformations occurring in 21st-century classrooms and the evolving role of educators. The session was hosted by Sharayu and Mantasha, who warmly welcomed the esteemed guests and participants.

The event commenced with the inaugural session. In her welcome address by Dr. Jayashree Inbaraj, Principal of Smt. Kapila Khandvala College of Education, emphasized the need for educators to adapt to changing educational landscapes, foster collaboration and innovation, and create meaningful learning experiences.

The Chief guest for the inaugural session, Dr. Adit Gupta, Principal, MIER College, Jammu, delivered the keynote address on ‘Upskilling in Higher Education.’ His address focused on two crucial aspects—enhancing existing skills and acquiring new competencies. He outlined key areas such as:

- The urgency of upskilling in teacher education
- The role of NEP 2020 in shaping professional development
- Essential domains of upskilling and implementation strategies
- Integration of technology in the classroom
- The transformative role of AI in teacher preparation

Dr. Gupta highlighted the challenges educators face in catering to diverse learning needs and emphasized that upskilling is not optional but mandatory. He elaborated on the role of teacher educators in facilitating continuous professional development, ensuring structured technology integration, and leveraging AI for teacher preparation.

The first technical session, on ‘Reflections – The Game Changer,’ was conducted by Dr. Rachna Singh, Founder-President & CEO, WomEnablers Foundation, Gurgaon. She emphasized the role of reflective practices in enhancing teaching and learning and the need for teachers to equip students with communication, collaboration, creativity, and critical thinking skills.

Ms. Singh introduced the concept of ‘The Mind’s Staircase,’ illustrating the progression toward deeper thinking. She differentiated between thinking, contemplating, and reflecting, explaining their impact on self-awareness, learning, decision-making, well-being, and relationships. To support reflective practices, she discussed frameworks such as Gibbs’ Reflective Cycle, Kolb’s Experiential Learning Cycle, and Boud, Keogh, and Walker’s Model. She also explored various methods of reflection, including self-reflection, emotional awareness, self-assessment, and observation. The session concluded with thought-provoking questions encouraging educators to integrate reflective practices into their teaching.

The second technical session, on ‘Empathy – A Tool for Impact and Change,’ was conducted by Mr. Ujjwal Banerjee, Founder & Director, Walking Within, Mumbai. He explored the critical role of empathy in education, emphasizing its significance in teacher-student relationships and classroom engagement.

He elaborated on how empathy plays a crucial role in teacher-student relationships and discussed the relational, cognitive, and affective dimensions of teaching. Key points discussed included:

- The power dynamics in the classroom
- The role of curriculum, pedagogy, and assessments in student engagement
- The importance of interpreting silence and absence in student responses

He emphasized that nurturing empathy is a lifelong process, requiring educators to step beyond themselves despite various systemic and internal challenges. His session reinforced that empathy enhances student morale, belongingness, and engagement.

The next technical session was on 'Ready, Set, Serendipity! Empowering Teachers with Future-Ready Skills.' The resource person for this session was Dr. Gilit Cohen, Senior Lecturer, Zefat Academic College, Israel. She explored the role of serendipity in education, explaining how unexpected discoveries and unplanned moments shape meaningful learning experiences.

Key themes of her session included:

- Upskilling, reskilling, and deskilling (letting go of outdated methods to adopt more effective ones)
- The four types of serendipity and their applications in education
- How serendipitous learning fosters resilience, adaptability, and curiosity
- The shift from structured content delivery to curiosity-driven learning

She emphasized the need for a mindset shift in education, moving from knowledge delivery to discovery, fear to embracing uncertainty, and rigid curricula to flexible, organic learning processes.

The next technical session on paper presentations by the participants was focused on two themes: Integrating Technology in the Classroom and Innovative Pedagogies

The session was chaired by Dr. Apurva Pansikar, Assistant Professor, Department of Special Education, SNDT Women's University, Mumbai.

The research papers reflected varied perspectives on upskilling, reskilling, and deskilling for the 21st-century classroom. A common thread across the presentations was that, post-NEP 2020, educators must focus not only on what teachers and teacher educators need to do but also on the support systems required to strengthen teacher educators as anchors for the teaching profession.

Overall, Day One of the webinar set the tone for further exploration into essential skills and strategies for future-ready educators.

The second day of the Webinar focused on digital literacy, AI-powered learning, and sustainable education practices. The sessions provided educators with practical insights into advanced online search techniques, AI integration in teaching, and teacher well-being.

The technical session, on 'Art & Science of Online Search Skills for Effective Teaching, Research & Publications,' was conducted by Professor Dr. Santosh C.H., University Librarian, Central University of Haryana. This session aimed to equip educators and researchers with advanced search strategies for accessing and utilizing scholarly literature efficiently.

Dr. Santosh began by introducing the fundamentals of academic research and demonstrated various e-resources, catalogs, and databases that facilitate effective literature searches. He elaborated on Specialized search engines, The STARLITE framework, which provides a systematic approach to literature searches, including sampling strategies, search approaches, study types, and inclusion/exclusion criteria

Dr. Santosh emphasized the importance of evaluating, synthesizing, and integrating information effectively in academic work.

The next technical session was on 'AI-Powered Learning.' The resource person for this session was Professor Krishnakanta Roy. This session delved into the role of Artificial Intelligence (AI) in education and how AI tools can enhance teaching methodologies and student engagement.

Professor Roy opened the session with a reflective discussion, asking participants about their teaching experiences, subject expertise, and instructional methods. This led to an insightful conversation about the challenges educators face and how AI can be leveraged to address these issues.

He introduced several AI tools for teaching, demonstrating how they can:

- Generate lesson content and study materials
- Create Multiple-Choice Questions (MCQs) and interactive quizzes
- Assist in note-making and PowerPoint presentation design

Some of the AI tools discussed included Edpuzzle, Harpa, and ScreenPal, which can streamline lesson planning and classroom activities.

While acknowledging the efficiencies brought by AI, Professor Roy also highlighted its limitations, particularly regarding: impact on creativity and critical thinking, ethical considerations in AI usage, and the importance of human intervention in content personalization. He emphasized the need for balance in AI usage, suggesting that educators should periodically unplug from AI-driven learning and focus on developing students' independent thinking skills.

The final technical session, was of paper presentations, focused on the themes Sustainable Education Practices and Teacher Well-Being and Professional Growth. The session was chaired by Dr. Gomati Shah, Tata Institute of Social Sciences, Mumbai.

Presenters showcased their research and best practices related to sustainable teaching methodologies, professional development, and holistic well-being in the education sector. The discussions highlighted the importance of teacher empowerment, mental health support, and innovative pedagogies in enhancing the effectiveness of educators.

The second day of the international webinar provided valuable insights into digital literacy, AI-driven education, and sustainability in teaching. Key takeaways included:

- The importance of advanced search skills in academic research
- The potential and limitations of AI in education
- The need for educators to continuously upskill and maintain professional well-being
- The emphasis on ethical AI usage, reflective practices, and sustainable education reinforced the broader theme of empowering educators with future-ready skills.

With insightful discussions and practical strategies for 21st-century teaching, the two-day webinar successfully provided educators with the tools, knowledge, and motivation to embrace transformation in education.

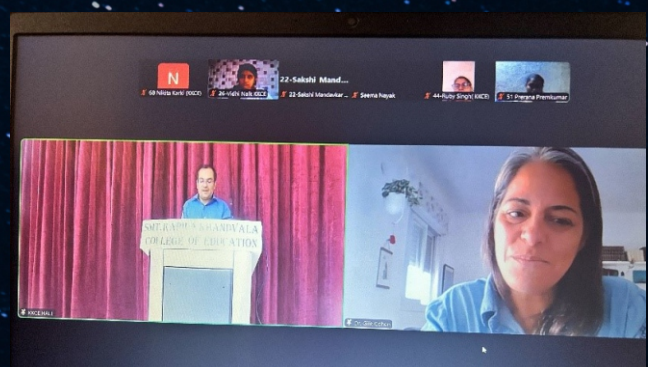
Rapporteurs

Prof. Dr. Sheetal Zalte

Ms. Orane D'Souza, Ms. Aarti Kadam (S. Y. B. Ed.)

Ms. Rachel Fernandes, Ms. Sakshi Jain (F. Y. B. Ed.)

International Webinar The Educator's Toolkit: Up skilling for 21st Century Classrooms





Women's Day Celebration

On the occasion of International Women's Day on 8th March 2025, Smt. Kapila Khandvala College of Education organized a powerful and enriching session that left a lasting impact on everyone present. This year's global theme, "Invest in Women: Accelerate Progress," emphasized the urgent need to move from awareness to action in pursuit of gender equality, economic empowerment, and mental well-being. To commemorate this significant day, we were deeply honoured to welcome Dr. Swati A. Gadgil as our guest speaker—an extraordinary woman whose multifaceted journey embodies the very essence of progress and purpose.

Dr. Swati A. Gadgil is a seasoned anaesthesiologist with over three decades of experience, a legal expert, social activist, columnist, award-winning poet, and an inspiring public speaker. She has held several leadership roles in the Indian Medical Association, including President of the Dombivli branch and Chairperson of the Women Doctors' Wing, Maharashtra. Alongside her medical career, she completed a Master's in Law with top distinctions and has been recognized by the Indian Society of Anaesthesiologists and the IMA for her outstanding contributions.

She is the force behind Mission De-addiction, which has already crossed over 425 sessions in India, Nepal, and Africa, spreading awareness and educating thousands of students. Equally impactful is her Mission Menstrual Hygiene, where she has conducted nearly 80 sessions, ensuring young girls and women receive vital knowledge and resources. Her NGO, Dombivli Women's Welfare Society – Naya Savera, continues to uplift women through education, vocational training, and healthcare initiatives. Dr. Gadgil has also led 750+ lectures on gender sensitization, conducted medical training programs in Africa, worked on human rights projects, and proudly represented India on global platforms.

Her session on Mental Health and Well-being of Women was one of the most engaging and thought-provoking experiences of the day. Dr. Gadgil explored the significance of emotional well-being, the various types of mental disorders, their symptoms, and realistic strategies to maintain mental balance. What made her talk incredibly special was her ability to connect with the audience—her reflections on teacher mindfulness, the emotional burdens we carry, and how our actions affect others were especially impactful. She emphasized the importance of work-life balance, reminding us to "be home on weekends," a gentle yet powerful call to prioritize our mental peace and relationships.

One of the most touching stories shared during the session was about Ulafat Bano, a courageous woman who delivered lunch boxes in an extremely snowy and remote region. Despite the harsh climate, she continued her work with dedication and resilience, becoming a symbol of determination and quiet strength. Dr. Gadgil used this story to highlight how everyday women, even those away from the limelight, are heroes in their own right. Ulafat Bano's story served as a reminder of the incredible willpower and grit that women embody in their daily lives, often unnoticed, yet deeply inspiring.

The entire session was not just informative but deeply motivating. Dr. Gadgil's words instilled a sense of purpose among all present, especially young women aspiring to lead meaningful lives. Her journey and vision proved that one can wear many hats with passion, discipline, and a strong sense of social responsibility. Her humility, wisdom, and warmth made the event unforgettable.

On behalf of our institution, we express our heartfelt gratitude to Dr. Swati A. Gadgil for her valuable time, inspiring words, and unwavering dedication to change. Her session was a celebration of womanhood, strength, and resilience—and an unforgettable tribute to the spirit of International Women's Day. The day culminated in a profound enrichment of knowledge, leaving us intellectually invigorated and profoundly enlightened by the multitude of insights acquired.

Ms. Ayesha Jaffer & Ms. Asma Shaikh

F. Y. B. Ed.

Guest Lecture on: Organising Sports and Activities on Playground

Smt. Kapila Khandvala College of Education organized a guest lecture on 'Organising Sports and Activities on Playground' by Department of Physical Education, University of Mumbai on 28th March 2025, where all student teachers of FY B.Ed attended the session. The guest lecturer who conducted the session was by Mr. Durgaraj Konar, who joined us as a visiting faculty and Ph. D. Scholar in the Department of Physical Education at Mumbai University. The aim of the session was to enlighten the student-teachers about the importance of sports and activities in school and in student's life.

The session started with a brief introduction about Mr. Durgaraj Konar and further proceeded where he had an interaction with student-teachers on physical education and physical training in schools and their importance for students. It was an interactive segment where the student-teachers discovered how physical education develops psychological, sociological and physiological aspects of students. There was a brief discussion about its aims and objectives and how it impacts a student's academics and how it shapes their behaviour too.

Further, the session was about what play, games, sports is and what is the difference between them. Mr. Durgaraj sportingly explained about their differences and answered questions by giving us a valuable learning. He cleared the doubts and explained it very clearly. A small activity of yes or no was conducted where questions of Myth and Misconceptions were asked and the student-teachers actively participated. Sir also explained various types like indoor and outdoor activities, individual games and sports, track and field events, combined events-decathlon for men and hepthathlon for women. Different kinds of games like traditional games, recreational games, ball games/war games, hit and run games, combat parts etc. and how these games are beneficial for a student mentally and physically. The session also held a small fun activity of matching items related to sports and games.

The lecture was all about sports, games and how important it is for schools and teachers to organise these sports and games for students to enhance their minds and help them be physically fit. Sir demonstrated about laws of motion practically and its significance in sports and games. He shared his experience as a PE teacher in schools and guided us about how should we conduct such sports and activities for students and keep them engaged and interested. A very interesting discussion was held regarding how Olympics started and why it started was that to bring peace among countries after the World War II. How Olympic or any sports and games have contributed in bringing peace and avoiding more wars as the aggression got channelized in the form of sports.

The theory session was very impactful and informative. The practical session was conducted where the student-teachers played some games. The whole class was divided into four groups and games like dragon and tail, sakli, blindfold game, fire in the mountains etc were played and it was a refreshing and enjoyable session for everyone. Lastly, the session was ended with a vote of thanks to Mr. Durgaraj Konar for guiding us, and giving an informative session on sports and activities.

Overall, the guest lecture was very useful for student-teachers as it taught various advantages about sports and activities in student's academics. It gave a valuable learning on how sports, games, activities can have a positive impact on students and how they can improve their ability in not only academics but also in sports. The student-teachers learnt a very important aspect of teaching.

Ms. Aryaa Upadhyay
F. Y. B. Ed.

National Mathematics Day Celebration

The Mathematics Department of Smt. Kapila Khandvala College of Education (Autonomous) celebrated National Mathematics Day with great enthusiasm on 23rd December 2024, to mark the birth anniversary of the renowned Indian mathematician, Srinivasa Ramanujan, often referred to as “The Man Who Knew Infinity.” The celebration aimed to honour Ramanujan’s remarkable contributions to mathematics and to instil a deeper appreciation for the subject among students.

The event commenced in the morning assembly, where students and faculty gathered in a spirit of reverence and curiosity. As a symbolic gesture, badges featuring an image of Ramanujan were distributed to all students, fostering a sense of pride and inspiration.

Following the assembly, students assembled in the CM Trivedi Hall, where First Year B.Ed. (FYBEd) students presented a musical tribute — a song narrating the life and legacy of Ramanujan. The presentation beautifully portrayed the challenges and achievements of Ramanujan’s life, from his humble beginnings to his groundbreaking contributions in mathematical theories and number patterns.

To further enrich the experience, two thought-provoking posters were displayed by FYBEd students:

“Mathematical Patterns in Nature” – This poster showcased fascinating examples of how mathematics is intrinsically present in the natural world, such as the Fibonacci sequence, symmetry, and fractals.

“10 Essential Traits of a Great Math Teacher” – This informative poster highlighted the qualities that make an effective and inspiring mathematics educator, emphasizing the importance of clarity, patience, creativity, and passion.

As the day progressed, an engaging Mathematics Quiz Competition was conducted for all First Year (FY) and Second Year (SY) B.Ed. students. Curated and facilitated by the FYBEd students, the quiz covered a wide range of mathematical concepts, puzzles, and logical reasoning challenges. It provided a platform for healthy competition, collaboration, and critical thinking.

The celebration concluded on a high note, leaving participants with a renewed admiration for mathematics and the genius of Srinivasa Ramanujan. The event was a successful blend of creativity, learning, and tribute, reflecting the department’s commitment to making mathematics both meaningful and enjoyable.

Anjali Popat
F. Y. B. Ed.

Contributions by Staff & Students



Student Contributions

Beginning Of the Ending

The Ocean Danced with the wind,
created by its own waves.
While I doubted my own existence
for someone I never knew well.

The waves sang their own melody,
Leaving the burning sand wet
in their trails,
while I saw the burning sun
sank into the eternal waves.

I was too lost to understand
I was the guide of my own way,
thinking someone was needed
to handle my sail.

Couldn't erase the memories
of my past.
Became too blind
to admire the beauty of stars,

Thought my whole world
reflected those eyes,
was too conflicted to
understand
those were.... mine.

The rivers reflected my heart
as they kissed the oceans to stay.
I held it to others
instead of letting it go my way.

Beauty

Ocean-like eyes,
holds deeper than its sights
Freedom of a bird,
hairs flying with soft tide.
Beauty of her heart,
makes me feel like I am dying.

Good Deeds

A little help won't make us sad,
A small good deed is never bad.
The kindness shines like a blooming
flower,
A gentle beam that shows our
power.
Good deeds are done with heartfelt
tries,
And joy is spread when all unite.

- *Sakshi Mandavkar*
S. Y. B. Ed.

Eternal Embrace

In love's tender gaze, we find our
way,
A sunlit path on a brand-new day.
Hearts intuned, souls forever tied,
In love's embrace, we'll never hide.

Through stormy season or skies so
clear,
Love's flame burns bright, casting
out fear.
In laughter, tears and moments
sublime,
Love's enduring rhythm a sweet
chime.

A journey of passion, deep and true,
In love's warm glow, I find my cue.
For love's sweet dance, we're hand
in glove
Forever united, in this tale of love.

- *Prerna Premkumar*
F. Y. B. Ed.

With or without you

With you or without you
Every place has its own
charm,

In those mountains, skies,
and gentle breezes form.
In changing seasons, joy and
sorrow face,

In reunions and goodbyes, a
complex, tender space.
The world feels different,
with or without you, A
paradox of happiness and
longing true.

Joy, because I'm in a place
that soothes my soul,
Where my mother's heart
finds peace, and mine makes
whole.

Sorrow, because leaving you,
I cannot bear, Yet, fate
demands we part, for days to
share.

With you, unfamiliar places
feel like home,
Evenings bloom with color,
and heart's sweet tone.

Without you, those same
evenings turn to gray, A
melancholy hue, a heart that's
lost its way.

- *Farheen Sheikh*

मैं टूटी नहीं हूँ

टूट गए थे सपने मेरे,
पर फिर भी जीती हूँ अँधेरो।
टूट कर सँभल रही हूँ खुद को,
आँसू पोंछ कर बोलती हूँ सबको।

हर पल खुद से लड़ती हूँ,
खुद पर ही सवाल करती हूँ
सोच-सोच कर रातों को रोई,
पर सुबह फिर नई रोशनी खोई।

अब सँभल रही हूँ मैं खुद को,
गिर कर भी उठी हूँ हर मोड़ को।
मैं हारी नहीं हूँ, रुकी नहीं हूँ,
बस वक़्त से थोड़ी सी झुकी हूँ।

किस्मत ने मुझको धोखा दिया,
हौसले ने फिर साथ दिया।
मैं गिर कर उठूँगी बार-बार,
बन जाऊँगी मैं अपनी तलवार।

मेहनत से सपने सजेंगे नए,
मंज़िल मेरी होगी सच्चाई।
ना थकूँगी, ना रुकूँगी,
अपने लक्ष्य पर फिर से उड़ूँगी।
मैं अँधेरों से रौशन बन जाऊँगी,
टूटी थी कल, आज मैं छा जाऊँगी।
ज़ख्म मेरे होंगे मेरी पहचान,
पर हौसला होगा मेरा असली सामान।

- Nargis Sheikh
F.Y.B.Ed

मिट्टी की खुशबू जैसी मैं

छोटी-सी दुनिया है मेरी,
कुछ अपने, कुछ खामोशियाँ गहरी।
शब्दों से ज़्यादा सोचती हूँ,
चुप रहकर भी सब कुछ महसूस करती हूँ।
लोग कहते हैं — ज़्यादा बोलो, सबसे मिलो,
पर मैं तो खुद से ही हर पल सवाल करती हूँ।

आँखों में जज़्बा है, पर अल्फ़ाज़ कम हैं,
दिल में कहानियाँ हैं, पर सुनने वाले बस कुछ नाम हैं।
मैं एक ऐसी किताब हूँ जिसे हर कोई पढ़ना चाहता है,
पर कुछ ही लोग समझ पाते हैं मेरा हर सफ़हा, हर
सिलसिला।
इंट्रोवर्ट हूँ, हाँ... पर कमज़ोर नहीं,
ज़्यादा सोचती हूँ, पर बेकार नहीं।

धीरे-धीरे निकल रही हूँ अपने कम्फ़र्ट ज़ोन से,
जैसे कली खिलती है धूप में थोड़े से घूमने के बाद से।
नाराज़ नहीं हूँ दुनिया से, बस थोड़ी-सी दूर हूँ,
खुद को समझने में ही लुपी है मेरी पूरी नूर हूँ।
सीख रही हूँ सबके बीच खुद को ना खोना,
और भरोसे से कहना — मुझे भी है कुछ कहना, कुछ होना।
थोड़ी-थोड़ी बातों में अब ढूँढती हूँ रंग,
बदल रही हूँ मैं, थोड़ा-थोड़ा हर अंग।

शर्मिली हूँ, पर चमकूँगी भी,
अपनी जगह, अपने लोग, अपनी दुनिया में छा जाऊँगी।
मैं खुद से दोस्ती कर रही हूँ,
और उसी में अपनी रौशनी पा रही हूँ।

- Nargis Sheikh
F.Y.B.Ed

Life Journey

Nature's purity calms the soul,
Like trees, we face life's trials
whole.
We grow, we scar, we
persevere,
Carrying past wounds,
yet still we thrive here.
Life's journey unique, with
challenges our own,
We face darkness, but don't let
it be known.
For in the shadows, strength is
found,
And in the light, love abounds.
Let's cherish every moment we
share,
In joy and sorrow, show we
care.
Life's fleeting, don't let it slip
away,
Make each day count, come
what may.

- Farheen Sheikh
F.Y.B.Ed

"I know you're different and
unique. People don't see the
world the way you see."

- Farheen Sheikh
F.Y.B.Ed

فلسطين

"From River to the Sea Palestine will
Be Free..."

Farheen Shaikh F.Y.B.Ed

जीवन

जीवन हे सुंदर असत
त्याला अजून सुंदर
बनवायच असत
जीवनाला कंटाळून
जायच नसत
संकटकाळात आधारासाठी
कुणीच नसत
धैर्याने काम हाती
घ्यायच असत
संकरात मात करून
पुढे जायच असत
दुःखाचा डोंगर घेऊन
बसायच नसत
जीवनातल सुख
अनुभवायच असत
प्रेमाच्या भांड्यात
पडायच नसत
प्रेमामध्ये कंप झाल्यावर
रडायच नसत
जीवन एवढे
वाईट नसत
जगायचा प्रयत्न
करायच असत
काहीतरी मोठ
करून दाखवायच असत

- *Mrunali Jasud*
F.Y.B.Ed

Have We Forgotten What Food Truly Means?

"Food" is said to be the basic necessity of every living organism. For instance, has anyone thought about how the food was meant in the past?

In ancient times food was meant for survival of life by hunting, gathering, and farming. Later through our ancestors it connected us with different cultures for example Pongal, Onam and Makar Sankranti, health remedies like Kashayam also called herbal decoction and Churna, preservation methods such as salting, drying and fermenting like pickle, salted dried fishes and meats. Also it was meant for humans to have 3 meals a day. The routine of a common man used to be to wake up early before the sun rises, complete their household work, go to work, return home before evening, make dinner, have it before the sun sets and go to sleep.

In the present era, in the name of development humans have already begun artificial ripening of fruits for early harvest, eating junk food in leisure time as well as their main meals, consuming processed food and injection marinated meat which is bad for health that causes early puberty. Having heavy meals by going outside at night and after midnight affects the normal health as well as for night shift workers the situation is even worse. Even after knowing the ill effects of outside food they have it in the name of enjoyment, party, treat, etc. There is a phrase known as "Digging the same hole again" which best suits this situation.

Humans are gradually ignoring the true value of food because it is always available when needed and can be easily stored due to modern facilities. With medical help accessible nearby for minor health issues, people have become careless about their eating habits. If this continues, traditional and mindful food practices may fade, leading to unhealthy dietary patterns in the future.

Shouldn't we prioritize eating in a way that nourishes our bodies instead of harming them? The future of food depends on our choices-will we continue unhealthy trends, or will we start valuing meals that truly benefit our well-being?"

- *Tency Selvam*
F.Y.B.Ed

बचपन से परछाड़यों तक

एक कली सी थी, जब सिर्फ मुस्कराना सीखी थी,
हर आँसू को हँसी में छुपाना सीखा था।
जैसे-जैसे दिन बीते, रात बीती, दुनियादारी दिखी,
हर रिश्ता कोई सीख दे गया, हर मोड़ कुछ छीन ले गया।

दुनियादारी का तो पता भी नहीं था, सभी अपने थे, नहीं था कोई पराया।
बचपन की नज़रों में हर चेहरा भरोसे जैसा था।
पराए तो सब ही थे,
फिर भी किसी अजनबी में अपनापन नज़र आया।

खोज थी खुद की — खोजते-खोजते कहीं खुद को खोया,
जब खुद को खोया, तब ही खुद को जाना।

आईने में चेहरा वही था, पर आँखों में कोई और बस गया था।

दूसरों को समझने की कोशिश में खुद को लिया समझ,
जब उनकी कहानी सुननी चाही, तो अपनी ही आवाज़ गुम हो गई।

फिर कौन अपना, कौन पराया?
शब्दों से नहीं, खामोशियों से जवाब मिला।

अब समझ में आया —
मुस्कराना सबसे मुश्किल काम है, जब हँसने की वजहें खो जाएँ।
और सबसे रोशन वही काली रात होती है,
जिसमें कोई मुस्कराना भूल जाए।

- *Sakshi Jain, F.Y.B.Ed*

एक भूख थी...

एक भूख थी— पता नहीं कहाँ चली गई।
वही भूख, जो कभी हर बच्चे के भीतर
धड़कती थी—
आगे बढ़ने की, आगे पढ़ने की,
परीक्षा से पहले रात भर जागने की,
और प्रश्नपत्र के दिन, भगवान से बिना मध्यस्थ
के संवाद करने की।
आज के बच्चे भूखे नहीं हैं—
वे पहले से ही तृप्त हैं।
इतनी अधिक उपलब्धता है
कि भूख को मुँह खोलने का अवसर ही नहीं
मिलता।
ऑनलाइन नोट्स, रिकॉर्डेड व्याख्यान,
कृत्रिम बुद्धिमत्ता के उत्तर, और अंतहीन रील्स
के बीच
भूख शायद किसी कोने में बैठकर सोच रही
है—
“यहाँ मेरी आवश्यकता ही क्या है?”
कभी परीक्षा से पहले तनाव होता था—
माता-पिता, बच्चा और भगवान
तीनों एक ही पृष्ठ पर होते थे।
नास्तिक बच्चे भी, एक दिन के लिए
आस्तिक बन जाते थे।
अतिरिक्त अंकों के लिए, भगवान को मनाना
एक स्वीकृत परंपरा थी—
“बस इस बार पास करा दीजिए,
अगले वर्ष निश्चय ही रोज़ मंदिर आऊँगा।”
आज वह परंपरा, धीरे-धीरे इतिहास बनती
जा रही है।
अच्छा भी है—
कम दबाव, कम भय, थोड़ा सहज जीवना
पर मन में एक प्रश्न भी जन्म लेता है—
कितना सहज होना पर्याप्त है?
आज के बच्चे आत्मविश्वास से कहते हैं—
“हम स्मार्ट वर्क करते हैं।
आपके समय में आप लोग हार्ड वर्क करते
थे।”
कथन में कोई त्रुटि नहीं है।
पर कभी-कभी ऐसा प्रतीत होता है
कि स्मार्ट वर्क का अर्थ, काम को इतना सरल
बना देना हो गया है
कि परिश्रम का अनुभव ही
अप्रासंगिक हो जाए।

दुनिया बदल रही है, सोच बदल रही है,
पालन-पोषण भी समय के साथ विकसित हो रहा
है—
यह परिवर्तन आवश्यक भी है, स्वागतयोग्य भी।
किन्तु कक्षा में कभी-कभी
वह दृष्टि..., वह एकाग्रता...
आँखों की वह चमक,
जो शिक्षक के भीतर, और बेहतर करने की आग
जला देती थी, आज कुछ मद्धम-सी लगती है।
यदि हर वस्तु बिना प्रयास के उपलब्ध हो जाए,
यदि हर प्रश्न का उत्तर बिना खोज, बिना जिज्ञासा
मिल जाए,
तो सीखना धीरे-धीरे, एक जीवंत अनुभव नहीं,
सिर्फ एक औपचारिक प्रक्रिया बनकर रह जाता
है।
तब यात्रा तेज तो होती है, पर उसमें गहराई नहीं
होती,
न ही ठहरकर समझने का अवकाश मिलता है।
इसलिए चिंता इस बात की नहीं है
कि बच्चे कितनी गति से आगे बढ़ रहे हैं,
चिंता इस बात की है
कि क्या वे यह समझ पा रहे हैं—
कहाँ रुकना आवश्यक है,
क्यों रुकना आवश्यक है,
और उस ठहराव से उपजी समझ के साथ
फिर आगे बढ़ना कैसे है।
क्योंकि जीवन की सबसे मूल्यवान सीख
दौड़ते हुए नहीं मिलती— वह मिलती है
ठहरकर देखने, सोचने और महसूस करने में।
शायद हमें उस भूख को
फिर से पैदा नहीं करना है—
बस उसे याद दिलाना है, कि वह अब भी
आवश्यक है।
अंकों के लिए नहीं, डिग्रियों के लिए नहीं,
बल्कि सीखने के आनंद के लिए।
क्योंकि जब सीखने की भूख जीवित रहती है,
तभी शिक्षा सिर्फ सफलता की सीढ़ी नहीं,
बल्कि, मानव बनने की प्रक्रिया बनती है।

— श्रीम. उपासना राय
सहाय्यक प्राध्यापिका (के. के. सी. ई.)

आज स्कूल जाने का मन नहीं...

आज स्कूल जाने का मन नहीं,
कंधेपे लगे घाव पर, बस्ता बारबार चुब रहा है।
एक हाथ से बस्ता संभालती हूँ सही,
मगर कल की याद आँखोंमें आँसू लाती है!
आज दोस्तों के साथ खेलने का मन नहीं,
भाग- दौड़, कट्टी – बट्टी करने की ताकद नहीं है।
कल बिनबताये पड़ोसमें खेलने गई थी,
जैसेही घर आयी, दादाजी की जोरोंसे छड़ी मिली है।
आज पढ़ाई का मन नहीं,
लिखती हूँ तो उंगलिया दर्द करती है।
बताओ इतनीसी बच्ची को, इतना मारता है कोई?
ऐसे दिनों, मम्मीकी बहुत याद आती है।
आज लगता है दुनिया में मेरा कोई नहीं,
मम्मी- पापा नौकरी करने शहर गए है।
अब बस दादा-दादीके ताने है मेरे साथी,
क्या पता उन्हें मुझसे इतनी क्यों नफतरत होती है।
“आज क्यों शांत है हमारी प्यारी?”
टीचर सरपे हाथ रखकर मुझसे पूछ रही है।
क्या बताऊँ में, की हुई है जोरोंसे पिटाई?
पर लागता है टीचर को मेरी उलझन समझ रही है।
टीचर मुझसे रूठी नहीं,
बल्कि मेरे साथ आकर बैठी है।
मुझे गले लगाकर, मुझे प्यारसे समझा रही,
मेरी पूरी कहानी, ध्यानसे सुन रही है।
आजसे मेरी टीचर बनी मेरी नई सहेली,
जो घरकी बाते भूलने में साथ देती है।
पता चला सबके घर कुछ न कुछ तकलीफे होती,
जो स्कूल में टीचरके साथ 'share' की जा सकती है।

*(...In the hope that someday all
classrooms in the world are strengthened
to respond to each child's Socio-
Emotional needs)
- Riddhi Nikam (F.Y Bed. 2024-26)*

CHANCE: A van of opportunities

When the bell rang at St. Thomas High School each morning, Ramesh sat outside the iron gates, selling tea. His little kettle would hiss and sputter, but his gaze stayed fixed on the children rushing past, their backpacks swinging, their laughter ringing through the air. At ten years old, Ramesh knew he belonged to a different world, where he saw a dream to be there one day, at their place, learning what they learn, writing what they write and discovering new beginnings. He lived with his mother in a row of fragile tents tucked beside the railway tracks. His days were spent working, not learning. That is, until the white van arrived. It came one evening, rattling and dusty, but with bold letters painted along the sides.

“School on Wheels — Learning Beyond Walls.”

Ms. Tara. A former school principal who had traded boardrooms for broken roads, blackboards for a battered van. She had one mission: to bring school to the streets. To get basic education to all who were not privileged to reach the classroom door.

Inside the van was a wonderland, shelves crammed with storybooks, puzzles, flashcards; a solar-powered computer blinking patiently. All this just to ignite that one hope of gaining better education.

Ramesh stood frozen, watching her draw the alphabet on a small whiteboard. He barely knew his own name. Ms. Tara smiled at him and said, “You don’t need to know everything today. You just have to begin.” And he did. He started his journey there and then itself, to have this source which was brought at his footstep- A van filled with opportunities. It wasn’t an ordinary van, it was a van that gave Ramesh his own set of joy in his hard working days.

“But Ms. Tara, how would attend class?” Ramesh spoke, his English a bit broken, lifting his tea kettle in another hand.

“We run the van at night; you can finish your work and join us.” She smiled at him.

They began with their classes; the flow went smoothly. Every night Ms. Tara would pick Ramesh from his tea stall with other children, and stop at a vacant place. The class would go on for two hours, with them learning Languages, Science, Mathematics and Social Sciences. Ramesh became confident in his English speaking skills. He knew how to solve basic mathematical calculations. He asked doubts and questions and Ms. Tara happily solved them. She taught him how to reason and think beyond the box.

But there were days when the police threatened to tow the van for “illegal parking.” Days when angry shopkeepers yelled that the children were “wasting their time” instead of earning money. Ms. Tara fought with paperwork, petitions, sleepless nights. She registered the van as a trust. She secured an affiliation with the National Institute of Open Schooling (NIOS), giving the children a chance to earn real, recognized certificates. Slowly, the doubts faded. Slowly, hope took root.

Ten years later, on a podium, Ramesh stood with pride swelling his chest. He knew what he wanted to do.

“Ramesh Charan Rana” the speaker called.

He walked on the stage and took his second degree as an in-service teacher. He later stood in front of everyone to share his story. He was hesitant for a bit, but something in him shifted. “Dear all,” he started, “Today when I say I have graduated as a Teacher, I am filled with immense pride in my heart for that one particular teacher who always regulated my energy in right direction, who held my hand and taught me how to write, who made sure I don’t look back and give up when times were tough, she not only taught me but fought for the right to education for every single one of us. As Savitribai Phule believed that education was a tool for liberation and a means to uplift entire communities, she was my Savitribai Phule who uplifted me. This is for you Ms. Tara.” He raised his Valedictorian medal, everyone turned back to see Ms. Tara, and there she was at the back sobbing for her student’s success, clapping the loudest.

“Okay students’, can y’all say the table of 15 together?” Ramesh asks.

“15 x 1= 15.....” children say the table in the background while the van keeps moving. The van of opportunities of many Ramesh into making, it wasn’t just a regular teacher who empowered Ramesh that day, but an extraordinary teacher who went out of her way to make education a necessity in today’s time. And now it ran twice a day, as a morning alarm to wake young minds and get to study and a night siren that helped the underprivileged. Afterall, it took one Ms. Tara to build many Ramesh in the society who not just achieved great educational heights but also followed Ms. Tara’s footsteps.

Rachel Fernandes
(F. Y.B. Ed.)

Seven Minutes of Life

Born to life- Eyelids fluttering,
A soulful cry from the womb-
I go back and forth
Of dying million times.
When these numb lungs break through,
No one to pick through the pain of crawling
Finding myself a way to walk- A stick, a wall, a
table at a time;
Breaking some records,
Of stubborn medical bills,
Painting the wall and floors
Wet wipes and diapers- all through the way.
And slowly-
To rebirth as a grumpy teenager.
I take baby steps,
Procrastinating my deadlines
Into a world of mysteries-
To learn new terms,
Forgetting the old ones,
The ABCs as new syllables.
And then- A new rock hits,
Falling myself into a pit,
Harder this time
Rebirthing again as a new-old me.
I feel smashed-
Under the influence of mis happenings,
Till a strand falls off
Whole hair turned grey.
I wake up-
In bed tied up to my crisis,
Recreating those seven minutes
Revised in my head,
While I lay there, Slowly these eyes- Shutting
on forever abode.
(now read it bottom to top)

- Rachel Fernandes
(F. Y.B. Ed.)

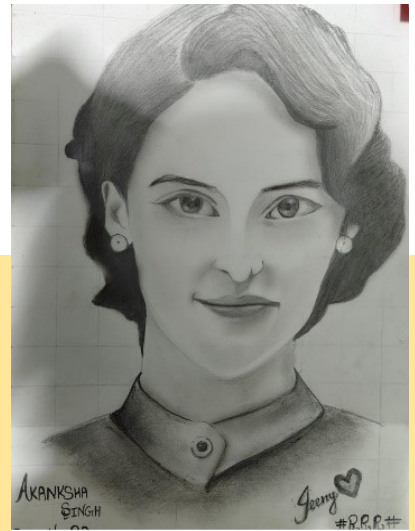
Of Life & Healing

I can see the butterflies fleet,
A ray of hope with them;
For the dull paths are blooming with blossoms now.
To escape from little cocoon of facts and phobias
To feel me,
To heal me,
I crave for touch, a sense.
That leads to glory and peace A stretch of hope, of
assurance
From road of darkness to light,
The palms of their hands over my wrist,
In a blurred vision
I caress the myths,
Of tantrums and dusted minds To see the shallow
thoughts- Stirred in a bottle.
I’m the thriller, a mystery,
A fictional string with a knot,
Around my fingers,
Playing cats cradle over life and death,
Cascading red on my left hand and sheets,
I’m a living nightmare ready to heal,
From affliction and anguish
(Now read from bottom to top)

- Rachel Fernandes



Wala Riddhi Bharat Bhai - F.Y.B.Ed



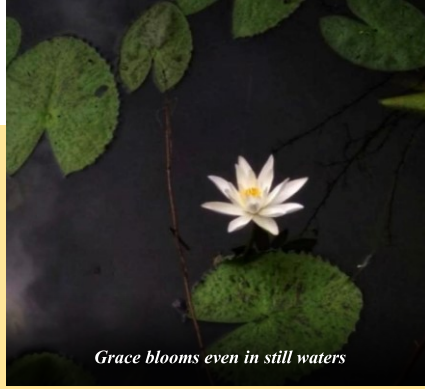
Akanksha Singh - F. Y. B. Ed.



Samuel Rebello - F.Y.B.Ed



Grace doesn't wilt—it glistens

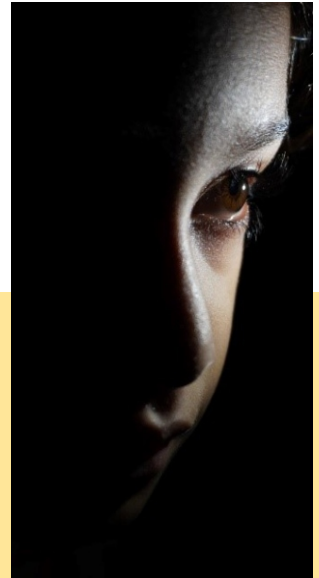
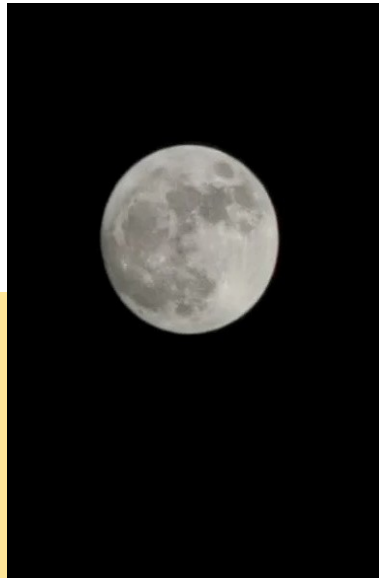


Grace blooms even in still waters



*A hint of lavender,
a whole lot of charm*

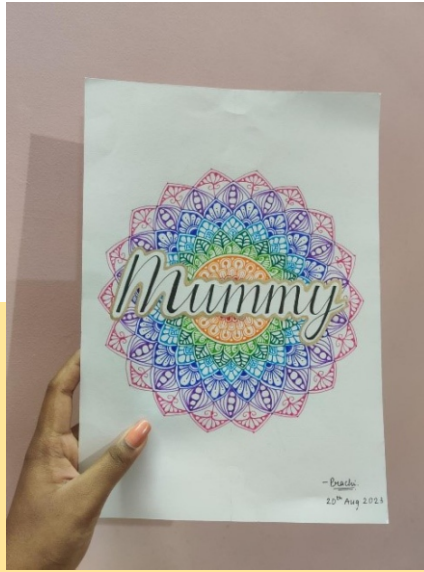
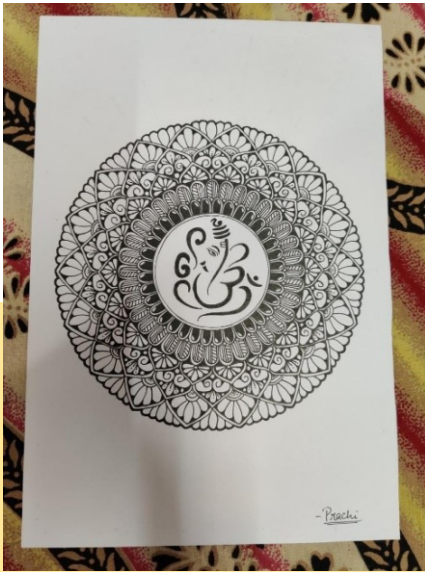
Maevis Dcosta F.Y.B.Ed



Alfiya Sayed - F.Y.B.Ed



Anjali Popat - F.Y.B.Ed.



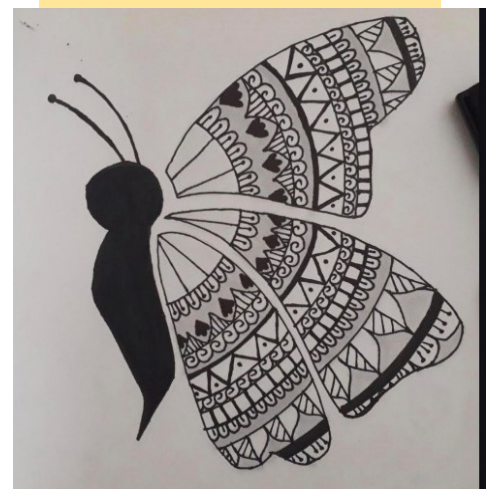
Prachi Lilakar - F.Y.B.Ed.



Tency Selvam - F.Y.B.Ed.



Arshi Khan - F.Y.B.Ed.

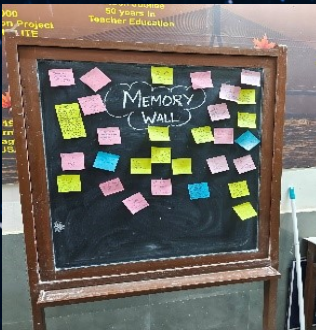


Kalpana Digmarty - F.Y.B.Ed.

Down Memory Lane



Positive Education Program



Annual Day & Farewell

Talent Show



Christmas Celebration



Food-Fair Economics Club



Science Club Exposition



Visit to Nehru Science Centre



Annual Sports Day



Annual Book Exhibition



Geography Day Celebration



Independence Day



Teachers Day



Degree Distribution Ceremony



Yoga



Voters' Awareness



Campus Placement Interviews



Navratri Celebration



Green Club



Theme Based Assembly



Diwali Celebrations



Women's Day Celebration



Community Work





**Farewell!
Dr. Smita Gupta**



Dear Smita,
We at KKCE acknowledge your unwavering dedication and long years of service to the college. Your passion for nurturing future educators and your commitment to teaching and excellence has left a lasting legacy on us.
We shall miss you Smita! We deeply appreciate your valuable contribution and wish you continued success, happiness, and fulfilment in all your future endeavours.

- Principal, KKCE

Dear Smita Ma'am,
On your retirement, we, your students of KKCE, wish to express our heartfelt gratitude to you for your guidance and support over the years. Your wisdom, expertise and encouragement have shaped not just our careers but also our values. You have been more than a teacher to us; you have been a mentor and a constant source of inspiration.
We will always cherish the memories and knowledge you have given us. Wishing you a joyful, peaceful and exciting retired life.

- Students' Voice, KKCE

Dear Smita Madam,
Wishing you all the very best on your retirement. Your significant contribution to the college: meticulous planning, sharp understanding, and keen eye for detail has played an important role over the years in impacting both students and colleagues. Your years of service and contribution to the institution will be always remembered.
May this new phase of life bring you good health, peace, and fulfilment.

- Prof. Dr. Sheetal Zalte.
Senior faculty, KKCE



OBITUARY

The KKCE family deeply mourns the sad,
untimely and unfortunate demise of Senior Clerk




Mr. Hitesh Katariya

In Reverent Remembrance...

*With steadfast duty, day by day,
You served in quiet, noble way.
Though now you rest in peaceful night,
Your service leaves a guiding light.
In honor held, your memory stays -
A tribute in our heartfelt praise.*

We extend our heartfelt condolences
to the bereaved family.
May the departed soul rest in peace.



Alumni Speak



Alumni Speak

Are Educators Supposed to Compete with Algorithms?

The bell rang. My class was over. A student looked at me and said, "Miss, today's class was boring." I smiled and replied, "Thank you. I'm proud of you cause you sailed through boredom."

You see, times are changing. Technology is advancing faster than we can catch our breath. Classrooms are evolving. Yet one message to educators has remained constant: make learning fun. And over the years, I've embraced that. I've brought creativity into my lessons through stories, simulations, role plays, and tech tools just to make learning engaging. Because when a child says, "Miss, today's class was fun," it feels like a small, hard-earned victory. But lately, I've been asking myself: Is "fun" still enough? Or even necessary every time?

We now live in an attention #economy, with children's attention spans ranging around 8 seconds, similar to a goldfish. They consume content that releases endorphins in an instant. What once came from laughter, play, movement, or joy now comes from (doom)scrolling. And so I wonder, are we, as educators, expected to compete with that?

A 60-minute lesson carefully planned, emotionally anchored, and rooted in pedagogy is now being

measured against a 30-second reel? Let's be honest. Not every lesson can be or should be fun. Learning isn't a Netflix series. It's life-building. It has ups and downs, breakthroughs and dry spells. Some days it's exciting. Some days it's exhausting. And that's okay. We need to normalise the pain of learning. Because when we do, we're not "giving up" on creativity; we're teaching powerful life skills.

We're teaching acceptance; not everything in life will feel tailor-made.

We're teaching resilience, to stick with things that don't offer immediate reward.

We're teaching delayed gratification; that growth often comes slowly.

We're teaching emotional regulation, how to sit with discomfort without fleeing.

We're teaching attention control, how to focus, even when dopamine isn't kicking.

These aren't just classroom outcomes; these are life outcomes. Let's remind ourselves: If we keep bending to entertain, when do we teach them to endure? If every moment must sparkle, when do they learn to find meaning in the quiet? Maybe the real question isn't "How to make learning fun?" Maybe it's "how to make discomfort less frightening?"

- *Ms. Priyal Shah* (Batch: 2018- 20)

Girlie, My Girlie

Girlie, my girlie, a wild little spark,
Dancing in sunlight, awake in the dark.
Laugh like a melody, soft as a sigh,
Tears like the sea when it kisses the sky.

Eyes full of questions, hands full of dreams,
Living between the loud and the seams.
You wear your courage like glitter and lace,
A lion's heart in a porcelain face.

Girlie, my girlie, I see who you are
A comet in denim, a whispering star.

They'll try to tame you with fences and rules,
But you've got magic, and they've got tools.

So run with your wonder, break when you must,
Gather your pieces with glitter and trust.
We'll be right here through the thunder and whirl
Our hands on your back, my girlie, my girl.

Girlie, my girlie, go build your own sky,
Scribble your truth and let doubters ask why.
Be fierce, be tender, be messy, be free
You're more than the world ever taught you to be.

- *Kajal D. Jayswal* (Batch: 2021- 23)

Self-Love

As a baby comes out of the cradle,
It is given all the love and barely left idle.
Little it could have predicted the soon-to-come storm,
Called expectations which would become life's norm.

They say it's growing up,
I say it's a trap laid for falling down.
When infancy turns into childhood,
That child is told, "Go to school, it is for your own good!"

Marks and back-to-back classes become priority and why?
Because of so much fees,
Slowly, slowly the child in the child is left to die,
As parents say 'Money doesn't grow on trees!'

The poor child hasn't even grown into an adult,
That it is asked "What do you want to become?"
Men go after degrees to answer that question
Women either get them or are gotten married without
question.

Men have to look after families,
While women are told, "Give birth to children please!"
Men have to be rich for being allowed to be at ease,
While women are to make a house and keep it in peace.

If they don't do all this, they will be left all alone they are told,
Because there is no respect for the bold.
By the time they realise how society will always be so cold,
They get too tired and old.

If self-love is learnt by early education first and then
experience,
It can turn children into young adults of essence,
Who become hale and hearty,
And successful, lovable and happy, not to worry.

It's about celebrating your wins, whether big or small,
No losses can make you ever fall.
It's about being in the now, that's the only thing which is true,
Do what you love and love what you do.

Let's accept more than expect,
Because there is no such thing as control.
And yet give it your whole and soul,
At the end of it all, for self-love, we don't need to pay any toll.

- Ekta Dadlani
(Batch: 2016-18)

Mumbai - A way of Life!

Mumbai city the city of dreams,
Where people believe in Carpe Diem,
Secrets it hides in the sea so deep,
Mumbai is the city that never sleeps.

The traffic here drives you insane,
Rush Rush Rush! there comes the
local train,
Boarding from Andheri my breath I
gather,
And I hear the next station is Dadar!

Everyone comes here to get a fair
chance,
This city on its tunes will make you
dance,
In the meantime don't lose your
integrity,
Mumbai is the city of opportunity.

Mumba Devi's blessing and Haji Ali's
grace,
Mumbai city is always in a race,
Never can really trust this city's
weather,
Yet people live here happily together.

Busy days and dazzling nights,
People here are quite vocal about
their rights,
All businesses in city have some
scope,
Because Mumbai is the city of hope.

Murmuring minds and crowded
bazars,
Multimillionaires and movie stars,
Everyone has a story to share,
Listen carefully if you care.

Like any other city, it has some
problems unsolved,
Yet Mumbai city welcomes all,
This place is a work of art,
Dear Mumbai, you have a big heart!

- Kajal . D. Jayswal
Batch: 2021- 23

The Voice of 'ME'

Let me shine
For life is mine;
Let me show
And the world will know.

Let me show you a vision
And you will know the reason;
Let me show you the way
And you get to say.

Let me take my chance
And you will know my stance;
Let me make a better of me
And I have changed a lot you see.

Let me fill my life with craziness
And admire the beauty of happiness;
Let me seek out for my joy
And you will see how I enjoy.

Let me climb the ladder of challenges
And you will behold how my life balances;
Let me show you my excellence
And you will seek the sight of my elegance.

Let me show you the best
And you know the rest;
Let you perceive the best version of myself
For my efforts have worked for itself .

- Algina Lopes,
(Batch: 2020-22)

Lessons form the platform

Travelling by train may be hectic these days;
Yet it never fails to teach innumerable lessons,
You come across new places, new people, new behaviour,
But what is constant is the teaching from people on the platform.

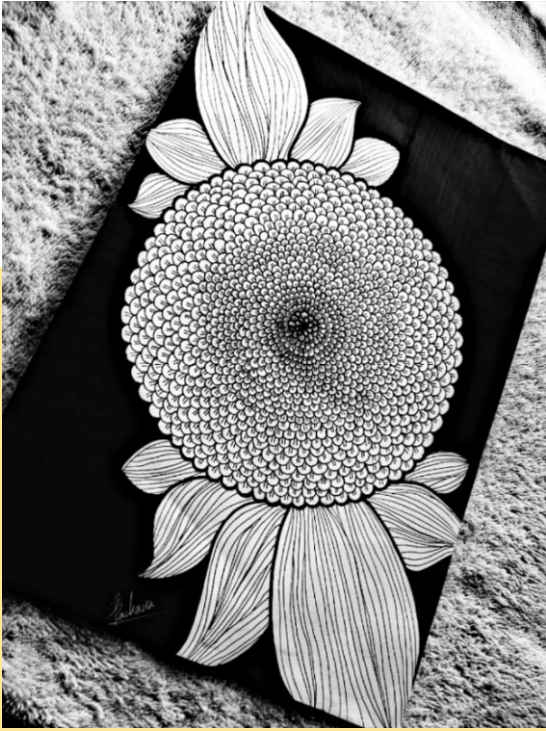
Met a lady as old as my granny,
Selling perishables- Berries, cucumber, starfruit, raw mangoes.
As I approached her to buy some stuff-
I was amazed with her pleasantness,
Soon to realise that we already struck a bond.

What is overwhelming?
Is meeting this innocent, fragile yet inspiring people
The fact that we show up everyday for the same train
develops an intricate bond between us.

One day I noticed that the old lady was tired,
The platform was occupied by many people,
The lady looked around to find a place to sit,
Soon this was noticed by some gentlemen;
They all got up from their seats to offer her their own.

This act may appear small,
However it showed the kindness that resides in all,
Such instances reinstate my faith
That God is present not only in temples, mosques and churches,
But in humans all.

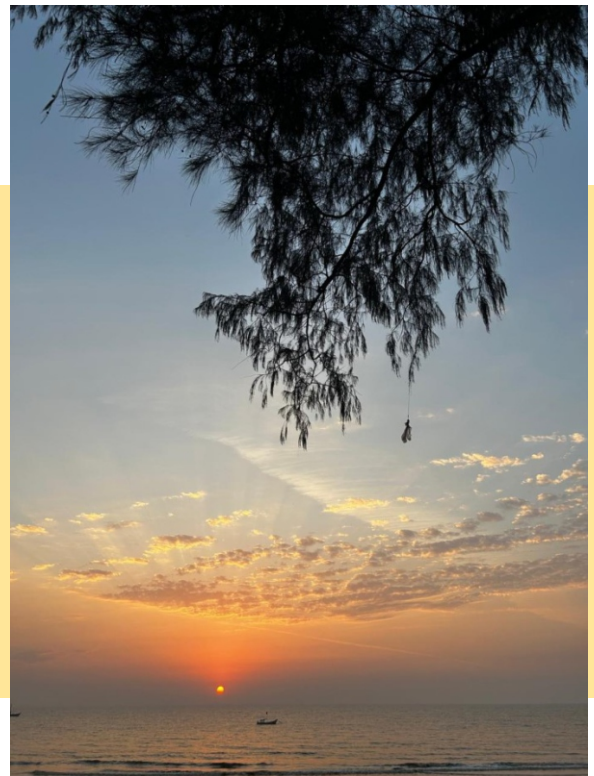
- Chaitali Modak,
Batch: 2022- 22



Rachana Gupta (Batch 2022- 24)



Ms. Meghana Shah (Batch 2021- 23)



Contributions by Ph. D. Scholars



Contributions By Ph. D. Scholars

“Thinking outside, learning Beyond: Nature as Our Classroom”

“Look deep into nature, and you will understand everything better”. -Albert Einstein.

As rightly quoted, nature is more than just a backdrop to human life- it is a living, breathing classroom filled with lessons waited to be discovered. From the quiet patience of a growing tree to the intricate patterns of the ecosystems, nature teaches us in a way no textbook ever could. By getting out into the natural environment, students have the opportunity to develop concrete skills through investigating into the environment using scientific knowledge. For eg: noticing how plants lean towards sunlight, how bees help in dispersal of pollen, how roots help in nitrogen fixation and many more. The effects of these experiences reach far and beyond the actual lessons, with more immediate benefits in the class and home environments, including improved concentration, learning self-awareness and interpersonal communication (Neill and Richards 1998).

Learning amidst nature has various positive impact that supports multiple development domains which includes the following: Cultivates curiosity and helps in cognitive development and growth- Outdoor play in natural environment cultivates a child’s curiosity and helps in cognitive development. Natures-flora and fauna cater a rich canvas that stimulates children’s inherent exploration providing multisensory engagement.

Fosters emotional resilience- Nature offers children a unique environment to introspect and nurturers free thinking. Outdoor learning in open and unstructured form is helpful for emotional exploration and expression, evoking sentiments of awe and wander in children. This emotional connection forms the basis of a positive attitude towards the environment and its conservation.

Sensory processing skills- Exposing to nature enables development of a child’s sensory processing abilities. The distinctive textures and sounds, various stimuli in natural environment helps develop the child’s ability to distinguish and experience a variety of sensory stimuli.

Socialization and interpersonal skills- Nature is a powerful catalyst for improvement of child’s socialization and interpersonal capabilities. The boundless nature of outdoor play encourages collaboration among children. Imaginative and cooperative play encourages communication and cooperation life skills.

Nature base learning is essential for children today. It is not only an enriching way to bring real life and learning together, but is also a calming, centering and grounding experience. With limited opportunities to connect with nature in today’s encroaching landscape, it is more important than ever that they develop character traits such as empathy, compassion and understanding about how environment impacts everything. Nature teaches students in beautiful ways to observe, ask questions and appreciate the beauty and balance of life. It is a classroom without walls, full of wonder and wisdom. And the best part? It’s all out there waiting, just outside!

- Ms. Steffi Mark Colaco
Ph. D. Research Scholar
Research Cell, KKCE.

तुमच्या शिक्षणाची भाषा कंची?

गेल्या काही दशकांपासून शिक्षण क्षेत्रात कार्यरत असताना अनेक आव्हानांना प्रत्यक्ष सामोरे जाण्याची संधी मिळाली. त्यांपैकी काही आव्हानं आपण आपल्या परीने सोडवत गेलो, आणि त्या प्रक्रियेत स्वतःही घडत गेलो, याचं समाधान आहे. मात्र मनात खोलवर दडलेला एक प्रश्न मात्र अजूनही सुटलेला नाही — “तुमच्या शिक्षणाची भाषा कंची?”

काही वर्षांपूर्वी आमच्या शाळेत नववीसाठी नवीन प्रवेश घेण्यासाठी एक मुलगी आली होती. सोलापूर जिल्ह्यातील करमाळा तालुक्यातील ऊसतोड कामगारांची ती कन्या होती. गावातील मराठी शाळेत इंग्रजी शिकताना तिला खूप अडचणी येत असल्याने तिला शहरात आणण्यात आलं होतं.

तिचे पालक म्हणाले — “आमची लेक लई हुशार हाय, पण तिला भाषा जमत न्हाय. तुमच्या शिक्षणाची भाषा कंची? तिला जमेल का?”

अलीकडे एक भोजपुरी भाषिक पालक मुलीला घेऊन आले. म्हणाले — “मॅडमजी, हम गाव से लेके आये हैं, आप एडमिशन करा दो. इसको मराठी कुछ भी समझ नहीं आता.” दरवर्षी अशा स्थलांतरित कुटुंबांतील मराठीबाह्य भाषिक — तमिळ, बंगाली, कन्नड, उर्दू, बंजारा — मुले शाळेत दाखल होत असतात. त्यांच्या शिक्षणातील सर्वात मोठा अडथळा म्हणजे शिक्षणाची भाषा.

आज समाजाच्या तळापर्यंत इंग्रजी माध्यमातून शिक्षण व्हावं, असा विचार पोहोचला आहे. इंग्रजी ही केवळ एक भाषा न राहता प्रतिष्ठेचे, यशाचे आणि संधीचे प्रतीक झाली आहे. त्यामुळे शिक्षणाचे उद्दिष्ट बालमानसशास्त्र, बालमानसिक विकास या संकल्पनांपासून दूर जाऊन, फक्त “माझं मूल इंग्रजी शिकावं आणि पुढे जावं” या एकाच ध्येयावर केंद्रित झालं आहे.

हीच सामाजिक गरज लक्षात घेऊन शिक्षण क्षेत्रात द्विभाषिक पद्धत — म्हणजेच सेमी इंग्रजी — सुरू करण्यात आली. महाराष्ट्रात 1980 साली इयत्ता आठवीपासून, 2004 मध्ये पाचवीपासून आणि 2007 मध्ये पहिलीपासून सेमी इंग्रजी माध्यमाचा प्रारंभ झाला. विज्ञान आणि गणित हे विषय इंग्रजीतून शिकवले जावेत, हा कल वाढू लागला आणि आता बहुतेक शाळा सेमी इंग्रजी पद्धती स्वीकारताना दिसतात.

मात्र प्रत्यक्षात या शाळांमध्ये शंभर टक्के इंग्रजी संभाषणाचा अड्डाहास नसतो. मातृभाषेचा आधार घेतलेलं अध्यापन विद्यार्थ्यांना अधिक समजतं, असा अनुभव शिक्षकांना येतो. कारण केवळ इंग्रजीतून शिकवताना शिक्षक-विद्यार्थी संवाद अपुरा राहतो. त्यामुळे इंग्रजी शिकवताना मातृभाषेचा वापर करणे गैर नाही; उलट त्यातून शिक्षण अधिक परिणामकारक होते.

एका पाठ्यपुस्तकात इंग्रजी-मराठी-हिंदी अशी समानार्थी शब्दसूची दिल्यास शिकवणे आणि शिकणे अधिक सुलभ होईल. लहान मुलांना भाषा हसतखेळत शिकवली, तर ती सहज आत्मसात होते. मॅडू कोणत्याही भाषेला विरोध करत नाही, पण सक्तीने शिकवली तर गोंधळ वाढतो. सहज, आनंददायी भाषाशिक्षण हेच मुलांसाठी योग्य आहे, असे बालमानसशास्त्रज्ञ डॉ. श्रुती पानसे यांचे मत आहे.

बहुभाषिकता हा शब्द आता नव्या रूपात Translanguaging, Translation, Code-switching, Code-shifting अशा संकल्पनांतून पाश्चात्य देशांकडून पुन्हा आपल्या शिक्षणात येत आहे. त्यामुळे शिक्षकांनी भाषिक कौशल्य आत्मसात करून स्वतःला तयार करणे आवश्यक आहे. शिक्षणात नव्या प्रयोगांना, संशोधनाला प्रोत्साहन दिले पाहिजे. विद्यार्थ्यांच्या शंका सोडवताना मातृभाषेचा वापर व्हायलाच हवा.

निकट भविष्यात समाजशास्त्र आणि इतर विषयही सेमी इंग्रजीच्या प्रभावात येतील, असा अंदाज आहे. त्या दृष्टीने शिक्षकांनी स्वतःला भाषिकदृष्ट्या सक्षम करणे अत्यंत गरजेचे आहे. मात्र यासाठी शिक्षण व्यवस्थेनेही शिक्षकांना स्वातंत्र्य आणि विश्वास द्यावा.

शिक्षण विकासाचे निर्णय घेण्यासाठी समित्या गठित होतात, पण जर विद्यार्थ्यांनाच शिकवलेलं कळत नसेल तर उत्तम पाठ्यपुस्तकांचा उपयोग काय? या संदर्भात संख्यांत सांबू यांच्या “The English Medium Myth” या पुस्तकातील विचार विचार करायला भाग पाडतात. शेवटी माध्यम कोणतेही असो, पण त्या माध्यमातून विद्यार्थ्यांना खरंच गुणवत्तापूर्ण शिक्षण मिळतंय का — हाच खरा प्रश्न आहे.

अनेक भाषा शिकल्याने संवादकौशल्य वाढतं, बौद्धिक व सामाजिक समज विकसित होते. पण जर प्रमाणभाषा एका साच्यात बसवून शिकवली, तर भाषिक विविधतेचा लाभ मिळेल कसा? त्यामुळे या प्रश्नांवर चर्चा घडवण्यासाठी वाचन कट्टा, बोलकी शाळा, वादविवाद मंच, अशा उपक्रमांची गरज आहे.

एकट्या महाराष्ट्रात जवळपास २५० भाषा बोलल्या जातात. त्यामुळे शाळा म्हणजेच बहुभाषिकतेचं छोटं बेट आहे. म्हणून शिक्षणाच्या भाषेच्या चौकटी मोडून, शाळा-घर-समाज या तिन्ही घटकांना जोडणारा भाषेचा पूल बांधला गेला पाहिजे. तेव्हाच शाळांतील गळती आणि मातृभाषिक शाळांच्या नामशेष होण्याचा प्रश्न काही प्रमाणात तरी सुटू शकेल.

आज पहिलीतून हिंदी असावी की नसावी यावरून सुरू असलेला भाषावाद शिक्षणक्षेत्राला घातक आहे. इंग्रजी ही यशाची एकमेव गुरुकिल्ली न ठरवता, बहुभाषिकतेला ब्रँड मूल्य देण्याची वेळ आली आहे.

‘मी सांगते ते ऐक’ या दृष्टिकोनापेक्षा ‘चल, आपण मिळून शोधूया’ हा दृष्टिकोन अधिक योग्य ठरेल — असा माझा ठाम विश्वास आहे.

– अचला मच्याडो

Ph. D. Research Scholar, Research Cell, KKCE.

The Unsung Warrior

She is the unsung warrior,
And within her lies a super power.
She is strong and witty,
The Millennial 2020 lady.
A super woman without any cape,
Holding a laptop and a Saree draped

She is the unsung warrior,
And within her lies a super power.
She wants to Read and Lead,
And also Write and Feed.
She runs the house and the country,
Manages everything meticulously and easily.

She is the unsung warrior,
And within her lies a super power.
She is not Below or Equal to Men
She is way Above all of them.
Yes, she is a Divine Goddess,
Having hands that multitask with finesse.

She is the unsung warrior,
And within her lies an untamed power
WOMAN, you are the Unsung Warrior
And within YOU lies a SUPER POWER
You're the only pure nurturer,
And Within YOU lies a SUPER POWER!

*Tujme hai itni shakti
Jiska tumhe andaza hi nahi
Uthkar dikha de saabko yahi
Ki aurat kamjor nahi
Ki aurat kamjor nahi...!!*

– Ms. Shonal Colaco
Ph. D. Research Scholar

An Enigma of an Educator!

I wonder where to start—
There's so much to share from the heart!
A walk of resilience and strife,
So much learning, from inception to life.

It ain't as easy as it seems to be,
A roller coaster of joy and agony.
Every time I enter the class,
I encounter a fresh new spark.

Like the drop of a morning dew,
Each day dawns with something new.
The call of the revered- "Ma'am", so softly,
Calms down my worry instantly.

All my burnout fades away,
To see the alumni soaring each day.
From fledglings to eagles as they fly high,
Chasing their dreams across the sky.

Piles of books, heaps of papers,
At times, I'm even their secret keeper.
Lessons not just from textbook pages,
But virtues to carry through life's stages.

Perhaps, the road I tread may seem hard,
But each smile becomes my proud reward.
Loving to work and working to Love,
Inspiring minds to shine above
Every trial shapes me greater,
That's the enigma of every educator,
That's the enigma of every educator!

– Ms. Shonal Colaco
Ph. D. Research Scholar
Research Cell, KKCE.

Family Contributions



Family Contributions

Raising a Child with a Teacher's Toolkit



As a mother who has worked as a teacher for a brief period of time, I often joke that I never really left my job as a teacher – just my audience changed. The truth is, the skills I've picked up wrangling a classroom full of energetic kids have come in handy at home, too. In fact, sometimes I wonder if my own child realizes that he's living with a professional negotiator, amateur detective, and a part-time stand-up comedian. Here's how teaching has shaped my parenting, with a few laughs along the way.

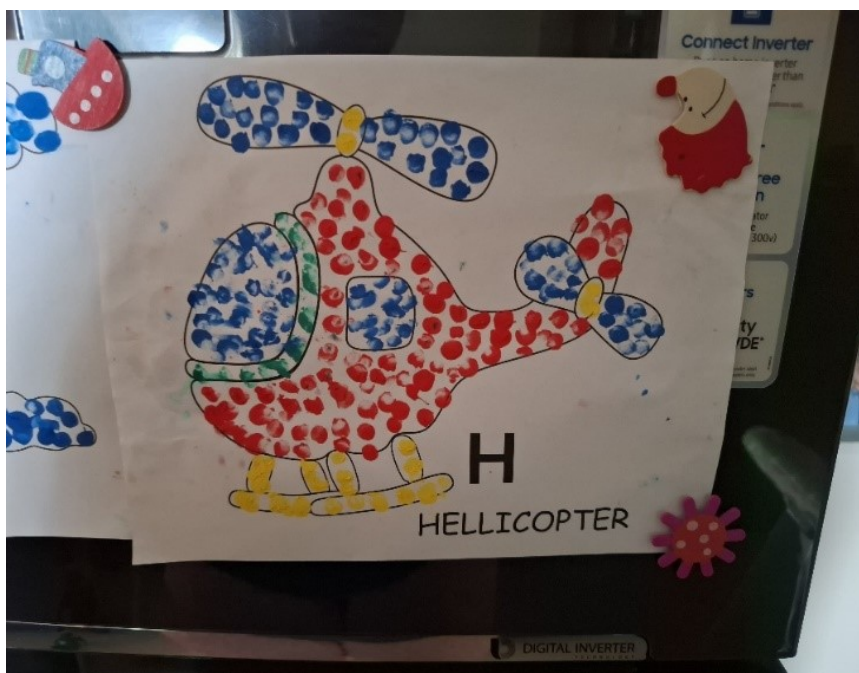
First off, let's talk about child development. Just a few years of teaching have taught me that children are basically tiny scientists, constantly experimenting with boundaries, gravity (the spilled milk), and the volume of their own voices. When my toddler throws a tantrum because his biscuit broke in half, I remind myself: this is normal.

Communication is another area where my teacher training comes in handy. In the classroom, I have mastered the art of explaining complicated things in simple terms – like why we don't eat chalk. At home, this translates to calmly explaining why we can't have ice cream for breakfast (every day). I ask open-ended questions, listen to the answers, and sometimes even pretend to be interested in the plotlines of cartoons I don't follow.

And then there are boundaries and routines. If you think classroom management is tough, try getting your child to brush teeth. My secret weapon in both situations - Consistency. My child knows the rules, and while he may try to negotiate like a lawyer, he knows I mean business. Of course, there are days when I'm completely outwitted by my two-year old, but that's part of the job. Isn't it?

Patience and empathy are essential in both parenting and teaching. I've learned that every child is different, and what works for one might not work for another. When my child is having a rough day, I channel my inner teacher and remind myself that meltdowns are a part of growing up. Sometimes, all it takes is a hug, a snack, or – let's be honest – a little screen time so we can all reboot.

Problem-solving and creativity are where things get interesting. Teachers are experts at thinking on their feet, and I've brought that home in a big way. Whether it's turning chores into a game (who can pick up the most toys the fastest), or coming up with



Artwork by Master Kiaan Agarwal,
Grandson of Dr. Ruchi Mittal, Assistant Professor, KKCE

new ways to settle disputes, I am always looking for creative solutions. Sometimes they work, sometimes they don't – but we are constantly creating!

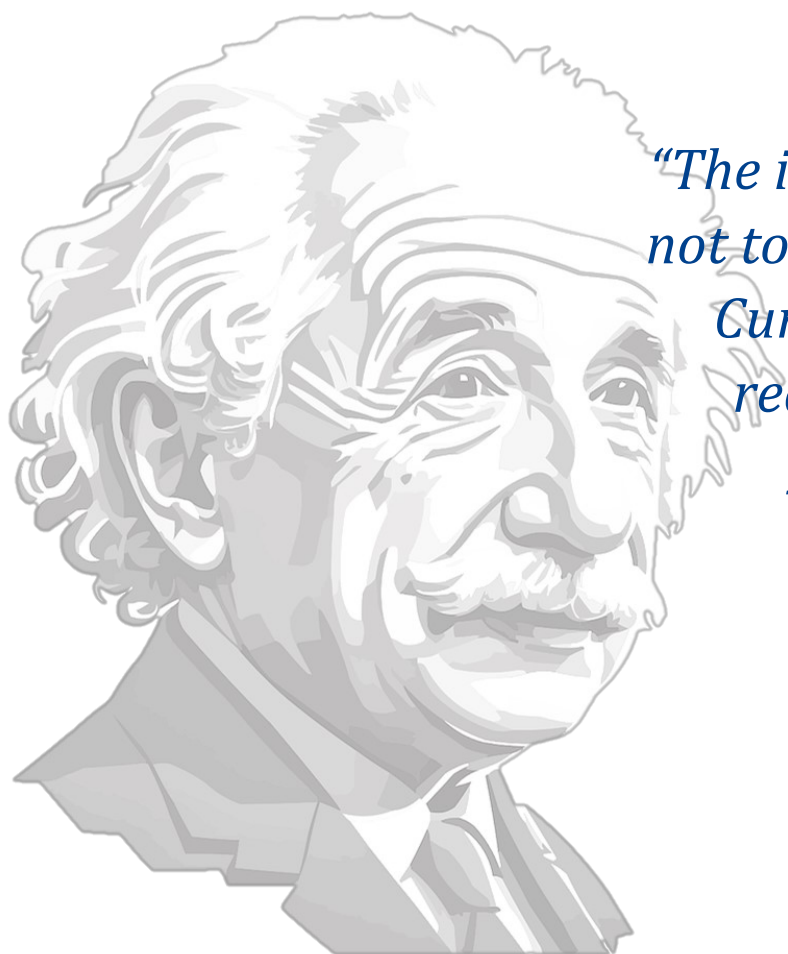
Encouraging independence is another crossover skill. In the classroom, I loved seeing students take charge of their learning. At home, I try to give my child the same opportunities – even if it means biting my tongue while he puts his shoes on the wrong feet!

And finally, being a teacher means I'm always learning – whether it's a new teaching strategy or the latest dance moves my child has picked up. I hope my child sees that learning never stops, and that it's okay to make mistakes (even if it means accidentally sending him to play without a sweater on a cold windy day).

Above all, teaching has taught me the importance of building strong relationships. My students knew I cared about them, and I want my child to feel the same way. We laugh together, we learn together, and sometimes we cry over broken biscuits together. That's family.

So, while I may not have all the answers or all the patience, I do know that being a teacher has made me a better, more resourceful – and on good days – a mother who is fun to be with.

Manasi Agarwal,
Daughter of Dr. Ruchi Mittal - Assistant Professor, KKCE



*“The important thing is
not to stop questioning.
Curiosity has its own
reason for existing.”*

— Albert Einstein

Academic & Cultural Awards





Congratulations!! You made us Proud!

Heartiest Congratulations to
Ms. Divya Tiwari
for securing 1st position
in the Batch 2022-2024.

List of the Students from Batch 2022-2024 securing Top Grades

A+ Grade		A Grade	
Divya Tiwari	Maqbool Fathma	Parthvi Acharya	Ankita More
Shreya Gandhi	Khorajia	Kavita Choudhari	Krupa Mamania
Mariam Chougule	Shivani Dalvi	Kavita Gandhi	Trisha Shah
Esha Panikkar	Sana Shaikh	Rashmi Shukla	Rajul Gandhi
Drashti Shah	Anon Fernandes	Alviya Patil	Balakrishnaveni Nadar
Muskaan Dedhia	Anagha Thamarassery	Bhakti Mehtalia	Kiran Yadav
Rabiya Khan	Bushra Ansari	Mahek Joshi	Rachana Gupta
Nashrah Patel		Lekha Thakar	Vedanshi Purohit
		Krisha Shah	Shabina Shaikh
		Priya Mishra	Stuthi Gala
		Ruth Nazareth	Sejal Gupta
		Linisha D'Mello	

List of Sponsored Prize Winners for the Academic Year 2022-2024

Name of the Prize	Name of the Student
Shri. C. M. Trivedi Prize for securing the highest marks in the college for the year 2022-2024	Ms. Divya Tiwari
Past Students' Association Prize for standing first in college in the year 2022-2024	Ms. Divya Tiwari
Shri. D. B. Vora Prize or 1st Rank in B. Ed. for the year 2022-2024	Ms. Divya Tiwari
Smt. Kapila Khandvala Memorial Prize for securing highest marks in Educational Management.	Ms. Shreya Gandhi
Smt. Rajadhyaksha Memorial Prize for securing highest marks for the batch 2022-2024 in English method	Ms. Shreya Gandhi
Smt. Nalini Dalal Prize for securing highest marks for the batch 2022-2024 in History method English method	Ms. Drashti Shah Ms. Shreya Gandhi
Dr. K. S. Vakil Memorial Prize for securing highest marks for the batch 2022-2024 in History method	Ms. Drashti Shah
Shri. Subramanian Prize for securing highest marks for the batch 2022-2024 in Mathematics pedagogy	Ms. Mariyam Chougule
KKCE's Alumni Association NIRANTAR sponsored Prize for securing highest marks for batch 2022-2024 in: Economics/Commerce method Science method Geography method	Ms. Shivani Dalvi Ms. Divya Tiwari Ms. Lekha Thakkar

List of Achievements - 2024-2025

CULTURAL DAYS

Sr. No.	Name	Year	Position
Navratri Celebrations			
Best Performer (S.Y)			
01	Maitri Patel	S.Y	1st
02	Vidhi Naik	S.Y	2nd
03	Sharayu Rajkule	S.Y	Consolation
04	Urmi Makwana	S.Y	Consolation
Best Performer (F.Y)			
05	Riddhi Nikam	F.Y	1st
06	Toral Waghela	F.Y	2nd
Best Costume			
07	Priti Chaurasiya	S.Y	1st
08	Krishna Paniya	S.Y	2nd
09	Ramsha Shaikh	S.Y	3rd
Diwali Celebrations			
Rangoli Making (Solo)			
10	Kritika Baikadi	F.Y	1st
Rangoli Making (pair)			
11	Apurv Patil Aarti Kadam	S.Y	1st
12	Sadhana Gohil Prerna Ayirattul	F.Y	2nd
12	Sakshi Mandavkar Niral Bhatasara	S.Y	3rd
Thali Decoration			
13	Urmi Makwana	S.Y	1st
14	Riddhi Wala	F.Y	2nd
15	Vidhi Naik	S.Y	3rd (shared)

Sr. No.	Name	Year	Position
16	Arshi Khan	F.Y	3rd (shared)
Diya Decoration			
17	Akanksha Singh	F.Y	1st
18	Anjali Popat	F.Y	2nd
19	Nisha Maurya	S.Y	3rd
20	Sharayu Rajkule	S.Y	Consolation
Best out of waste			
21	Mishab Shaikh	F. Y	1st (shared)
22	Nirmala Kokate	S.Y	1st (shared)
23	Ramsha Shaikh	S.Y	2nd
24	Krishna Paniya	S.Y	3rd (shared)
25	Aarti Kadam	S.Y	3rd (shared)
26	Gauri Shedge	S.Y	Consolation
27	Sharayu Rajkule	S.Y	Consolation
Kandil Making			
28	Samuel Rebello	F.Y	1st (shared)
29	Mantasha Baig	F.Y	1st (shared)
30	Arshi Khan	F.Y	2nd
31	Asma Shaikh	F.Y	3rd (shared)
32	Tency Selvam	F.Y	3rd (shared)
Poetry Writing			
33	Sharayu Rajkule	S.Y	1st
34	Krishna Paniya	S.Y	2nd
35	Rachel Fernandes	F.Y	3rd
Spot Photography			
36	Rachel Fernandes	F.Y	1st
37	Krishna Paniya	S.Y	2nd (shared)
38	Stephen Nadar	F.Y	2nd (shared)

Sr. No.	Name	Year	Position
39	Bushra Mansoori	F.Y	3rd (shared)
Duet Dance			
40	Arya Upadhyay Riddhi Nikam	F.Y	1st
41	Krishna Paniya Maitri Patel	S.Y	2nd
42	Vidhi Naik Urmi Makwana	S.Y	3rd
Best Performance			
43	Arya Upadhyay	F.Y	
Group Dance			
44	Kunal Gadade Disha Karvir Samuel Rebello Anushree Salvi	F. Y	1st
45	Riddhi Nikam Ankita Shukla Arya Upadhyay Toral Waghela Anjali Popat Sadhana Gohil Riddhi Wala	F.Y	2nd
46	Simran Gomes Salomi Correia Sakshi Mandavkar Namrata Yadav	S.Y	3rd
Best Performance			
47	Riddhi Nikam	F.Y	
Eid and Gudi-Padwa Celebrations			
Hair Style			
48	Maihak Khan	F.Y	1st
Make-Up			
49	Arshi Khan	F.Y	1st
50	Maihak Khan	F.Y	Consolation
Mehendi			
51	Riddhi Wala	F.Y	1st
52	Ayesha Shaikh	F.Y	2nd
53	Anju Vishwakarma	S.Y	consolation

Sr. No.	Name	Year	Position
Master Chef (Sweet)			
54	Farheen Shaikh	F.Y	1st
55	Rachel Femandes	F.Y	2nd
Master Chef (Savoury)			
56	Krishna Paniya	S.Y	1st

SPORTS DAY - 2024-20254

Sportsman of the Year: Apurv Patil - 9.25 pts (Yellow House)

Sportswoman of the Year: Riddhi Wala- 6.5pts (Green House)

Rolling trophy to the house with highest score: 33 points - Yellow house

House captains: Sakina Khan (S.Y.B.Ed) | Alifya Sayed (S.Y.B.Ed)

Sr.No	Name	House	Position
Lemon and Spoon Race (Mixed- Boys and Girls)			
01	Blessedson Selvam (F.Y.B.Ed)	Red	1st
02	Samuel Rebello (F.Y.B.Ed)	Green	2nd
03	Urmi Makwana (S.Y.B.Ed)	Green	3rd
Three Legged Race (Mixed- Boys and Girls)			
04	Blessedson Selvam (F.Y) & Aisha Khan (S.Y)	Red	1st
05	Kunal Gadade (F.Y) & Riddhi Wala (F.Y)	Green	2nd
06	Riddhi Nikam (F.Y) & Farheen Shaikh (F.Y)	Green	3rd
Sprint - 50M (Girls)			
07	Riddhi Wala (F.Y.B.Ed)	Green	1st
08	Sharayu Rajkule (S.Y.B.Ed)	Red	2nd
09	Prajakta Gharat (S.Y.B.Ed)	Blue	3rd
Sprint- 100M (Boys)			
10	Stephen Nadar (F.Y.B.Ed)	Blue	1st
11	Apurv Patil (S.Y.B.Ed)	Yellow	2nd

12	Kunal Gadade (F.Y.B.Ed)	Green	3rd
ShotPut (Girls)			
13	Viddhi Naik (S.Y.B.Ed)	Yellow	1st
14	Simran Cerejo (S.Y.B.Ed)	Yellow	2nd
15	Rachel Fernandes (F.Y.B.Ed)	Red	3rd
ShotPut (Boys)			
16	Apurv Patil (S.Y.B.Ed)	Yellow	1st
17	Ritesh Pandey (S.Y.B.Ed)	Blue	2nd
18	Krishna Paniya (S.Y.B.Ed)	Red	3rd
Relay Race (Inter-House)			
19	Apurv Patil (S.Y), Sakina Khan (S.Y), Manjeet Vishwakarma (S.Y), Ankita Shukla (F.Y)	Yellow	1st
20	Stephen Nadar (F.Y) , Sandeep Yadav (F.Y) , Akanksha Singh (F.Y), Prajakta Gharat (S.Y)	Blue	2nd
Passing the Ball (Interhouse)			
21	Yellow House		1st
22	Green House		2nd
DodgeBall (Interhouse)			
23	Blue House		1st
24	Yellow House		2nd
Kho-Kho (interhouse)			
25	Blue House		1st
26	Yellow House		2nd
Tug of War (inter house)			
27	Red House		1st
28	Blue House		2nd

SURPRISE PRIZES - BATCH 2023-2025

Category	Name
Best Student Teacher of the Year	Ms. Simran Cerejo
All-Rounder of the Year	Ms. Sharayu Rajkule
Exemplary Leadership	Mr. Krishna Paniya Ms. Ayisha Khan
Academic Excellence	Ms. Simran Cerejo
Excellence in Practice Teaching and Internship (Maths / Science)	Ms. Orane D'souza
Excellence in Practice Teaching and Internship (Humanities)	Ms. Preeti Chaurasiya
Best Library User of the Year	Ms. Roshni Shaikh
Exemplary Diligence	Ms. Khushi Mishra Ms. Sakina Agharia

Category	Name	
Exemplary Action Researches of the Year	Sharayu Rajkule Roshini Shaikh Simran Cerejo Ayisha Khan Preeti Chaurasiya Khushi Mishra	Apurv Patil Aarti Kadam Zainab Shaikh Aparna Singh Suvarna Luji
Exemplary Technical Support	Zainab Irshad Krishna Paniya	Manjeet Vishwakarma Sakina Agharia
Commendable work as Internship School Coordinator	Commendable certificates Zainab Daruwala Apurv Patil Preeti Chaurasiya Gauri Shedge Sakina Agharia Maitri Patel Simran Cerejo Niral Bhatesara Zainab Shaikh Asha Gupta	Normal Coordinator Certificates: Sharayu Rajkule Khushi Mishra Simran Gomes Shahin Sayed Aarti Kadam Sakshi Mandavkar Afreen Khan Ramsha Shaikh Nirmala Kokate Alka Patel
Exemplary support for photography and videography	Sakina Agharia Simran Cerejo	Krishna Paniya

Exemplary Attendance (Certificates)	SYs: Exemplary Attendance Simran Cerejo, Roshni Shaikh Anju Vishwakarma Ruby Singh Khushi Mishra Pooja Rao Sakina Agharia Ayisha Khan Sakshi Mandavkar Maitri Patel Gauri Shedge	FYs: 100% Attendance Blessedson Selvam Samuel Rebello Tency Selvam Aryaa Upadhyay Exemplary - Fernandes Rachel Salvi Anushree Shaikh Farheen Shaikh Nargis Jaihind Yadav
Exemplary Volunteering during the Year (Nominations) All categories merged (Certificates)	Khushi Mishra Aarti Kadam Manjeet Vishwakarma Niral Bhatesara Orane Dsouza Ayisha Khan Preeti Chaurasiya Edgar Misquitta	Sakshi Mandavkar Ritesh Pandey Ruby Singh Sakina Agharia Simran Gomes Urmi Makwana Suvarna Luji Ramsha shaikh
Exemplary Volunteering as a Member of the Magazine Editorial Team	Aarti Kadam Sharayu Rajkule Apurv Patil	Sakshi Mandavkar Khushi Mishra
Exemplary Volunteering (Attendance)	Simran Cerejo	Sakina Khan
Exemplary Volunteering for Guest Lectures and Workshop	Khushi Mishra Roshini Shaikh	Ramsha shaikh Zainab Irshad
Chalkboard Decorations	Anju Vishwakarma Pooja Rao Apurv Patil	Prajakta Gharat Manjeet Vishwakarma
Commendable work as Green Club Members (Green Club.-Nominations) (Certificates)	Ms. Zainab Irshad Ms. Aarti Kadam Ms. Afreen Khan	

Dairy of Events (2024-25)



Diary of events (2024-25)

Date	Batch	Event
24 th June 2024	FY	Commencement of the Academic Year
1 st - 3 rd July 2024	FY	Initial Preparation program for school internship (lesson planning workshop)
4 th July 2024	FY	Orientation to SDG
5 th July 2024	FY	Reflections and critical Inquiry
5 th July 2024	FY	Orientation to 'Use of Smart Board'
6 th July 2024	FY	Orientation to 'Semester II School Internship'
6 th July 2024	FY	Science Club Exhibition
8 th July 2024	FY	Commencement of Semester II School Internship
20 th July 2024	FY	The Magic Formula: Substitute Distress with De-stress' by Dr. Giselle D'Souza
20 th July 2024	FY	Gurupurnima celebration
24 th July 2024	FY	Orientation to 'Hem Virtues Value Educator Programme'
5 th , 7 th and 9 th August 2024	FY	Semester II Examination
10 th August 2024	FY	Semester III Begins
12 th August 2024	SY	Orientation to 'Positive Education Programme'
15 th August 2024	SY	Independence Day Celebration
17 th August 2024	SY	Session on "Emotional Well Being" by SNTD researcher Ms Munira Mohsinally
17 th August 2024	SY	Guest Lecture on 'Enhancing Presentation' by Alumnus Vivek Singh
20 th August 2024	SY	Orientation to Experiential lessons
21 th August 2024	SY	Unit collection
21 th August 2024	SY	Orientation to reflection Journal
22 nd August 2024	SY	Orientation to 'Peer Tutoring'
22 nd August 2024	SY	Guest Lecture on 'Classroom Management' by Alumnus Samira Sahiba
23 rd August 2024	SY	Orientation to 'Semester III School Internship'
26 th August 2024	SY	Commencement of Semester III School Internship
29 th August 2024	SY	Guest Lecture on 'Cognitive Engagement' by Alumnus Sehal Gada
5 th September 2024	SY	Teacher's Day Celebration and Green Club activity
12 th September 2024	SY	Orientation to CAM & demos
14 th , 21 st , 26 th September 5 th , 10 th , 17 th , 19 th & 24 th October 2024	SY	Short Term Certificate Course on 'Positive Education Programme'
19 th September 2024	SY	Pedagogical analysis in Pedagogy II
		Hindi Diwas Celebration

Date	Batch	Event
21 st September 2024	SY	Theme Based Assembly Group 1 & 2
26 th September 2024	SY	Orientation to Peer Assessment
3 rd October 2024	SY	Guest lecture on "Creating Learning Resources -Videos" by Mr. Saravana Nadar Orientation to Co- teaching Theme Based Assembly Group 3 Gandhi Jayanti & Lal Bahadur Shastri Celebration
9 th October 2024	SY	Online Guest Lecture on Sustainability
10 th October 2024	FY & SY	Navratri Celebration Orientation to Theme Based Lessons
10 th October 2024	FY	STIP - "Induction Programme"
11 th October 2024	FY	STIP - Familiarization with college STIP - Orientation to college library
14 th October 2024	FY	STIP - Orientation to Student's Council; Grievance cell and Anti Ragging cell; Women's cell
15 th October 2024	FY	STIP - Orientation to concept mapping for content readiness
16 th October 2024	FY	STIP - Orientation to Counselling cell , N-list E-resource; 16PF Personality testing
17 th October 2024	FY	STIP - 'What is teaching?', Orientation to B.Ed programme
18 th October 2024	FY	STIP - Orientation to Green Club, Need Assessment Survey
19 th -22 nd October 2024	SY	Evaluation Workshop
21 st October 2024	FY & SY	Welcome to FYs by SYs
22 nd October 2024	SY	E- poster competition on the occasion of Reading Inspiration day
22 nd October 2024	FY	STIP - 'What is education?', Orientation to college rules and regulations
23 rd October 2024	FY & SY	Science Club Activity - Celebration of Mole Day
24 th October 2024	FY	Session by TISS Interns
25 th October 2024	FY & SY	Diwali celebrations
18 th November 2024	FY	Workshop on Peace education, Orientation to Registration to SWAYAM - online courses , Information Literacy Programme
21 st November 2024	FY & SY	Theme based assembly - Group 4
21 st November 2024	SY	Guest lecture on Engaging Open House Strategies: A Teacher's Guide to Success by Miss. Melita Coutinho
21 st November 2024	FY	Orientation to Mentoring, Talent show, Students' Council election
27 th November 2024	FY	Annual Book Exhibition

Date	Batch	Event
28 th November 2024	FY & SY	Theme based Assembly – Group 5
28 th November 2024	FY	Orientation to Exam Cell; Essays and tutorials
28 th November 2024	SY	Annual Book Exhibition
29 th November 2024	FY	Screening of educational film and review
	SY	Culmination of Semester 3 Internship
30 th November 2024	FY	Guest lecture on 'Teacher Readiness' by Dr. Sheila Philip
30 th November 2024	FY & SY	Talent show
2 nd December 2024	SY	Candidates Self Introduction for Students' Council Election
6 th December 2024	FY	Orientation to ICC
7 th December 2024	FY & SY	Theme based Assembly - group 6
7 th December 2024	FY	Students' Council Election
9 th & 10 th December 2024	SY	Seminar on " Being a Teacher Beyond Teaching: A Krishnamurti perspective "
11 th December 2024	SY	Orientation to Action Research
12 th & 13 th December 2024	FY & SY	English club activity - Lingua Franca
17 th December 2024	FY	Screening of educational film and review
20 th December 2024	FY & SY	Ignite STEM Passion Workshop' at Nehru Science Center organised by IDF
21 st December 2024	FY	Mental Health by Miss. Prajakta Patkar
17 st - 21 st December 2024	SY	Educational tour to "Mysore & Coorg"
23 th December 2024	SY & FY	LAC Exhibition
24 th December 2024	SY & FY	Christmas Day Celebration
1 st January 2025	SY	Orientation to Semester 4 Internship
2 nd January 2025	FY	Green club : Documentary / Reel making competition
3 rd January 2025	FY	Visit to Nehru Science center, Discovery of Indian Exposition and Nehru Planetarium
4 th January 2025	FY	Parents Teacher meeting
6 th -15 th January 2025	FY	Maharashtra's Reading Resolution Week
6 th , 8 th and 10 th January 2025	SY	Semester III Examinations
8 th January 2025	FY	Orientation to language laboratory
13 th January 2025	SY	Commencement of Semester IV Internship
16 th January 2025	FY	Geography Day celebration, Orientation to Community Work
18 th January 2025	SY	Orientation to Active Learning Method
20 th -25 th January 2025	FY	Community work in Semester I
23 rd January 2025	SY	Orientation to Special Fields

Date	Batch	Event
29 th January 2025	FY	Film viewing
30 th January 2025	SY	Orientation to Campus Interviews (Placement Cell)
1 st February 2025	FY	Orientation to ABC and NAD Language lab
3 rd -7 th February 2025	FY	Yoga workshop
10 th & 11 th February 2025	FY	Exploration of Wordsworth software
12 th & 13 th February 2025	SY	Placement cell- Campus interview
14 th and 15 th February 2025	FY & SY	Annual Sports
20 th February 2025	SY	Orientation to Radio lesson
20 th February 2025	FY & SY	Flavours & Feasts: A Culinary Delight' - Food Fair by Economics & Commerce Club
21 st February 2025	SY	Culmination of Semester IV School Internship
25 th , 27 th February and 1 st March 2025	FY	Semester I Examination
25 th February 2025	SY	Workshop on Serendipity and Art by Dr. Gilith Caduri
28 th February 2025	SY	Science Day Activity - Celebration of National Science Day
3 rd March 2025	FY	Orientation to Semester II
3 rd to 7 th March 2025	SY	Semester IV Community work
	FY	Workshop on Unravelling Tomorrow: AI's Role in Education
7 th March 2025	FY	Orientation to Certificate Course on Cyber Security
7 th March 2025	FY	International Women's day celebration session on "Mental Health and Well-being of Women" by Dr. Swati Gadgil
11 th -12 th March 2025	FY & SY	Annual Webinar " The Educator's Toolkit: Upskilling for 21st Century Classrooms "
21 st March 2025	FY& SY	World Water Day celebration by Green club
28 th March 2025	FY	Session on " Organising Sports and Activities on Playground " by Dept. of Physical Education, University of Mumbai
2 nd April 2025	SY	Visit to Keshav Srushti
3 rd April 2025	FY & SY	Eid and Gudi Padwa Celebration
5 th , 7 th & 9 th April 2025	SY	Semester IV Examinations
10 th April 2025	SY	Culmination of Semester IV
15 th April 2025	SY	Film Screening 'Jhund'
19 th April 2025	Alumni	Teacher's Graduation Ceremony Batch 2022- 2024
25 th April 2025	FY & SY	Annual Day and Farewell Celebrations
5 th , 12 th , 26 th April, 3 rd , 10 th May 2025	FY	Cyber Security Certificate Course
14 th May 2025	FY	Culmination of Academic Year



**Sadhana Education Society's
SMT. KAPILA KHANDVALA COLLEGE OF EDUCATION
(Autonomous)**

CHAIRPERSON

Dr. Jayashree Inbaraj
(Principal)

FACULTY MEMBERS

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Dr. Megha D'souza
Dr. Ruchi Mittal
Mrs. Upasna Roy (CHB)
Ms. Jyoti Bhatia (CHB)

Dr. Sheetal Zalte
Dr. Sunil Rajpurkar
Shri Ravi Mishra
Mrs. Nikita Gomes (CHB)
Mrs. Deepali Sarode (Librarian)

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Ms. Anushree Surve

Mr. Hitesh Katariya
Mr. Pravin More (I.T. Assistant)

SUPPORT STAFF

Mr. Dhyaneshwar Langhi
Mr. Sunil Mogare

Mr. Magan Thakor
Mr. Rajesh Patekar

“बुद्धियुक्तो जहातीह उभे सुकृतदुष्कृते ।
तस्माद्योगाय युज्यस्व योगः कर्मसु कौशलम् ॥”
– श्रीमद्भगवद्गीता (२-५०)

One who is guided by wisdom rises above both good and bad outcomes. Therefore, engage in disciplined action; for Yoga is excellence in action.

Success is often measured by achievements and outcomes, yet the wisdom of the Shrimad Bhagavad Gita reminds us of a deeper truth. It teaches that the highest success lies not merely in the results we obtain, but in the excellence and sincerity with which we perform our actions.

Absolute success is not merely achievement, but excellence in action guided by wisdom and inner balance.

In the pursuit of excellence, success is not merely attained – it is realized within.